

SELF-ASSESSMENT

NAME: \_\_\_\_\_ GRADE: \_\_\_\_\_ CLASS: \_\_\_\_\_

Choose the level that describes your current skills and color that number of stars in the space provided for your assessment. If this is your pre-assessment, choose another level in the “Goal” column to show how much you’d like to improve your skills after some practice and hard work.



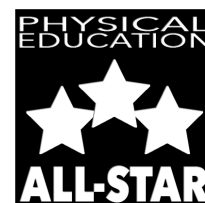
**Level 1:**

I’m in the **Minor Leagues**. I wish I could do this better, and so I will keep trying my best to improve.



**Level 2:**

I’m in the **Major Leagues**. Practice is helping, and I will keep trying my best to improve.



**Level 3:**

I’m an **All Star**. I can do this well. Practice worked, and now I want to keep learning more!

SKILL	PRE	GOAL	POST
<b>Communication</b>	★ ★ ★	★ ★ ★	★ ★ ★
<b>Hockey Pass</b>	★ ★ ★	★ ★ ★	★ ★ ★
<b>Hockey Shot</b>	★ ★ ★	★ ★ ★	★ ★ ★
<b>Working Cooperatively</b>	★ ★ ★	★ ★ ★	★ ★ ★
<b>Working Safely</b>	★ ★ ★	★ ★ ★	★ ★ ★