Complete 5 tosses in the following sequence.

**Toss 1: Underhand – Right Hand**

**Toss 2: Underhand – Left Hand**

**Toss 3: Underhand – Under Right Knee (Either Hand)**

**Toss 4: Underhand – Under Left Knee (Either Hand)**

**Toss 5: Back to Target – Toss Over Shoulder (Either Hand)**

**Spirit of the Game** *(noun)*

An overarching concept which places the responsibility of fair play on each player. Respect, adherence to rules, and the joy of play are valued over competition.

There are no referees needed in Ang-Konnh because players depend on the **Spirit of the Game** to ensure fair play and fun for everyone.