

MONEY IN THE BANK

STUDENT TARGETS

- **Skill:** I will demonstrate all critical cues for shooting.
- **Cognitive:** I recite critical cues for shooting.
- **Fitness:** I will stay actively engaged at the intensity needed to raise my heart rate.
- **Personal & Social Responsibility:** I will use positive language to encourage my teammates and avoid trash talk or negative criticism.

TEACHING CUES

- Balance on the Platter
- Elbow Under the Ball
- Eyes on Target
- Follow-Through Snap

ACTIVITY SET-UP & PROCEDURE

Equipment:

- 4–6 basketball goals (i.e., baskets)
- 5 spot markers per goal
- 1 basketball per goal

Set-Up:

1. Set 5 spot markers in an arc at each goal; 1 spot on each low block, 1 spot in front of the goal, and 2 spots in between the blocks and the front of the goal.
2. Create even teams, 1 team per goal. Teams line up on the spot that's sitting on the right low block.
3. Large class sizes with a limited number of goals can play with 2 teams per hoop starting on opposite blocks.

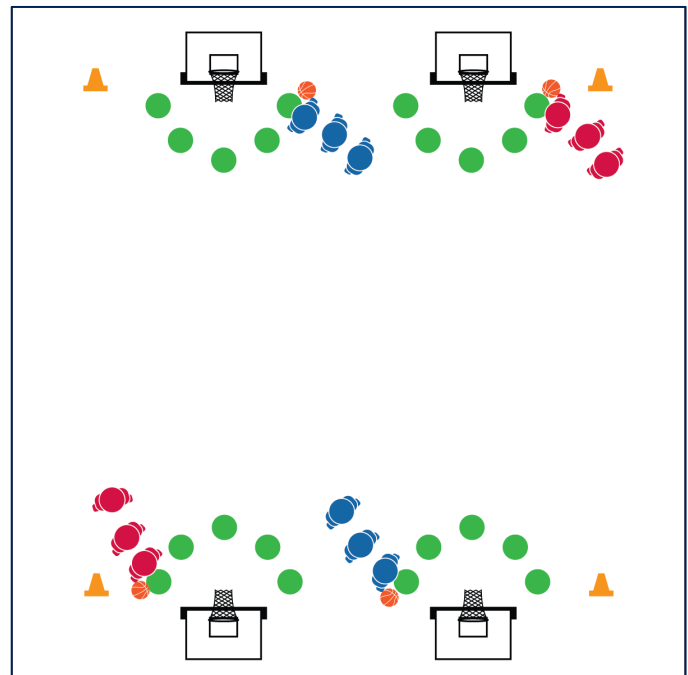
Activity Procedures:

1. Today's activity is called Money in the Bank! The object of the activity is to put money in the bank by putting 10 bucks in the bank at every poly spot. Each made shot from the spot is worth 2 bucks, and follow-up shots are worth 1 buck.
2. When I say "GO!" the 1st player on your team will shoot from the right low block. If she/he makes the shot, rebound it and pass to the next player in line for the next shot, and then go to the end of the line.
3. If a shot is missed, the shooter gets the rebound and can take 1 (only 1) follow-up shot.
4. Continue in this rotation until your team puts 10 bucks in the bank from that spot. After making the 10th buck, everyone on your team will yell-out, "Cha-Cha-Ching!" Then move to the next spot and continue your shooting and rebounding pattern.
5. When your team makes 10 bucks from each spot, everyone on your team will yell out, "Money in the bank!"

Grade Level Progression:

6th–7th: Play the activity as described above.

8th: For each follow-up shot, students must rebound the ball and dribble back to the spot to take their 2nd shot. Only 1 follow-up shot per turn.



MONEY IN THE BANK

UNIVERSAL DESIGN ADAPTATIONS

- Decrease the height of the goals.
- Use auditory cues to help students shoot toward the goal.
- Decrease the shooting distance.
- Use different size/weight balls.

ACADEMIC LANGUAGE

Encouragement, Follow-Through, Positive Language, Shoot, Social Interaction, Trash Talk

STANDARDS & OUTCOMES ADDRESSED

- **Standard 1 [M10.6-7]** Shoots on goal in a dynamic environment as appropriate to the activity (6); Shoots on goal with accuracy in small-sided game play (7).
- **Standard 5 [M6.6-8]:** Demonstrates respect for self and others in activities and games by following the rules, encouraging others, and playing within the spirit of the game or activity (6); Demonstrates the importance of social interaction by helping and encouraging others, avoiding trash talk, and providing support to classmates (7); Demonstrates respect for self by asking for help and helping others in various physical activities (8).

DEBRIEF QUESTIONS

- **DOK 1:** What are the critical cues for shooting?
- **DOK 2:** What do you know about the different types of shots used in basketball?
- **DOK 3:** Can you compare/contrast the advantages of the different shots used in basketball?
- **DOK 1:** How can you recognize positive language and social interaction during a competitive activity?
- **DOK 2:** How does encouragement affect your performance during a competitive activity? How does it affect your enjoyment?
- **DOK 3:** How would you describe healthy competition, using the activity Money in the Bank as an example?

TEACHING STRATEGY FOCUS

Organize students to interact with content. Competition is an important part of basketball culture for students as both participants and fans. Experiencing competition as a way to enhance sport experience is oftentimes a challenging balancing act. However, this type of interaction is essential as we work to encourage students to view basketball (and other sports) as a lifetime physical activity for both health enhancement and social interaction. It's important to take five minutes to debrief this experience in order to teach the meaning and importance of healthy competition.