



Online Physical Education Network

INTERMEDIATE (3-5) PECAT SCORE CARDS

Physical Education Curriculum Analysis Tool

A self-analysis tool from CDC Healthy Schools to assess physical education curricula.

With OPEN's Development Timeline as of April 21, 2024

(Grade 3-5) SHAPE AMERICA Standard		1		Demonstrates competency in a variety of motor skills and movement patterns.						
PART 1		Grade 3			Grade 4			Grade 5		
GLO CODE	Outcomes	Content	Assessment	Outcomes	Content	Assessment	Outcomes	Content	Assessment	
S1.E1 Locomotor	YES	YES	YES	YES	YES	YES	YES	YES	YES	
S1.E2 Locomotor	YES	YES	YES	YES	YES	YES	YES	YES	YES	
S1.E3 Locomotor	YES	YES	YES	YES	YES	YES	YES	YES	YES	
S1.E4 Locomotor	YES	YES	YES	YES	YES	YES	YES	YES	YES	
S1.E5 Locomotor	YES	YES	YES	YES	YES	YES	YES	YES	YES	
S1.E6 Locomotor	YES	YES	YES	YES	YES	YES	YES	YES	YES	
S1.E7 Nonlocomotor	YES	YES	YES	YES	YES	YES	YES	YES	YES	
S1.E8 Nonlocomotor	YES	YES	YES	YES	YES	YES	YES	YES	YES	
S1.E9 Nonlocomotor	YES	YES	YES	YES	YES	YES	YES	YES	YES	
S1.E10 Nonlocomotor	YES	YES	YES	YES	YES	YES	YES	YES	YES	
S1.E11 Nonlocomotor	YES	YES	YES	YES	YES	YES	YES	YES	YES	
S1.E12 Nonlocomotor	YES	YES	YES	YES	YES	YES	YES	YES	YES	
S1.E13 Manipulative	YES	YES	YES	YES	YES	YES	YES	YES	YES	
S1.E14 Manipulative	YES	YES	YES	YES	YES	YES	YES	YES	YES	
S1.E15 Manipulative	NA	NA	NA	YES	YES	YES	YES	YES	YES	

(Grade 3-5) SHAPE AMERICA Standard	1		Demonstrates competency in a variety of motor skills and movement patterns.						
PART 2	Grade 3			Grade 4			Grade 5		
GLO CODE	Outcomes	Content	Assessment	Outcomes	Content	Assessment	Outcomes	Content	Assessment
S1.E16 Manipulative	YES	YES	YES	YES	YES	YES	YES	YES	YES
S1.E17 Manipulative	YES	YES	YES	YES	YES	YES	YES	YES	YES
S1.E18 Manipulative	YES	YES	YES	YES	YES	YES	YES	YES	YES
S1.E19 Manipulative	YES	YES	YES	YES	YES	YES	YES	YES	YES
S1.E20 Manipulative	NA	NA	NA	YES	YES	YES	YES	YES	YES
S1.E21 Manipulative	YES	YES	YES	YES	YES	YES	YES	YES	YES
S1.E22 Manipulative	YES	YES	YES	YES	YES	YES	YES	YES	YES
S1.E23 Manipulative	NA	NA	NA	YES	YES	YES	YES	YES	YES
S1.E24 Manipulative	YES	YES	YES	YES	YES	YES	YES	YES	YES
S1.E25 Manipulative	YES	YES	YES	YES	YES	YES	YES	YES	YES
S1.E26 Manipulative	NA	NA	NA	YES	YES	YES	YES	YES	YES
S1.E27 Manipulative	YES	YES	YES	YES	YES	YES	YES	YES	YES
Total Boxes Checked	23/23	23/23	23/23	27/27	27/27	27/27	27/27	27/27	27/27
% by grade level	100%	100%	100%	100%	100%	100%	100%	100%	100%
Overall & Development Need	100% of Standard 1 Outcomes Included			Required: None					

(Grade 3-5) SHAPE AMERICA Standard	2		Applies knowledge of concepts, principles, strategies, and tactics related to movement and performance.						
	Grade 3			Grade 4			Grade 5		
GLO CODE	Outcomes	Content	Assessment	Outcomes	Content	Assessment	Outcomes	Content	Assessment
S2.E1 Movement in Space	YES	YES	YES	YES	YES	YES	YES	YES	YES
S2.E2 Pathways, Shapes, and Levels	YES	YES	YES	YES	YES	YES	YES	YES	YES
S2.E3 Speed, Direction, Force	YES	YES	YES	YES	YES	YES	YES	YES	YES
S2.E4 Alignment & Muscle Tension	YES	YES	YES	YES	YES	YES	YES	YES	YES
S2.E5 Strategies and Tactics	YES	YES	YES	YES	YES	YES	YES	YES	YES
Total Boxes Checked	5/5	5/5	5/5	5/5	5/5	5/5	5/5	5/5	5/5
% by grade level	100%	100%	100%	100%	100%	100%	100%	100%	100%
Overall & Development Need	100% of Standard 2 Outcomes Included			Required: None					

(Grade 3-5) SHAPE AMERICA Standard	3			Demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.					
	Grade 3			Grade 4			Grade 5		
GLO CODE	Outcomes	Content	Assessment	Outcomes	Content	Assessment	Outcomes	Content	Assessment
S3.E1 Physical Activity Knowledge	YES	YES	YES	YES	YES	YES	YES	YES	YES
S3.E2 Engages in Physical Activity	YES	YES	YES	YES	YES	YES	YES	YES	YES
S3.E3 Fitness Knowledge	YES	YES	YES	YES	YES	YES	YES	YES	YES
S3.E4 Fitness Knowledge	YES	YES	YES	YES	YES	YES	YES	YES	YES
S3.E5 Assessment & Program Planning	YES	YES	YES	YES	YES	YES	YES	YES	YES
S3.E6 Nutrition	YES	YES	YES	YES	YES	YES	YES	YES	YES
Total Boxes Checked	6/6	6/6	6/6	6/6	6/6	6/6	6/6	6/6	6/6
% by grade level	100%	100%	100%	100%	100%	100%	100%	100%	100%
Overall & Development Need	100% of Standard 3 Outcomes Included			Required: None					

(Grade 3-5) SHAPE AMERICA Standard	4			Exhibits responsible personal and social behavior that respects self and others.					
	Grade 3			Grade 4			Grade 5		
GLO CODE	Outcomes	Content	Assessment	Outcomes	Content	Assessment	Outcomes	Content	Assessment
S4.E1 Personal Responsibility	YES	YES	YES	YES	YES	YES	YES	YES	YES
S4.E2 Personal Responsibility	YES	YES	YES	YES	YES	YES	YES	YES	YES
S4.E3 Accepting Feedback	YES	YES	YES	YES	YES	YES	YES	YES	YES
S4.E4 Working w/Others	YES	YES	YES	YES	YES	YES	YES	YES	YES
S4.E5 Rules and Etiquette	YES	YES	YES	YES	YES	YES	YES	YES	YES
S4.E6 Safety	YES	YES	YES	YES	YES	YES	YES	YES	YES
Total Boxes Checked	6/6	6/6	6/6	6/6	6/6	6/6	6/6	6/6	6/6
% by grade level	100%	100%	100%	100%	100%	100%	100%	100%	100%
Overall & Development Need	100% of Standard 4 Outcomes Included			Required: None					

(Grade 3-5) SHAPE AMERICA Standard	5		Recognizes the value of physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.						
	Grade 3			Grade 4			Grade 5		
GLO CODE	Outcomes	Content	Assessment	Outcomes	Content	Assessment	Outcomes	Content	Assessment
S5.M1 Values PA for Health & Fitness	YES	YES	YES	YES	YES	YES	YES	YES	YES
S5.M2 Values PA for Challenge	YES	YES	YES	YES	YES	YES	YES	YES	YES
S5.M3 Self Expression & Enjoyment	YES	YES	YES	YES	YES	YES	YES	YES	YES
S5.M4 Values PA for Social Interaction	YES	YES	YES	YES	YES	YES	YES	YES	YES
Total Boxes Checked	4/4	4/4	4/4	4/4	4/4	4/4	4/4	4/4	4/4
% by grade level	100%	100%	100%	100%	100%	100%	100%	100%	100%
Overall & Development Need	100% of Standard 5 Outcomes Included			Required: None					

PECAT STANDARDS SCORECARD: OPEN INTERMEDIATE (3-5) CURRICULUM RESOURCES

(Grade 3-5) SHAPE AMERICA Standard	Grade 3			Grade 4			Grade 5			TOTAL	%
	Outcome	Content	Assess	Outcome	Content	Assess	Outcome	Content	Assess		
1	23/23	23/23	23/23	27/27	27/27	27/27	27/27	27/27	27/27	231/231	100%
2	5/5	5/5	5/5	5/5	5/5	5/5	5/5	5/5	5/5	45/45	100%
3	6/6	6/6	6/6	6/6	6/6	6/6	6/6	6/6	6/6	54/54	100%
4	6/6	6/6	6/6	6/6	6/6	6/6	6/6	6/6	6/6	54/54	100%
5	4/4	4/4	4/4	4/4	4/4	4/4	4/4	4/4	4/4	36/36	100%
TOTAL	44/44	44/44	44/44	48/48	48/48	48/48	48/48	48/48	48/48	420/420	100%
%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	

OPEN's Intermediate School (3-5) Curriculum PECAT SCORE is 100%.

Every SHAPE America GLO is fully met for Grade 3-5.