­­­­­

­

**When something is perpendicular to the level ground, it is \_\_\_\_\_\_?**

**When choosing the right size jump rope, where should the ends of the rope stop?**

**2**

**1**

**The ability to do something well is called \_\_\_\_?**

**What is a uniform pattern of sound or movement?**

**A set sequence of combined steps is called \_\_\_\_\_\_?**

* 1. Rhyme
  2. Recognize
  3. Rhythm
  4. Routine

**6**

**Performing one after another without stopping is called \_\_\_\_\_\_\_?**

**51**

1. Pace
2. Consecutive
3. Routine
4. Speed
5. Pace
6. Consecutive
7. Routine
8. Speed

**7**

1. Skill
2. Trick
3. Success
4. Consecutive

**8**

**What is it called when a body or object rotates?**

1. Long rope
2. Double Dutch
3. Jump bands
4. Short rope

**4**

1. Turn
2. Forward
3. Track
4. Backwards

**3**

**Which rope is used when someone wants to turn and jump a rope individually?**

1. Hips
2. Armpits
3. Neck
4. Belly Button
5. Horizontal
6. Parallel
7. Vertical
8. Across