

HOLISTIC PERFORMANCE RUBRIC

GRADE: _____ CLASS: _____

Proficient 4	Consistently performs locomotor skills with correct response to rhythm and tempo. Consistently combines locomotor skills and can change levels and direction in response to teacher cues. Conducts herself/himself safely and with consideration for others.
Competent 3	Performs movements and skills with occasional errors. Has demonstrated locomotor skill combinations and changes in direction and levels with acceptable control and balance. Conducts herself/himself safely without disrupting the learning environment.
Lacks Competence 2	Performs skills and movements with frequent errors. Has difficulty moving to a rhythm. Cannot change direction and/or levels while maintaining balance. Occasionally creates unsafe situations.
Well Below Competence 1	Displays unsatisfactory effort. Often breaks safety rules and disrupts the learning environment.

Student Name	Score	Comments
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