

ACADEMIC LANGUAGE QUIZ

Increasing the rate or speed of an object or process.

1

- a. Speed
- b. Acceleration
- c. Deceleration
- d. Hurry

An even distribution of weight allowing someone to stay steady.

2

- a. Strength
- b. Coordination
- c. Agility
- d. Balance

To arrange in a series or a sequence.

3

- a. Write
- b. Juggle
- c. Cascade
- d. Overlap

A single point from which the entire weight of an object acts and is concentrated.

4

- a. Athletic Position
- b. Center of Gravity
- c. Base of Support
- d. Plank Position

The force that attracts an object toward the center of the Earth.

5

- a. Gravity
- b. Acceleration
- c. Mass
- d. Falling

Courage, resolve, and strength of character.

6

- a. Effort
- b. Work
- c. Goals
- d. Grit

The belief that abilities can be developed through hard work.

7

- a. Fixed Mindset
- b. Growth Mindset
- c. Mindset
- d. Development

A set of 3 physical laws that lay the foundation for scientific mechanics.

8

- a. Einstein's Laws
- b. Physical Education Laws
- c. Scientific Process
- d. Newton's Laws