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| Proficient**4** | Consistently performs cradling, scooping, throwing, and catching skills with control and in combination with locomotor skills. Demonstrates an understanding of basic dodges and when to use them. Conducts herself/himself safely and with consideration for others. |
| Competent**3** | Performs skills with occasional errors in both form and outcome. Is able to throw and catch in non-dynamic activities. Has demonstrated an understanding of basic dodges. Conducts herself/himself safely without disrupting the learning environment. |
| LacksCompetence**2** | Performs skills with frequent errors in both form and outcome. Does not demonstrate an understanding of dodges. Cannot perform skill combinations. Occasionally creates unsafe situations. |
| Well Below Competence**1** | Displays unsatisfactory effort toward skill development. Often breaks safety rules and disrupts the learning environment. |