



SELF-ASSESSMENT

NAME:_

GRADE:_____

CLASS:_

Choose the level that describes your current skills and color that number of stars in the space provided for your assessment. If this is your pre-assessment, choose another level in the "Goal" column to show how much you'd like to improve your skills after some practice and hard work.



<u>Level 1</u>: I'm in the Minor Leagues. I wish I could do this better. And so I will keep trying my best to improve.



Level 2: I'm in the Major Leagues. Practice is helping and I will keep trying my best to improve.



Level 3: I'm an All Star. I can do this well. Practice worked, and now I want to keep learning more!

SKILL	PRE	GOAL	POST
Throwing			
Catching			
Striking			
Fielding			
Working Independently			