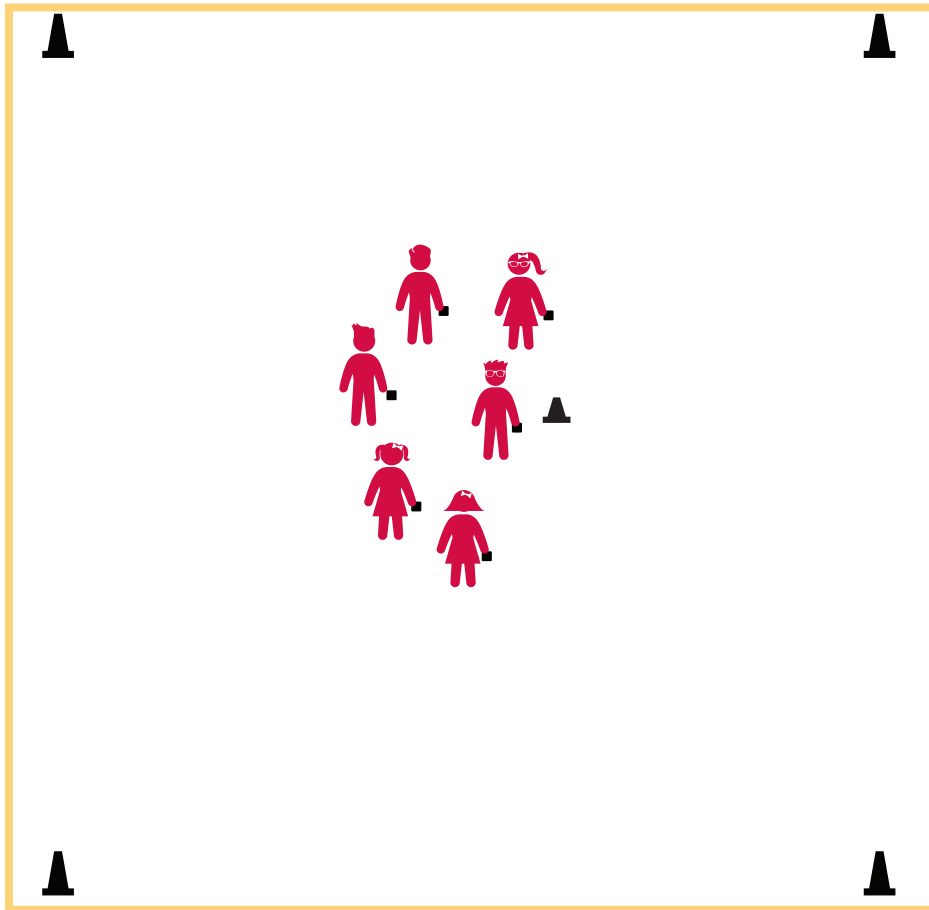


BEANBAG BANDAGES

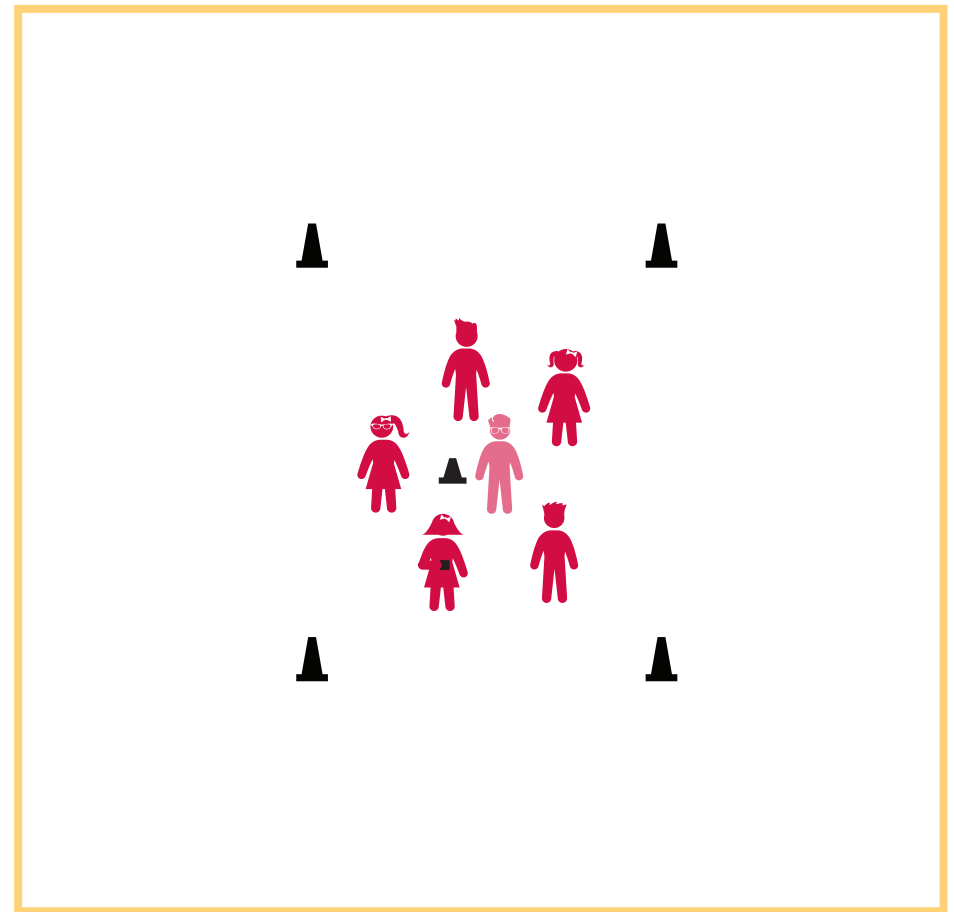


- 1.** Pick up a beanbag and play Beanbag Bandages.
- 2.** The youngest player starts as the patient.
- 3.** Change patients after every 3 injuries.



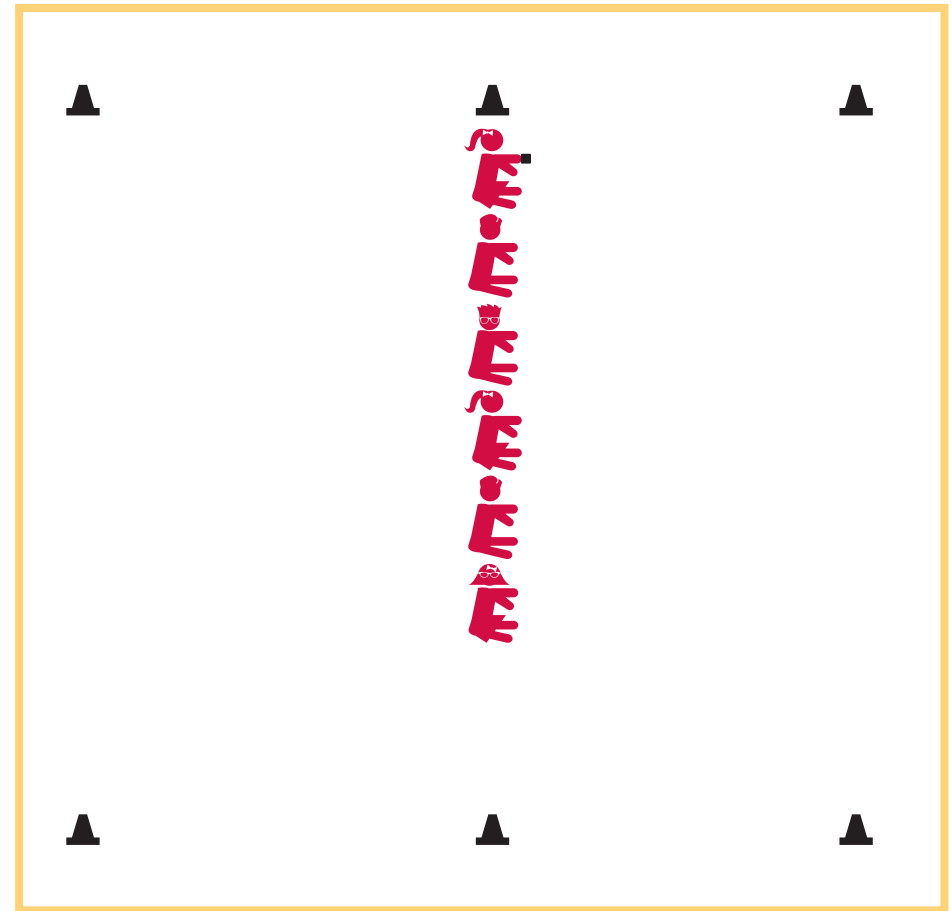
HIDE AND SEEK

- 1.** Form a circle with a Seeker in the center.
- 2.** The Seeker will count to 10-Mississippi and then say, "Ready or not, I'm opening my eyes."
- 3.** As soon as the Seeker reaches 10, all Hiders will work together to hide the beanbag.
- 4.** Take turns being the seeker, going from shortest to tallest.

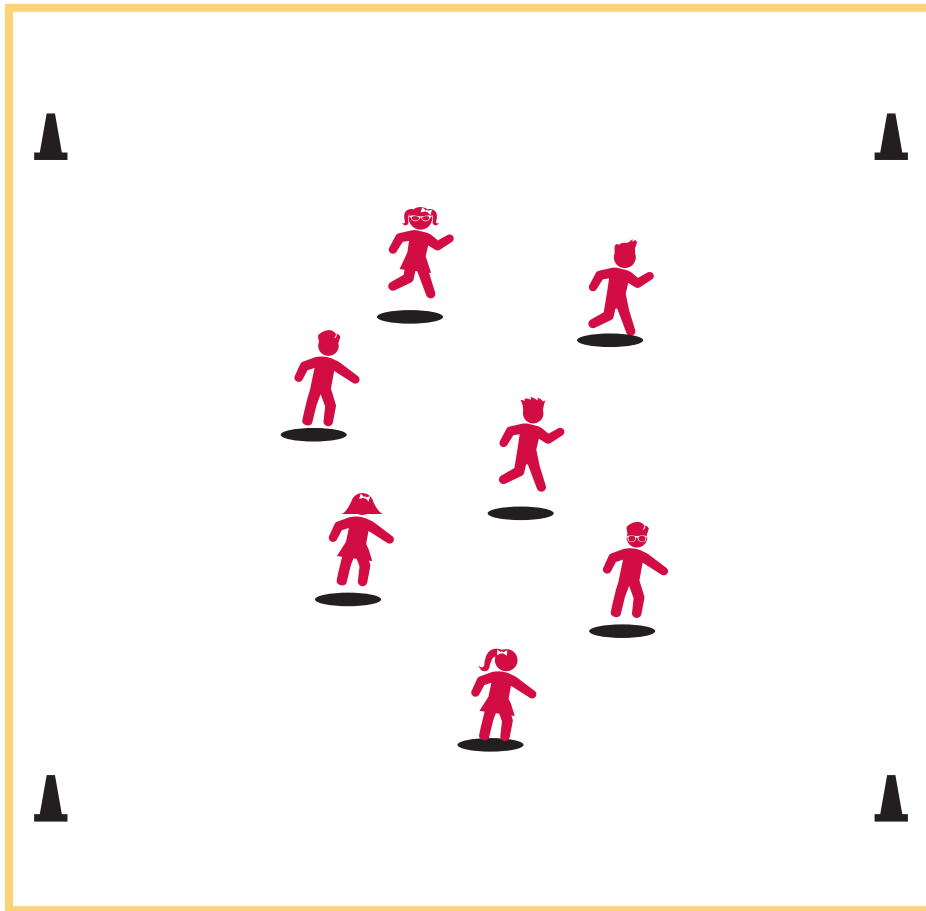


TRAIN TRACKS

- 1.** Work as a team to pass the train down the tracks. Form a line.
- 2.** Pass the beanbag to the player next to you and then move to the other end of the line.
- 3.** How many times can your team make it from one cone to the next before we change stations?



NO MORE MONKEYS...

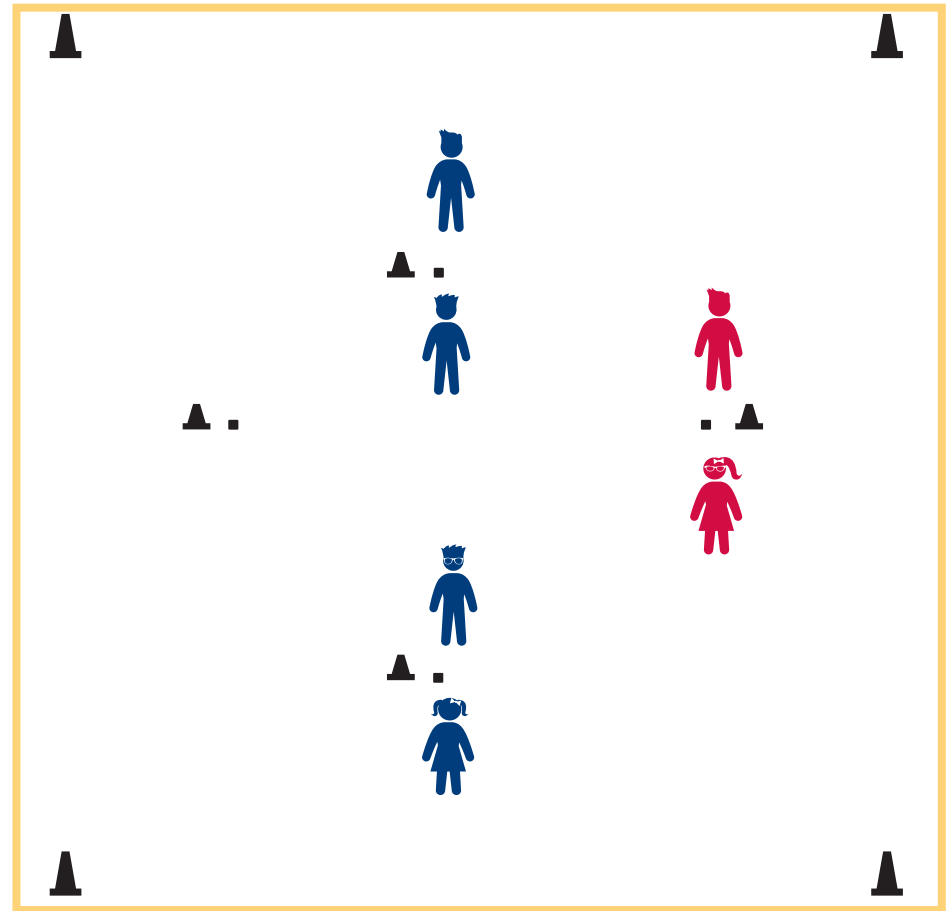


- 1.** Move to a spot and jump on it while you sing 10 Little Monkeys.
- 2.** Then, move to a new spot and sing 9 Little Monkeys.
- 3.** Can you get all the way through the song before it's time to change stations?

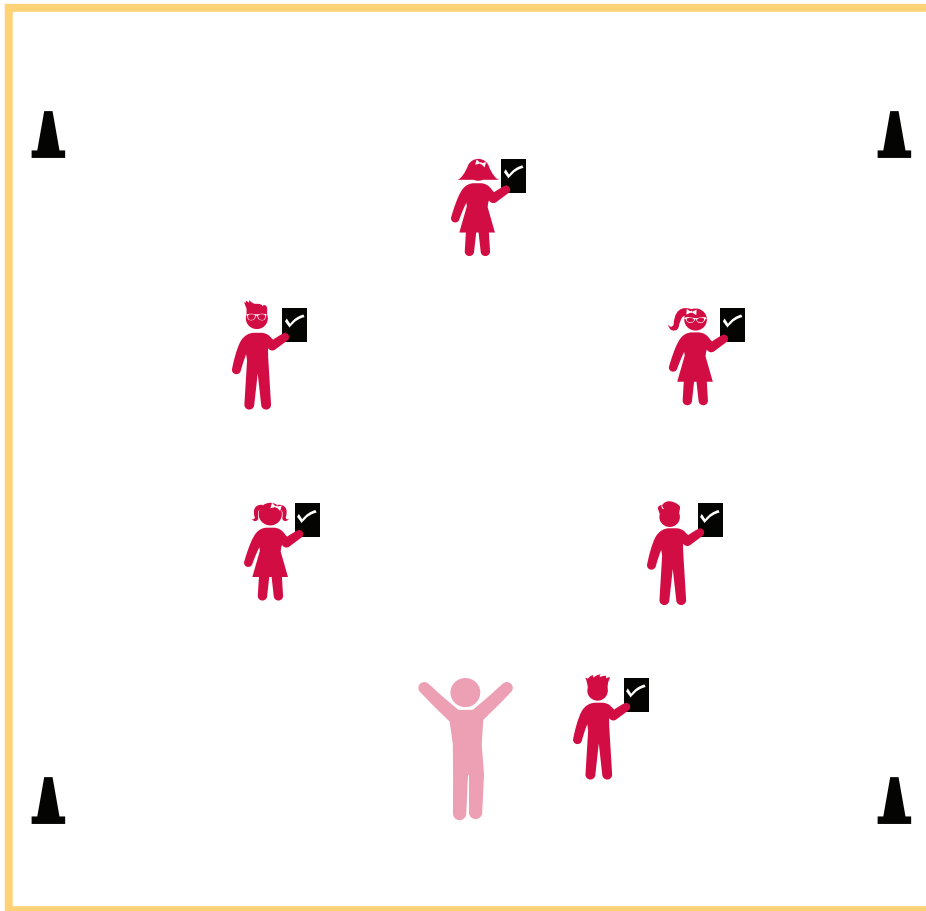


HEAVY LIFTERS

- 1.** There are 4 beanbags next to 4 cones in the station area. Work with a partner to lift a beanbag and move it to a different cone.
- 2.** Then, go and lift another beanbag and move that one to a different cone.
- 3.** How many times can you lift and move beanbags before it's time to change stations?



SELF-ASSESSMENT



- 1.** Complete the Assessment for Personal & Social Responsibility.
- 2.** When you're finished, perform as many invisible jump rope tricks as you can until the music stops.

