

**SPIKING PENTATHLON SKILL CARD**

Partner 1: \_\_\_\_\_

Partner 2: \_\_\_\_\_

- ✔ Record the number of attempts you and your partner need to complete each challenge consecutively without a fault. When a fault occurs, restart your count.
- ✔ If you're unable to complete a challenge after 3 attempts, record a 4+.
- ✔ The first time you complete this card, use the space in the upper part of each scoring box. The second time, use the lower space.
- ✔ Begin each attempt with a partner toss and self-pass. (*This is the method used in the activity Selfie Spikes.*)

Event		Partner 1 Day 1 / Day 2	Partner 2 Day 1 / Day 2
<b>1</b>	5 consecutive spikes off the net. (any direction)		
<b>2</b>	5 consecutive spikes off the net. (directly back at partner)		
<b>3</b>	5 consecutive spikes off the net. (to your partner's right)		
<b>4</b>	5 consecutive spikes off the net. (to your partner's left)		
<b>5</b>	5 consecutive spikes off the net. (non-dominant hand, any direction)		
<b>Score Total</b>			

Rate your effort by circling 1, 2, or 3.

**Partner 1:**

1 = I didn't really try

2 = I could have tried harder

3 = I did my very best

**Partner 2:**

1 = I didn't really try

2 = I could have tried harder

3 = I did my very best