

DEFENSIVE CHALLENGE CARD

Alternate roles after each success.

Junior Varsity (JV) = 10 Successes

Varsity = 20 Successes

Level	With a Partner	With Another Team
1	Partner 1 makes an easy toss off the net. Partner 2 catches it.	Team 1 makes an easy toss to Team 2. Team 2 uses 3 hits to try and score a point (i.e., pass, pass, spike).
2	Partner 1 makes an easy toss. Partner 2 makes a self-pass, then catches it.	Team 1 makes a toss serve. Team 2 uses 3 hits to try and score a point.
3	Partner 1 spikes the ball. Partner 2 catches it.	Team 1 makes a toss serve. Team 2 uses 3 hits to try and score a point. Team 1 catches the ball off the spike.
4	Partner 1 spikes the ball. Partner 2 makes a self-pass, then catches it.	Team 1 makes a toss serve. Team 2 tries to score a point. Team 1 uses 3 hits to return it.
5	Partner 1 spikes the ball. Partner 2 makes a pass back to Partner 1.	Congratulations! Play a game of Roundnet until you hear the stop signal.