

SELF-ASSESSMENT

NAME: _____ GRADE: _____ CLASS: _____

Draw faces in the circles to show how you feel about your volleying & striking skills. If this is your pre-assessment, draw another face in the “goal” column to show how you think you could feel about your skills after some practice and hard work.













Look at these faces to help you decide what to draw.



This is new. I wish I could do better, and so I will keep trying my best to improve.

I’m getting better. Practice is helping, and I will keep trying my best to improve.

I can do this well. Practice worked, and now I want to keep learning more!

SKILL	PRE	GOAL	POST
Volleying (Hand)			
Underhand Serve (Hand)			
Striking (Hand)			
Striking (Paddle)			
Underhand Serve (Paddle)	