

RESOLUTION TAG

STUDENT TARGETS

TEACHING CUES

- ✔ **Fitness:** I will perform all of the reentry tasks while analyzing personal choices that impact my personal health.

- ✔ Eyes Up
- ✔ Be Aware of Your Surroundings
- ✔ Safe Tagging

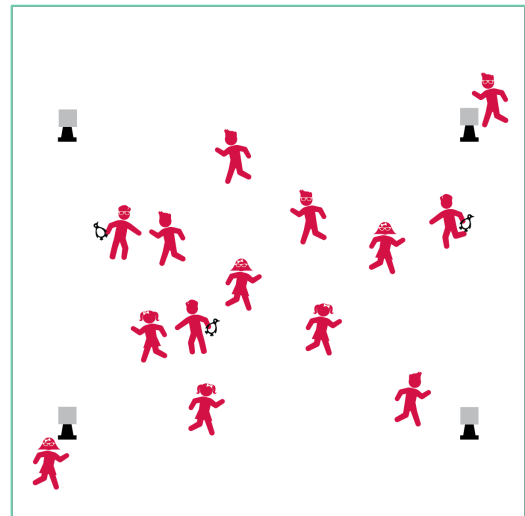
ACTIVITY SET-UP & PROCEDURE

Equipment:

- ✔ 4 cones for boundaries
- ✔ Bean bags or rubber critters to identify taggers
- ✔ Resolution Tag Reentry Cards

Set-Up:

1. Create a large playing area using 4 cones.
2. Scatter students in the activity area.
3. Give bean bags to 2 or 3 students to identify them as taggers.
4. Place a Reentry Card on each of the 4 perimeter cones.



Activity Procedures:

1. Today we're going to warm up our bodies for physical education class by playing Resolution Tag.
2. When I say "GO!" begin playing at a speed-walking pace. The taggers will do 5 jumping jacks to give you time to move away from them.
3. If you're tagged, go to 1 of the 4 corners and read the Reentry Card with a task and resolution category.
4. To be freed, complete the task and shout your resolution.
5. Freeze when you hear the stop signal and we'll change taggers.

Grade Level Progression:

K: Create 1 reentry area with the teacher guiding students who come to complete the task.

1st - 2nd: Create 4 reentry areas as indicated above. However, provide 1 area with teacher guidance for students who do not read well.

3rd - 5th: Play the game as described above.

STANDARDS & OUTCOMES ADDRESSED

- ✔ **Standard 3 [E6.5]** Analyzes the impact of food choices relative to physical activity, youth sports, & personal health (5).

DEBRIEF QUESTIONS

- ✔ **DOK 1:** What is a personal choice?
- ✔ **DOK 2:** What are some personal choices that can have an impact on your health?