

## LOOKING UP

Dance Party Cue Card  
 Music by SafetySuit [[iTunes Link](#)]

Movement Name	Movement Description	Counts
Step-togethers with arms waving	Step to the R with the R foot, touch the L foot in so feet are together. Arms wave high overhead to the R.	1-2
	Repeat to the L. Arms wave high overhead to the L.	3-4
	Repeat to the R. Arms wave high overhead to the R.	5-6
	Repeat to the L. Arms wave high overhead to the L.	7-8
Bent knee bounces	With feet together, knees bent, and hands on knees: bounce your knees twice to the R.	1-2
	Repeat to the L.	3-4
	Repeat to the R.	5-6
	Repeat to the L.	7-8
Half grapevine with a clap	Half grapevine to the R (step to the R with the R foot, cross the L foot behind the R foot and step on it, step to the R with the R foot).	1-2-3
	Touch the L foot in so feet are together and clap your hands.	4
	Half grapevine to the L.	5-6-7
	Touch the R foot in so feet are together and clap your hands.	8
3-step turns with a clap	3-step turn to the R (step to the R with the R foot, swing the L foot in front of the R to turn halfway around clockwise, swing the R foot behind the L foot to turn halfway around clockwise, facing front again).	1-2-3
	Touch the L foot in so feet are together and clap your hands.	4
	3-step turn to the L (step to the L with the L foot, swing the R foot in front of the L to turn halfway around counter-clockwise, swing the L foot behind the R foot to turn halfway around counter-clockwise, facing front again).	5-6-7
	Touch the R foot in so feet are together and clap your hands.	8
<b>SUPERCHARGE THE MOVES!</b>		
Side jumps with arms waving	With feet together, jump to the R and then to the L. Arms wave high overhead to the R when you jump R and to the L when you jump L.	(each jump takes 1 count) 1-2-3-4-5-6-7-8
Jump rope side to side	With feet together, jump to the R and then to the L. Pretend you're jumping rope with your arms.	(each jump takes 1 count) 1-2-3-4-5-6-7-8
Triple jumps with a clap	With feet together, jump to the R four times. Clap as you land the 4 <sup>th</sup> jump.	1-2-3-4
	With feet together, jump to the L four times. Clap as you land the 4 <sup>th</sup> jump.	5-6-7-8
Turning triple jumps with a clap	With feet together, use 4 jumps to turn all the way around clockwise. Clap as you land the 4 <sup>th</sup> jump.	1-2-3-4
	With feet together, use 4 jumps to turn all the way around counter-clockwise. Clap as you land the 4 <sup>th</sup> jump.	5-6-7-8