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**To propel and object by a movement of the arm & hand.**

**The ability to change body position and direction quickly and efficiently.**

**To catch or pick up a ball in play.**

**Working free from outside control or lead.**

**Correct, precise, or on target**

* 1. Independently
	2. Solo
	3. Single
	4. Cooperation

**2**

**1**

**Done with the arm or hand above shoulder level.**

**To hit forcibly and with purpose.**

1. Bunt
2. Home Run
3. Ball
4. Strike

**6**

**51**

1. Outfield
2. Catcher
3. Fielding
4. Second Base
5. Balance
6. Agility
7. Quickness
8. Power

**7**

1. Overhand
2. Underhand
3. Sidearm
4. Knuckleball

**8**

**The time it takes to respond to what you hear, see, or feel.**

**4**

1. Agility
2. Balance
3. Reaction Time
4. Coordination

**3**

1. Catch
2. Throw
3. Force
4. Accurate
5. Kick
6. Throw
7. Strike
8. Punt