Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 **Directions: Answer Yes or No to the first 8 items, then write a short response for items 9 and 10.**

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|  |  |  |
| --- | --- | --- |
|  | YES | NO |
| I think I can ask an adult (teacher or family member) to help me find opportunities to play badminton or a sport like it. |  |  |
| I think I can ask a friend or family member to play badminton with me. |  |  |
| I think I have the skills I need to play badminton outside of physical education class. |  |  |
| I think I have the knowledge I need to improve my badminton skills outside of physical education class. |  |  |
| I think I know where to find resources to learn more about badminton. |  |  |
| I think I will play a game of badminton in the future if the opportunity is available. |  |  |
| I think I will feel comfortable playing badminton with my peers outside of physical education class. |  |  |
| I think activities like badminton can help me stay active and healthy in the future. |  |  |

**If you could choose between badminton and other physical activity options, would you choose badminton? Why or why not?**

**Did you enjoy the challenges that you faced while learning badminton skills and strategies? Why or why not?**