

ACADEMIC LANGUAGE QUIZ

When choosing the right size jump rope, where should the ends of the rope stop?

1

- a. Hips
- b. Armpits
- c. Neck
- d. Belly Button

When something is perpendicular to the level ground, it is _____?

2

- a. Horizontal
- b. Parallel
- c. Vertical
- d. Across

What is it called when a body or object rotates?

3

- a. Turn
- b. Forward
- c. Track
- d. Backwards

Which rope is used when someone wants to turn and jump a rope individually?

4

- a. Long rope
- b. Double Dutch
- c. Jump bands
- d. Short rope

Performing one after another without stopping is called _____?

5

- a. Pace
- b. Consecutive
- c. Routine
- d. Speed

A set sequence of combined steps is called _____?

6

- a. Pace
- b. Consecutive
- c. Routine
- d. Speed

The ability to do something well is called _____?

7

- a. Skill
- b. Trick
- c. Success
- d. Consecutive

What is a uniform pattern of sound or movement?

8

- a. Rhyme
- b. Recognize
- c. Rhythm
- d. Routine