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|  | **Skill** | **Personal & Social Responsibility (PSR)** |
| Proficient  **4** | Consistently performs locomotor skills with correct response to rhythm and tempo. Consistently combines locomotor skills and can change levels and direction in response to teacher cues. | Conducts herself/himself safely and with consideration for others. |
| Competent  **3** | Performs movements and skills with occasional errors. Has demonstrated locomotor skill combinations and changes in direction and levels with acceptable control and balance. | Conducts herself/himself safely without disrupting the learning environment. |
| Lacks  Competence  **2** | Performs skills and movements with frequent errors. Has difficultly moving to a rhythm. Cannot change direction and/or levels while maintaining balance. | Occasionally creates unsafe situations |
| Well Below Competence  **1** | Displays unsatisfactory effort toward skill development. | Often breaks safety rules and disrupts the learning environment. |

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| **Student Name** | **Skill** | **PSR** | **Comments** |
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