**The 5-Gs.** This is top-secret, classified information. It is the work of Superheroes. Hide this under your pillow and memorize it. Follow this plan and you will impress your friends and humble your enemies. You will astonish even the most difficult people to impress. People will name their children after you. Great things happen to great people when great people do great things. The 5-Gs will make you legendary. There is no try, there is only do!

1. **Greet’em**
* Greet students coming to you.
* For example, “Hey Team! Great to see you! My name is Coach Jones. Today we’re going to be active, healthy, helpful, and kind. Are you ready to have more fun than you can shake a stick at?!”
1. **Gather’em**
* Get the group gathered around you so they can focus on your instructions.
* For example, “Huddle, huddle!” Then, “Hey Team! Headlights on me.”
1. **Group’em**
* Read and know your activity. The instructions will set you free.
* You must know if the event requires kids to be divided into 4 groups, 6 groups, boy and girl groups, mixed boy and girl teams, etc.
* You must also know whether EVEN NUMBERS MATTER or EVEN NUMBERS DON’T MATTER when grouping kids for the activity.
* To group kids, always start with, “When I say ‘Go!’ find a group of 3 (or other number) and get toe-to-toe. Ready, Go!”
1. **Give’em instruction**
* Give clear and concise instructions. Start with the object of the activity. This helps the kids visualize the instructions you give from that point on.
* It might be helpful to practice this out loud beforehand.
1. **Get’em going!**
* Start the activity. Watch for kids who didn’t quite understand what to do. Move to them quickly and help get them on track.
* Think about safety. Think about safety. Did I say, *Think About Safety*?
* Stop the activity if it doesn’t seem to be going quite right. Don’t freak out. Just say, “Freeze!” Explain the instructions again and re-start the activity.
* Cheer them on! Give them high fives! Tell them how awesome they are!
* During the activity, don’t get districted and accidentally ignore the group. Stay engaged and supervise the activity.

**Top Secret Teaching & Management Tips**

These teaching tricks and tips cost me years of classroom time. Today you get them for free!

***Aim the Arrow***

Your voice is an arrow, aim for the back of the group and “shoot” over their heads.

***The “When” Before the “What”***

“When I say ‘GO…” are the 4 most important words when giving directions. Don’t forget to say “GO!” That would be awkward (trust me, I know).

***Hustle, Hustle***

After you have finished giving instructions (and saying “Go!”), slowly start counting, “10, 9, 8, 7, 6….” The kids will scurry like field mice. Amazing really.

***You Are My Sunshine***

You are so bright you have to wear shades! Better bring a pair. When giving instructions outside, always position students with their backs to the sun. This means you are facing the sun. Uncomfortable? Yes, but you will look even more stunning and radiant.

***Instructional Power Words***

Use these words every day, all day in order to establish routines that will save you tons of time.

|  |  |  |
| --- | --- | --- |
| **You Say…** | **They Say…** | **They should…** |
| “Hey Team!” | “Hey Coach!” | Turn and face you. |
| “Freeze!” | “Hands to knees!” | Stop and square up with ands on their knees. |
| “Huddle-Huddle!” | “Hustle, Hustle!” | Gather and stand in a group by you. |

**Top Secret Tips for Managing Behavior**

***Catch’em Being Good***

To get someone back on task, find another student nearby who is doing the right thing and praise their behavior. For example say, “I like the way you are sitting criss-cross apple sauce. You are awesome!” Chances are the other student will copy the desired behavior. It is magic. Don’t get too excited when it works.

***Cold Call***

Preface an instruction or reminder with somebody’s name. For example, “Jim, remember we want everyone to land on their feet and not their bum-bum.” It will be hard for Jim to daydream after you “cold call” him.

***Proximity***

I bet you’re less likely to misbehave when I am looming over your shoulder, eh? If a kid seems distracted, go stand near them and smile. Don’t growl. Your charming smile will suffice.

***Sheep Dogs***

If 1-2 sheep dogs can control large flocks of sheep, then you can herd small groups of kids. Be confident and speak clearly – they can smell fear.