

# **UPEN** TOOLS FOR LEARNING **BAT AND BALL GAMES**



## ACADEMIC LANGUAGE QUIZ

#### Correct, precise, or on target

#### To propel and object by a movement of the arm & hand.



- b. Throw
- c. Force
- d. Accurate

- - a. Kick b. Throw
  - c. Strike
  - d. Punt

#### The time it takes to respond to what you hear, see, or feel.

- a. Agility
- b. Balance
- c. Reaction Time
- d. Coordination



#### Working free from outside control or lead.

- a. Independently
- b. Solo
- c. Single
- d. Cooperation

### To catch or pick up a ball in play.

- a. Outfield
- b. Catcher
- c. Fielding
- d. Second Base

#### The ability to change body position and direction quickly and efficiently.

- a. Balance
- b. Agility
- c. Quickness
- d. Power

Done with the arm or hand above shoulder level.

To hit forcibly and with purpose.



- a. Overhand
- b. Underhand
- c. Sidearm
- d. Knuckleball

- a. Bunt
- b. Home Run
- c. Ball
- d. Strike