

LEARNING TARGETS

- ✓ I will listen to and follow the directions of the teacher in an effort to avoid getting tagged.
- ✓ I will remember the colors and skills the teacher asks me to perform and use my body to perform them well.
- ✓ I will wait patiently for my color to be called.

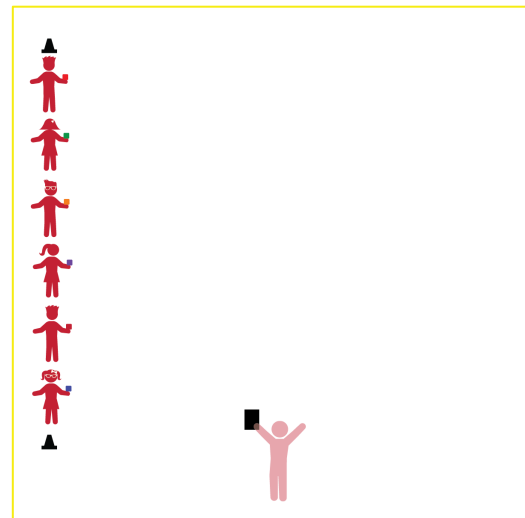
ACTIVITY SET-UP & PROCEDURE

Things You Need:

- ✓ 1 bean bag per student
- ✓ Cones to create boundaries

Set-Up:

1. Students line up on 1 side of the gym, each student with a bean bag.
2. Be sure spacing between students is safe.



Activity Procedures:

1. The objective of this activity is to practice using various locomotor skills and waiting patiently for your turn.
2. We're going to play a game called *Color Move*. Before we start, look around and take note of your personal space and your bean bag's color.
3. I am going to call out (or show) a color and a locomotor skill. Listen for your color and, when it is called, use the skill to move across the activity area (e.g., Anyone with a blue bean bag, skip over to the other side; Anyone with a yellow bean bag, run across to the other side; Anyone with a red bean bag, gallop across to the other side).
4. Use the following traveling skills: walk, run, skip, gallop, slide, and leap.

Universal Design Modification:

- Combine skills with movement concepts (e.g., walking backwards, skipping zig zag).

DEVELOPMENTAL INDICATORS

- ✓ **Gross Motor Development:** Demonstrates control, strength, and coordination of large muscles.
- ✓ **Cognitive Self-Regulation:** Demonstrates an increasing ability to control impulses by waiting their turn.
- ✓ **Emotional and Behavioral Self-regulation:** Manages actions and behavior with increasing independence.