We recommend YouTube Videos by Niels Duinker because he breaks down each skill with cues that closely match those that we’ve provided. Enjoy and good luck!



**Video Suggestions to Get You Started**

Scarf Juggling: <https://youtu.be/4aHcmUAWo7I>

3 Ball Juggling: <https://youtu.be/x2_j6kMg1co>

Club Juggling: <https://youtu.be/Ax0wl8pYk4g>

Ring Juggling: <https://youtu.be/8g8vI9sCnNU>

Diabolo: <https://youtu.be/iVoIz8ewwgk>

Flower Stick: <https://youtu.be/MAuAtwZ7BF4>

Plate Spin: <https://youtu.be/R_Uc8BAnAAI>

Spooner Balance Board Tricks: <https://youtu.be/orK_w8KaKDI>



**Music Suggestions to Get You Started**

Entry of the Gladiators

<https://itunes.apple.com/us/album/entry-of-the-gladiators/id425629745?i=425629753>

Ringling Bros. Grand Entry

<https://itunes.apple.com/us/album/ringling-bros.-grand-entry/id752850738?i=752856158>

Mission Impossible Theme

<https://itunes.apple.com/us/album/mission-impossible-theme/id62774553?i=62774316>

Axel F by Crazy Frog

<https://itunes.apple.com/us/album/axel-f/id78879424?i=78879440>

Popcorn by Crazy Frog

<https://itunes.apple.com/us/album/popcorn/id78879424?i=78879473>

Get Ready for This by Crazy Frog

<https://itunes.apple.com/us/album/get-ready-for-this/id78879424?i=78879453>