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| **­** | **Score** | **Comments** |
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| Proficient**4** | Consistently performs movements in 8-count patterns and on beat. Consistently combines locomotor skills and can change levels and directions in response to teacher cues. Conducts herself/himself safely and with consideration for others. |
| Competent**3** | Performs movements with occasional timing and rhythm errors. Has demonstrated locomotor combinations and changes in directions and levels with acceptable control and balance. Conducts herself/himself safely without disrupting the learning environment. |
| LacksCompetence**2** | Performs skills and movements with frequent errors. Has difficultly following cues with acceptable timing, control, and/or balance. Occasionally creates unsafe situations. |
| Well Below Competence**1** | Displays unsatisfactory effort. Often breaks safety rules and disrupts the learning environment. |