

ROUTINE PLANNING CARD

Name: _____ Class Info: _____

Group Member Names:

Check boxes that apply:

Performance Type	Balance Apparatus	Circus Object
<input type="checkbox"/> Solo	<input type="checkbox"/> Spooner Board	<input type="checkbox"/> Juggling Scarves
<input type="checkbox"/> Pair	<input type="checkbox"/> Low Balance Beam	<input type="checkbox"/> Juggling Balls
<input type="checkbox"/> Group	<input type="checkbox"/> Other _____	<input type="checkbox"/> Juggling Rings or Clubs
		<input type="checkbox"/> Spinning Plates
		<input type="checkbox"/> Diabolo
		<input type="checkbox"/> Flower Stick

Part 1: Begin on the floor (next to your balance apparatus)

Floor Trick 1: _____

Floor Trick 2: _____

Transition Plan: _____

Part 2: Move onto the balance apparatus

Balance Challenge 1: _____

Balance Challenge 2: _____

Transition Plan: _____

Part 3: Perform tricks on the balance apparatus

Balance Trick 1: _____

Balance Trick 2: _____

Performance Rubric

4 (Professional) – Performs full routine with less than 5 errors. Transitions smoothly from floor to balance apparatus. Shows encouragement and works well with others (group members, other performers, audience members). Displays a growth mindset with a focus on improvement.

3 (Specialist) – Performs full routine with less than 10 errors. Performs a planned transition from floor to balance apparatus. Shows encouragement and works well with others. Displays a growth mindset with a focus on improvement.

2 (Beginner) – Performs routine with frequent errors. Does not have a transition plan from floor to balance apparatus. Does not disrupt others.

1 (Back to the Drawing Board) – Shows minimal effort and/or performs an incomplete routine. Behavior is disruptive/distracting for others. Displays a fixed mindset.

Growth Mindset Reminders

- I want to improve my skills.
- I will stay engaged in purposeful practice.
- I will persevere when faced with challenges.
- I know that focused work is the path to improvement and success.
- I will listen to, and learn from others as they try to help me improve.
- I will celebrate when others succeed. It proves that I can succeed too.