

BEAN BAG TOSS

LEARNING TARGETS

- ✓ I will follow all directions and move safely when it is my turn.
- ✓ I will toss my bean bag at the nearest letter target.
- ✓ I will listen and take turns moving to pick up my bean bag.

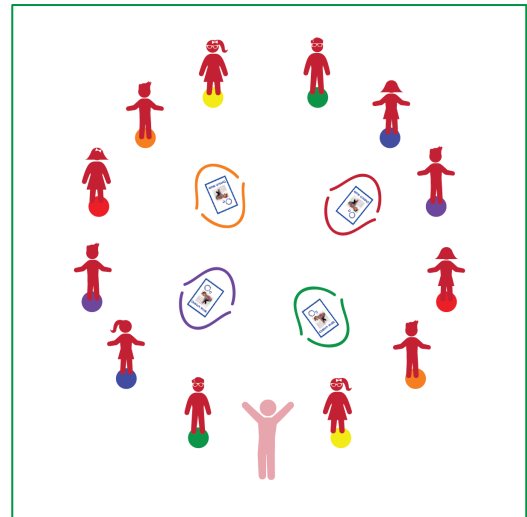
ACTIVITY SET-UP & PROCEDURE

Things You Need:

- ✓ ABC's of Movement Cards: F, J, K, W
- ✓ 1 spot marker per student
- ✓ 1 bean bag per student
- ✓ 8 ropes

Set-Up:

1. Use spot markers to create a large circle in the activity area.
2. Create 4 large targets inside of the circle using 2 ropes per target. Targets must be placed at a distance close enough for students to toss bean bags at them.
3. Place 1 letter card inside each target.
4. Students stand in a circle, each student on a spot with a bean bag.



Activity Procedures:

1. The object of this activity is to provide students with opportunities to practice the manipulative skill of underhand tossing while moving safely and following teacher instruction.
2. On the teacher's signal, students underhand toss beanbags into the nearest target.
3. Teachers then call one letter at a time. Student will repeat the letter name aloud. Next, students who tossed their beanbags at the letter called will tiptoe to retrieve their bean bags and return to home spots on the circle.
4. Repeat the activity as time allows.

Universal Design Modifications:

- Provide a variety of tossable items in different sizes, weights, and textures.
- Increase/decrease target size and/or distance.

DEVELOPMENTAL INDICATORS

- ✓ **Gross Motor:** Child performs activities that combine and coordinate large muscle movements.
- ✓ **Fine Motor:** Child uses coordinated movements to complete complex tasks.
- ✓ **Attending and Understanding:** Child acts on descriptions (and demonstrations) of others.
- ✓ **Counting and Cardinality:** Child understands the relationship between numbers and quantities.