

ACADEMIC LANGUAGE QUIZ

1

An overarching concept that places the responsibility of fair play on each player.

- a. Skills of the Game
- b. Spirit of Defense
- c. Rules of the Game
- d. Spirit of the Game

2

The amount of time that an offensive player can hold the disc after receiving it.

- a. Stall
- b. Violation
- c. Catch
- d. Pivot

3

The player on the opposing team that you are assigned to defend.

- a. Clear
- b. Mark
- c. Player
- d. Defense

4

To keep one foot in place while moving the other foot one step in any direction.

- a. Zig Zag
- b. Twist
- c. Pivot
- d. Travel

5

A loss of possession of the disc to the opposing team.

- a. Turnover
- b. Table-over
- c. Violation
- d. Move-over

6

An offensive move in which a player without the disc move to open space using sharp/quick movement.

- a. Cut
- b. Seam
- c. Spacer
- d. Isolation

7

A throw in which the disc moves across the body & released with forefinger pointed at the target.

- a. C-Catch
- b. Pancake
- c. Forehand
- d. Backhand

8

A throw in which the forefinger & middle finger are placed under the disc with the thumb on top.

- a. Forehand (Flick)
- b. Backhand
- c. Underhand
- d. Reacher