

## Balancing Body Parts

### LEARNING TARGETS

- ✓ I will use scientific words related to parts of the body.
- ✓ I will play kindly and safely with my classmates.

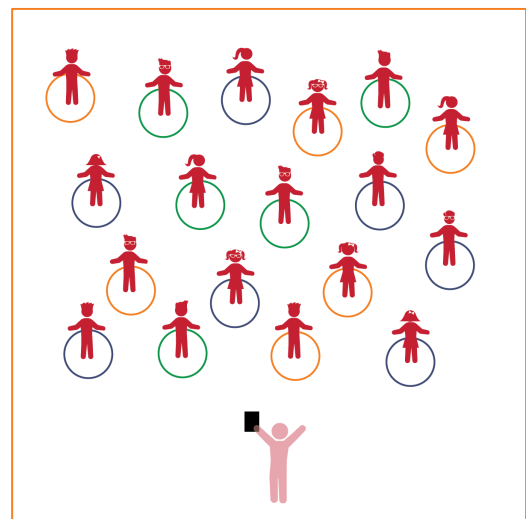
### ACTIVITY SET-UP & PROCEDURE

#### Things You Need:

- ✓ 1 hoop per student
- ✓ Cones to create boundaries

#### Set-Up:

1. Each student on a Home Base with a hoop and personal space.
2. Students place their hoops on the floor at their feet.
3. Be sure spacing between students is safe for activity.



#### Activity Procedures:

1. The purpose of the activity is to recognize the names of different body parts. Students begin the activity standing beside a hoop ready to learn.
2. Today we're going to play a game called *Balancing Body Parts*. Before we start, look around and take note of your personal space. Your hoop will act as your personal Home Base.
3. When I call out a body part, place that body part inside the hoop.
4. Next, add a color to the body parts called. Students must place their appropriate body part inside a hoop of that color, sharing them with others.
5. Have students return to their Home Base. Allow them to select and identify a body part to place in the hoop.

#### Universal Design Modifications:

- Play the activity as a class using one big circle.
- Use pictures or demonstrations to help students identify different body parts.

### DEVELOPMENTAL INDICATORS

- ✓ **Vocabulary:** Understands and uses a wide variety of words for a variety of purposes.
- ✓ **Relationships with Other Children:** Engages in and maintains positive interactions and relationships with other children.