

LEARNING TARGETS

- ✓ I will identify and balance on the correct ropes.
- ✓ I will share the rope with others.
- ✓ I will demonstrate safe behavior by walking around the ropes and staying within the boundaries.

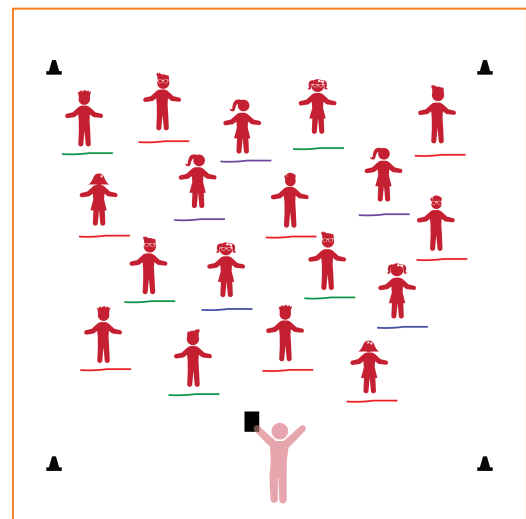
ACTIVITY SET-UP & PROCEDURE

Things You Need:

- ✓ 1 rope per student
- ✓ Music
- ✓ Cones to create boundaries

Set-Up:

1. Scatter students in general space, each with a rope on the ground at their feet.
2. Be sure spacing between students is safe for activity.



Activity Procedures:

1. The objective of this activity is to recognize a color when it is called and balance on the rope with that color.
2. We're going to play a game called *Musical Ropes*. Before we start, look around and take note of your personal space and your rope's color.
3. When the music starts, begin to move around the room, staying inside the boundaries.
4. When the music stops, I will call out a color. Find a rope of that color and walk across it, doing your best to remain balanced.

Universal Design Modifications:

- Call out several different colors at once. Students can choose one of them.
- Have fewer ropes of each color. Students will need to share the ropes.

DEVELOPMENTAL INDICATORS

- ✓ **Gross Motor Development:** Demonstrates control, strength, and coordination of large muscles.
- ✓ **Health, Safety and Nutrition:** Demonstrates knowledge of personal safety practices and routines.
- ✓ **Geometry and Spatial Sense:** Explores the positions of objects in space.
- ✓ **Emotional and Behavioral Self-Regulation:** Manages actions, words, and behavior with increasing independence.