|  |  |
| --- | --- |
| ♣ = # of | Jumping Jacks(Ex: 7 of Clubs = 7 Jumping Jacks) |
| ♠ = # of | Invisible Jump Ropes(Ex: 9 of Spades = 9 Invisible Jump Ropes) |
| ♥ = # of | Name Fruits & Vegetables(Ex: Jack of Hearts = Name 10 Fruits & Vegetables) |
| ♦ = # of | Name Grains, Protein, & Dairy(Ex: 5 of Diamond = Name 5 Grain, Protein, & Dairy Foods) |