

PROGRAM INTRODUCTION

About This Document

In an effort to afford early childhood education providers equity of access to the highest-quality movement education programming, OPEN has launched a content development effort with the help of some of the nation’s most respected physical education and early childhood content specialists.

This document is an introduction to the OPEN Early Childhood (EC) program. All of the resources in this document are intended to provide early childhood movement educators an opportunity to understand the organization and design of the program. OPEN Resources are made free to all movement educators as a public services of [US Games](#).

Program Design

There are 3 main program goals embedded within the OPEN EC program.

1. Provide developmentally appropriate physical activity experiences, allowing children an opportunity to accumulate 60 minutes of daily physical activity.
2. Provide instructional content designed to foster the development of knowledge and skill in six main movement exploration categories (Movement Concepts, Balance, Locomotor, Manipulative, Health & Nutrition, and Social & Emotional Development).
3. Provide early childhood teachers and program providers with movement-based activities that work toward developmental outcomes and indicators defined within the *Head Start Early Learning Outcomes Framework*.

How It Works

Each movement exploration category has been assigned an identification color.

- Movement Concepts are **RED**
- Balance is **ORANGE**
- Locomotor is **YELLOW**
- Manipulative is **GREEN**
- Health & Nutrition is **BLUE**
- Social & Emotional Development is **PURPLE**

In using this program, EC teachers can plan and implement six physical activity times – one for each color – throughout the day. Activities are designed to last approximately 10 minutes, allowing students to accumulate 60 minutes of daily physical activity.

Activity Plans

There are six instructional modules under on-going development (Activity Basics, Bean Bags, Hoops, Ropes, Scarves, Parachute Games). Each module features complete sets of activity plans that include all six identification colors and can be done sequentially. Each activity plan provides the following sections:

- Learning Targets
- Activity Set-Up & Procedures (with diagram)
- Universal Design Modifications
- Developmental Indicators

Each day, EC teachers use one set of plans for all of that day’s scheduled physical activity times. A daily activity card is provided for an “at-a-glance” view of the day’s activities. A station- or center-based activity organization option will be available in the Spring of 2017.

Important Note: Development of OPEN's Early Childhood program is ongoing. The first resources were made available in January of 2017 with more content, activity plans, and resources added each calendar quarter. For the most recent version of the OPEN EC program please visit:

www.OPENPhysEd.org

Program Development Map

The Head Start Early Learning Outcomes Framework

[Approaches to Learning; Social & Emotional Development; Language & Literacy; Cognition; Perceptual, Motor, & Physical Development]



Movement Exploration Categories

[Movement Concepts, Balance, Locomotor Skills, Manipulative Skills, Health & Nutrition, Social & Emotional Development]



Instructional Modules

[Activity Basics, Bean Bags, Scarves, Hoops, Ropes, Parachute Games]



Daily Activity Plans

[Red, Orange, Yellow, Green, Blue, Purple]

Suggested Implementation Plan

- Week 1: Activity Basics & Bean Bags
- Week 2: Bean Bags & Scarves
- Week 3: Scarves & Hoops
- Week 4: Hoops & Ropes
- Week 5: Ropes & Parachute Games
- Week 6-10: Repeat Modules from Beginning (Activity Card 2)
- Week 11-20: Station-based Resources
- Week 21-30: Introduce New OPEN EC Modules
- Week 31-40: Station-based Resources

Physical Activity Equipment

OPEN EC is a public service of US Games. By purchasing your physical activity equipment from US Games you can be sure that you're getting equipment matched with the activities written into the OPEN EC program. You can also take pride in the fact that your purchase is helping to support the ongoing development and availability of all OPENPhysEd.org resources.

Each OPEN EC equipment pack is priced around \$250 and is designed to provide equipment for a minimum of 24 students. Some packs will accommodate up to 100 students in a station-based movement format. The following list provides information on recommended equipment and how to purchase the packs/items from US Games.

OPEN EC Pack One	Item# 1397243	\$249.99 (per pack)
4 Sets of 6	Ropes	
2 Sets of 12	Spot Markers	
2 Sets of 12	24" Hoops	
2 Sets 12	Scarves	
2 Sets of 12	Bean Bags	
1	Mesh Equipment Bag	

Additional Recommended EC Equipment

1 Set of 6	12" Game Cones (Item# 1093452)	\$44.99
1 Set of 6	Task Tents (Item# 1389878)	\$50.99
1	30' Diameter Parachute	\$234.99

To order OPEN Early Childhood equipment contact your regional US Games representative, or call 1-800-327-0484.

On-Site Professional Development Workshops

OPEN National Trainers provide the highest quality professional development for early childhood educators. We customize each day to meet your organization's objectives and scheduling requirements. Workshops are active, engaging, and practical.

All participants will be able to:

- Fully implement OPEN EC activities
- Safely and effectively manage early childhood physical activity sessions
- Describe and demonstrate the link between OPEN EC and the Head Start Early Learning Outcomes Framework

Contact your US Games Regional Representative for information and pricing for an OPEN EC professional development event. (Who is your regional representative? Call 1-800-327-0484 and ask one of our call center associates.)

Standard Pricing for up to 5 hours of Professional Development: \$2,950

This includes a day of training, trainer travel expenses, OPEN EC Equipment Pack One, 6 Cones, 6 Task Tents, and 1 Parachute.

The OPEN EC Development Council

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Movement Stories: (Coming Spring 2017)

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