

# Thankful Turkey Toss



## LEARNING TARGETS:

- **Skill:** I will accurately toss and catch overhand with a partner.
- **Cognitive:** I will identify offensive strategies to assist with moving to open space to receive a toss.
- **Physical Activity:** I will recognize the positive effects that being physically active has on my body.
- **SEL:** I will use communication skills to help establish a positive learning environment for myself and others.

## TARGET VOCABULARY:

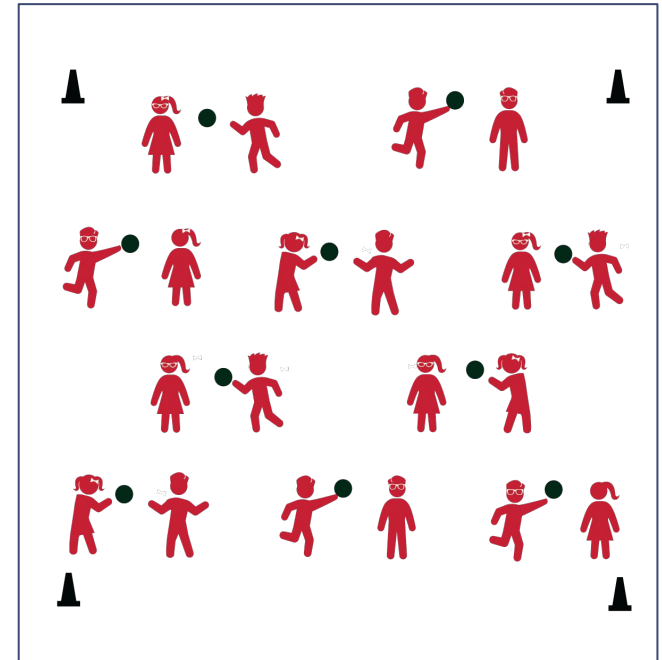
- Gratitude, Social Interaction, Actively Engage

## EQUIPMENT NEEDED:

- 1 ball per 2 students; boundary cones/markers

## ORGANIZE SPACE & STUDENTS:

- **Space:** Create a large activity area with cones around the perimeter.
- **Students:** Students get a partner and 1 ball for the group. Each group will begin facing their partner, and spread out in general space inside the cones.



## PROCEDURES:

- **The Object:** The object is to overhand toss with as many different partners as possible.
- **The Process:** On the start signal, the partner with the ball will begin with an overhand toss to their partner. Each pair will make 3 tosses, with the person tossing the ball stating something they are grateful for each time they toss. The partner who has the ball after 3 tosses will travel and find a new partner who does not have a ball.

## DEVELOPMENTAL MODIFICATIONS FOR DIFFERENTIATION:

- Allow students to throw underhand or roll the ball vs. use an overhand throw.
- Use a variety of different locomotor movements when travelling to find a new partner.
- Allow students to pass with their feet instead of their hands “soccer style” while stating something they are grateful for.

## DISCUSSION STARTERS:

- What are some things you are grateful for?
- What are some ways you can show someone, with your words or actions, that you are grateful for them?