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**ACTIVITY NAME**





**Equipment:**

* Equipment 1
* Equipment 2
* Equipment 3

**Set-Up:**

1. Set-up 1
2. Set-up 2
3. Set-up 3

* **Skill:** I will demonstrate…
* **Cognitive:** I will…
* **Personal & Social Responsibility:** I will…

**Activity Procedures:**

1. This fitness activity is called…
2. The object of the activity is to…
3. Instructions…
4. Instructions…

**Grade Level Progression:**

**L1:** Progression

**L2:** Progression

* Cue
* Cooperate
* Pace Your Activity

**ACTIVITY NAME**



Words, Words, Words



* **Standard 1 [Outcome Code]** Text
* **Standard 2 [Outcome Code]** Text
* **Standard 3 [Outcome Code]** Text
* **Standard 4 [Outcome Code]** Text
* **Standard 5 [Outcome Code]** Text



* **DOK 1:** Q…?
* **DOK 2:** Q…?
* **DOK 3:** Q…?
* **DOK 4:** Q…?



**Teaching Strategy:** Strategy description.



* UDA 1
* UDA 2