Partner 1: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Partner 2: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

* Record the number of attempts you and your partner need to complete each challenge successfully.
* If you’re unable to complete a challenge after 4 attempts, record a 5+.
* The first time you complete this card, use the space in the upper part of each scoring box. The second time, use the lower space.



|  |  |  |
| --- | --- | --- |
|  | **Partner 1**Day 1 / Day 2 | **Partner 2**Day 1 / Day 2 |
| **1** | 10 consecutive below-chest passes. |  |  |
| **2** | 10 consecutive above-chest passes. |  |  |
| **3** | 2 full clockwise rotations around the hoop, making consecutive passes any style. |  |  |
| **4** | 2 full counter-clockwise rotations around the hoop, making consecutive passes including at least 1 above-chest pass per partner. |  |  |
| **5** | Pass with your partner while you both move down to the cone and back. |  |  |
| **Score Total** |  |  |

**Rate your effort by circling 1, 2, or 3.**

**Partner 1:**

1 = I didn’t really try 2 = I could have tried harder 3 = I did my very best

**Partner 2:**

1 = I didn’t really try 2 = I could have tried harder 3 = I did my very best