



Cooperative Triathlon

Challenge Card

Group Members: 1. _____ 2. _____
 3. _____ 4. _____

Challenge #1

Eye of the Needle

How many tosses can you make through the hoop in 1 minute?

- ✓ Two Holders hold the hoop pointing up and down (opening facing the Tossers). Tosser-A tosses the beanbags through the hoop to the other side. When 4 beanbags are tossed, Tosser-A retrieves them all for Tosser-B. Continue alternating Tossers until you hear a stop signal.



Trial 1 Result: _____

Trial 2 Result: _____

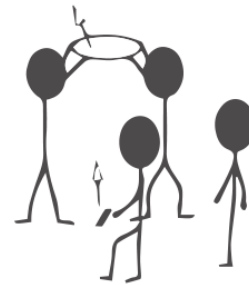
Circle the best performance.

Challenge #2

Eruption

How many tosses can you make through the hoop in 1 minute?

- ✓ Two Holders hold the hoop above their heads (opening facing the floor). Tosser-A tosses the beanbags up and out of the hoop. When 4 beanbags are tossed, Tosser-A retrieves them all for Tosser-B. Continue alternating Tossers until you hear a stop signal.



Trial 1 Result: _____

Trial 2 Result: _____

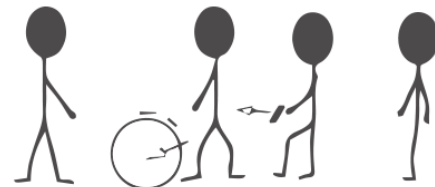
Circle the best performance.

Challenge #3

Moving Target

How many tosses can you make through the hoop in 1 minute?

- ✓ Two Holders stand 5 steps apart and roll the hoop back and forth between them. Tosser-A tosses the beanbags through the moving hoop. When 4 beanbags are tossed, Tosser-A retrieves them all for Tosser-B. Continue alternating Tossers until you hear a stop signal.



Trial 1 Result: _____

Trial 2 Result: _____

Circle the best performance.

Think About It – Answer the questions below on the back of this page.

1. What does acceptance mean?
2. Can you compare and contrast the **benefits** of working with others who are more skilled with the benefits of working with those who are less skilled? (*HINT: Draw a Venn Diagram*)
3. How could we adapt or change one of our Triathlon challenges in order to help someone who is less skilled be more successful?