



## BASKETBALL ROUNDABOUT

# STUDENT TARGETS

- Skill: I will complete each basketball task using mature patterns and perfect form.
- Cognitive: I will discuss the rules and etiquette for participating in Skillastics® Basketball activities.
- Fitness: I will work to increase my heart rate.
- Personal & Social Responsibility: I will follow the rules and etiquette for Skillastics® Basketball.

## **TEACHING CUES**

- Knees Bent, Eyes Up
- Finger Pad Push
- Give to Your Waist
- Protect the Ball

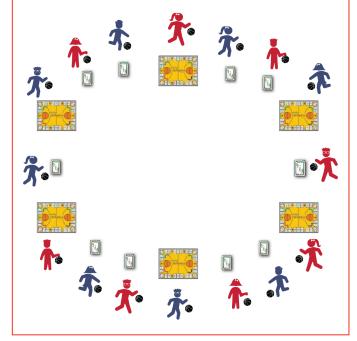
## **ACTIVITY SET-UP & PROCEDURE**

#### **Equipment:**

- 26 Skillastics® Basketball Task Cards
- 6 Skillastics® Miniature Mats
- 6 colored dice
- 6 beanbag markers
- 1 basketball per student

#### Set-Up:

- 1. Place the Skillastics® Miniature Mats in a large circle around the activity area. Space Skillastics® Basketball Task Cards evenly between the mats.
- 2. Pace a matching color die and beanbag on each
- 3. Send each student, with a ball, to a task card or mini-mat.



#### **Activity Procedures:**

- 1. This activity is called Basketball Roundabout. It is a station-style activity.
- 2. On the start signal, all students on a mini-mat will roll their die, move the beanbag that number of spaces on the mini-mat, and begin the task listed on the space the beanbag lands on. All students at a task card will perform the activity on the card.
- 3. We will perform each task for 1 minute (or other designated length of time). On the stop signal, bring your ball with you as you rotate clockwise. Wait for the start signal to roll your die and/or start a new task.

#### **Grade Level Progression:**

3<sup>rd</sup>: Play the activity as described above.

**4**<sup>th</sup>: Prompt students to change their locomotor movements while dribbling from mini-mats to task cards.

5<sup>th</sup>: Use a change of direction and/or speed signal. When students hear the signal, they will change direction and/or speed.









# TOOLS FOR LEARNING Skillastics BASKETBALL



#### **BASKETBALL ROUNDABOUT**

UNIVERSAL DESIGN ADAPTATIONS

- Provide a variety of balls that can be dribbled. Allow students to select the ball that will give them the best chance for success.
- Provide peer or adult coaches at mini-mats and task cards.

### ACADEMIC LANGUAGE

Actively Engage, Ball Handling, Control, Critical Cues, Dribble, Etiquette, Finger Pad, Independent

STANDARDS & OUTCOMES ADDRESSED

- Standard 1 [E6.3-4]: Performs a sequence of locomotor skills, transitioning from one skill to another smoothly/without hesitation (3); Combines traveling with manipulative skills of dribbling, throwing, catching, and striking in teacher- and/or student-designed small-sided practice tasks (4).
- Standard 1 [E17.3-5]: Dribbles and travels in general space at slow to moderate jogging speed with control of ball and body (3); Dribbles in self-space with both the preferred and the non-preferred hand using a mature pattern (4a); Dribbles in general space with control of ball and body while increasing and decreasing speed (4b); Combines hand dribbling with other skills during one-on-one practice tasks (5).
- Standard 4 [E5.3-5]: Recognizes the role of rules and etiquette in physical activity with peers (3); Exhibits etiquette and adherence to rules in a variety of physical activities (4); Critiques the etiquette involved in rules of various game activities (5).

## DEBRIEF QUESTIONS

### **BASKETBALL Depth of Knowledge**

- **DOK 1:** How can you recognize perfect form?
- **DOK 2:** How can you improve your control when performing practice tasks?
- **DOK 3:** How would you describe your effort to keep control of the basketball? Use specific examples to support your answer.

#### SOCIAL AND EMOTIONAL LEARNING Depth of Knowledge

- DOK 1: What does etiquette mean?
- DOK 2: How would you compare/contrast etiquette and rules?
- **DOK 2:** How is the etiquette of basketball different than the etiquette of the classroom? How is it the same?
- DOK 3: How is etiquette related to enjoyment?

TEACHING STRATEGY FOCUS Help students practice skills, strategies, and processes. This activity provides a management system that allows students to practice basketball-specific skills while also practicing the etiquette and process of Skillastics® Basketball participation. Remember to reinforce positive behaviors and skill performances while purposefully correcting both skill and behavior errors.



