

## #PEMannequinChallenge

### #MannequinChallenge Info Card

**The Mannequin Challenge** was started by a group of students from Edward H. White High School in Jacksonville, Florida. It seemed to have been started by a creative coincidence in which one student observed another student standing still in the front of a classroom and said that he looked like a mannequin. After the students posted a few videos on social media the challenge became a viral sensation with celebrities, sports teams and politicians joining in the fun.

Basically the #MannequinChallenge has become a collection of videos in which a group of people strike completely still poses. The videos range in creativity and in the number of people included within the video, but many of them tell a story, or a few stories, and are visually very engaging to view.

**We have been inspired to start the #PEMannequinChallenge.** As an activity, students will be given an emotion or character trait to express. The members of the group must express this emotion or character trait by each striking a pose in a choreographed way as if the rest of the class, that will try to guess the emotion or character trait, had just walked into a situation and pressed pause.

Below are sample emotions and character traits you can use, or you can allow the students to pick their own. Encourage the students to be creative and emotive with their poses and facial expressions. The teacher can also allow the students to use props, or physical education equipment. Enjoy!

**Modification:** Ask students to create a situation in a game or a unit for the rest of the class to guess what is happening. For example, one student took a ball from another student and she/he isn't happy. Or, students are practicing proper throwing technique and experiencing varying levels of success. Or, a student is excited and about to catch the winning out in kickball game. The options are endless.

#### List of example emotions and character traits:

Conflict	Joy
Respect	Frustration
Celebration	Perseverance
Nervousness	Disappointment
Gratitude	Peace

#### Web Resources:

[https://en.wikipedia.org/wiki/Mannequin\\_Challenge](https://en.wikipedia.org/wiki/Mannequin_Challenge) [explanation of the challenge]

<http://www.npr.org/sections/alltechconsidered/2016/11/10/501466675/can-someone-please-explain-the-mannequin-challenge> - what it is and some examples

<https://www.inverse.com/article/23299-first-mannequin-challenge-inventor-teens-meme-twitter-rae-sremmurd-jacksonville> [how it all started and where it is now]

<http://time.com/4565174/mannequin-challenge-ranking/> [some of the best ranked]