

**INTERMEDIATE (3-5) PECAT SCORE CARDS**

**P**hysical **E**ducation **C**urriculum **A**nalysis **T**ool

A self-analysis tool from CDC Healthy Schools to assess physical education curricula.

*With OPEN’s Development Timeline as of April 21, 2024*

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| (Grade 3-5)SHAPE AMERICA**Standard** | **1** | Demonstrates competency in a variety of motor skills and movement patterns. |
| **PART 1** | Grade 3 | Grade 4 | Grade 5 |
| **GLO CODE** | **Outcomes** | **Content** | **Assessment** | **Outcomes** | **Content** | **Assessment** | **Outcomes** | **Content** | **Assessment** |
| **S1.E1**Locomotor | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S1.E2** Locomotor | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S1.E3** Locomotor | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S1.E4** Locomotor  | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S1.E5** Locomotor | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S1.E6** Locomotor | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S1.E7** Nonlocomotor | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S1.E8** Nonlocomotor | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S1.E9** Nonlocomotor | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S1.E10** Nonlocomotor | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S1.E11** Nonlocomotor | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S1.E12** Nonlocomotor | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S1.E13** Manipulative  | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S1.E14** Manipulative | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S1.E15** Manipulative | NA | NA | NA | YES | YES | YES | YES | YES | YES |

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| (Grade 3-5)SHAPE AMERICA**Standard** | **1** | Demonstrates competency in a variety of motor skills and movement patterns. |
| **PART 2** | Grade 3 | Grade 4 | Grade 5 |
| **GLO CODE** | **Outcomes** | **Content** | **Assessment** | **Outcomes** | **Content** | **Assessment** | **Outcomes** | **Content** | **Assessment** |
| **S1.E16** Manipulative | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S1.E17** Manipulative | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S1.E18** Manipulative | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S1.E19** Manipulative | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S1.E20** Manipulative | NA | NA | NA | YES | YES | YES | YES | YES | YES |
| **S1.E21** Manipulative | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S1.E22** Manipulative | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S1.E23** Manipulative | NA | NA | NA | YES | YES | YES | YES | YES | YES |
| **S1.E24** Manipulative | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S1.E25** Manipulative | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S1.E26** Manipulative | NA | NA | NA | YES | YES | YES | YES | YES | YES |
| **S1.E27** Manipulative | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| Total Boxes Checked | 23/23 | 23/23 | 23/23 | 27/27 | 27/27 | 27/27 | 27/27 | 27/27 | 27/27 |
| % by grade level | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% |
| **Overall & Development Need** | 100% of Standard 1Outcomes Included | Required: None |

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| (Grade 3-5)SHAPE AMERICA**Standard** | **2** | Applies knowledge of concepts, principles, strategies, and tactics related to movement and performance. |
|  | Grade 3 | Grade 4 | Grade 5 |
| **GLO CODE** | **Outcomes** | **Content** | **Assessment** | **Outcomes** | **Content** | **Assessment** | **Outcomes** | **Content** | **Assessment** |
| **S2.E1**Movement in Space | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S2.E2** Pathways, Shapes, and Levels | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S2.E3** Speed, Direction, Force | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S2.E4** Alignment & Muscle Tension | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S2.E5** Strategies and Tactics | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| Total Boxes Checked | 5/5 | 5/5 | 5/5 | 5/5 | 5/5 | 5/5 | 5/5 | 5/5 | 5/5 |
| %by grade level | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% |
| **Overall & Development Need** | 100% of Standard 2Outcomes Included | Required: None |

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| (Grade 3-5)SHAPE AMERICA**Standard** | **3** | Demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness. |
|  | Grade 3 | Grade 4 | Grade 5 |
| **GLO CODE** | **Outcomes** | **Content** | **Assessment** | **Outcomes** | **Content** | **Assessment** | **Outcomes** | **Content** | **Assessment** |
| **S3.E1**Physical Activity Knowledge | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S3.E2** Engages in Physical Activity | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S3.E3** FitnessKnowledge | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S3.E4** FitnessKnowledge | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S3.E5** Assessment & Program Planning | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S3.E6** Nutrition | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| Total Boxes Checked | 6/6 | 6/6 | 6/6 | 6/6 | 6/6 | 6/6 | 6/6 | 6/6 | 6/6 |
| %by grade level | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% |
| **Overall & Development Need** | 100% of Standard 3Outcomes Included | Required: None |

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| (Grade 3-5)SHAPE AMERICA**Standard** | **4** | Exhibits responsible personal and social behavior that respects self and others. |
|  | Grade 3 | Grade 4 | Grade 5 |
| **GLO CODE** | **Outcomes** | **Content** | **Assessment** | **Outcomes** | **Content** | **Assessment** | **Outcomes** | **Content** | **Assessment** |
| **S4.E1** Personal Responsibility | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S4.E2** Personal Responsibility | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S4.E3** Accepting Feedback | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S4.E4** Workingw/Others | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S4.E5** Rules andEtiquette | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S4.E6** Safety | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| Total Boxes Checked | 6/6 | 6/6 | 6/6 | 6/6 | 6/6 | 6/6 | 6/6 | 6/6 | 6/6 |
| %by grade level | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% |
| **Overall & Development Need** | 100% of Standard 4Outcomes Included | Required: None |

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| (Grade 3-5)SHAPE AMERICA**Standard** | **5** | Recognizes the value of physical activity for health, enjoyment, challenge, self-expression, and/or social interaction. |
|  | Grade 3 | Grade 4 | Grade 5 |
| **GLO CODE** | **Outcomes** | **Content** | **Assessment** | **Outcomes** | **Content** | **Assessment** | **Outcomes** | **Content** | **Assessment** |
| **S5.M1** Values PA for Health & Fitness | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S5.M2** Values PA for Challenge | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S5.M3** Self Expression & Enjoyment | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| **S5.M4** Values PA for Social Interaction | YES | YES | YES | YES | YES | YES | YES | YES | YES |
| Total Boxes Checked | 4/4 | 4/4 | 4/4 | 4/4 | 4/4 | 4/4 | 4/4 | 4/4 | 4/4 |
| %by grade level | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% |
| **Overall & Development Need** | 100% of Standard 5Outcomes Included | Required: None |

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| PECAT STANDARDS SCORECARD: **OPEN INTERMEDIATE (3-5) CURRICULUM RESOURCES** |
| (Grade 3-5)SHAPE AMERICA**Standard** | **Grade 3** | **Grade 4** | **Grade 5** |  |  |
| **Outcome** | **Content** | **Assess** | **Outcome** | **Content** | **Assess** | **Outcome** | **Content** | **Assess** | **TOTAL** | **%** |
| **1** | 23/23 | 23/23 | 23/23 | 27/27 | 27/27 | 27/27 | 27/27 | 27/27 | 27/27 | **231/231** | 100% |
| **2** | 5/5 | 5/5 | 5/5 | 5/5 | 5/5 | 5/5 | 5/5 | 5/5 | 5/5 | **45/45** | 100% |
| **3** | 6/6 | 6/6 | 6/6 | 6/6 | 6/6 | 6/6 | 6/6 | 6/6 | 6/6 | **54/54** | 100% |
| **4** | 6/6 | 6/6 | 6/6 | 6/6 | 6/6 | 6/6 | 6/6 | 6/6 | 6/6 | **54/54** | 100% |
| **5** | 4/4 | 4/4 | 4/4 | 4/4 | 4/4 | 4/4 | 4/4 | 4/4 | 4/4 | **36/36** | 100% |
|  |
| **TOTAL** | 44/44 | 44/44 | 44/44 | 48/48 | 48/48 | 48/48 | 48/48 | 48/48 | 48/48 | **420/420** | **100%** |
| **%** | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | **100%** |  |

**OPEN’s Intermediate School (3-5) Curriculum PECAT SCORE is 100%.**

*Every SHAPE America GLO is fully met for Grade 3-5.*