

## HOLISTIC PERFORMANCE RUBRIC

GRADE: \_\_\_\_\_ CLASS: \_\_\_\_\_

<b>Proficient 4</b>	Consistently performs safe and controlled locomotor skills, flag pulling, and handoffs. Holds the football correctly while traveling in open space. Looks for, locates, and moves into open space during game play. Conducts herself/himself safely and with consideration for others.
<b>Competent 3</b>	Performs skills with occasional errors in both form and outcome. Is able to move safely with acceptable control. Pulls and returns flags safely and appropriately. Performs handoffs with control. Protects the football when traveling in space. Moves safely without colliding with others. Conducts herself/himself safely without disrupting the learning environment.
<b>Lacks Competence 2</b>	Performs skills with frequent errors in both form and outcome. Has difficulty maintaining possession of the football while traveling. Has difficulty performing successful handoffs. Occasionally creates unsafe situations.
<b>Well Below Competence 1</b>	Displays unsatisfactory effort. Often breaks safety rules and disrupts the learning environment.

	Score	Comments
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