

FAN FAVORITE

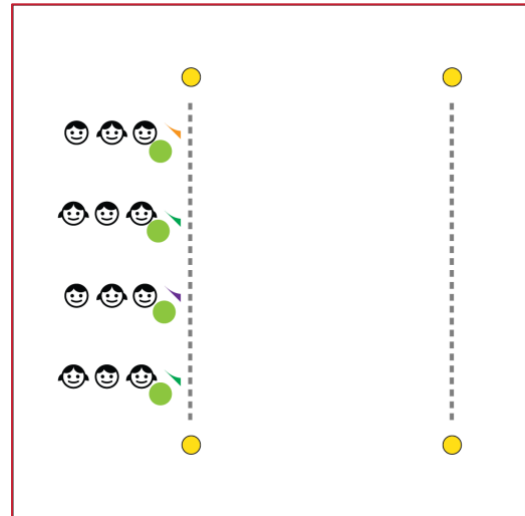
ACTIVITY SET-UP & PROCEDURE

Equipment:

- 1-Minute Challenge music or stopwatch ([iTunes](#), [Apple Music](#), [Spotify](#))
- 1 paper plate per contestant (as a fan)
- 1 scarf per contestant
- Spot markers, cones or tape to mark floor lines

Set-Up:

1. Using floor markers, create lines approximately 15 to 25 feet apart (experiment with distance and time to complete the challenge).
2. Groups of 2 or 3 students with one student as the participant and the others as her/his, “fan club.”



Activity Procedures:

1. It's Active Classroom time! We're going to play a 1-Minute Challenge called Fan Favorite. One player in your group will start. We'll then rotate so that everyone gets a chance to participate.
2. The object of the challenge is to use a paper plate to fan your scarf from the starting line, to the opposite line, and then back before 1 minute expires. Nothing can touch the scarf other than the air from your fan.
3. **TEACHER NOTES:**
 - ✓ Set the tone for encouragement. Model for students what encouraging language looks and sounds like. Recognize and celebrate encouraging language when you see and hear it!

Academic Language Focus:

- **Encourage** (verb) To offer support, confidence, or hope to someone else.
- Joshua knows that it's important to encourage his classmates with positive and appropriate words and actions.

STANDARDS & OUTCOMES ADDRESSED

Impulse Control (Self-Management)

Students can find it challenging to control their excitement while encouraging others. Use this activity as an opportunity to celebrate positive and appropriate encouragement.

Respect for Others (Social Awareness)

Competitive challenges provide opportunities to learn appropriate and respectful behaviors that fall within the social and ethical norms of the school community.

Communication Skills (Social Engagement)

Giving and receiving encouragement from our peers is an important benefit of social engagement. Use this activity to teach and assess communication skills. Like all skills, learning positive communication requires practice with errors and redirection.

DEBRIEF QUESTIONS

Depth of Knowledge (DOK) Tiered Question Sets:

- **DOK 1:** How can you recognize encouragement?
- **DOK 2:** What do you notice about your friends when you give them encouragement?
- **DOK 3:** How is positive language related to encouragement?
- **DOK 4:** Let's create a set of "Helpful Hints" that can be used to help people give encouragement to their friends and family.