



CONTINUOUS WALL BALL

Social & Emotional Learning Competencies: (adapted from CASEL.org)

- Self-Management: Impulse control. Students demonstrate the ability to control emotions and actions.
- Relationship Skills: Cooperate and negotiate conflict. Students demonstrate the ability to follow activity rules and etiquette, and calmly and constructively discuss game disputes.

EQUIPMENT NEEDED:

- Brick wall with large open space, 1 small and soft rubber bounce ball

ORGANIZE:

- **Space:** Clear the area next to a large brick wall.
- **Students:** Players stand facing the wall, 1 student with the ball.

HOW TO PLAY:

- **The Object:** To catch a ball thrown at a brick wall. If someone catches the ball before it hits the ground, the thrower is out. If a ball is caught after 1 bounce, the catcher becomes the new thrower.
- **The Process:** Play begins with a throw that bounces off the wall. If a player tries to catch a ball and they touch the ball but miss the catch (drop it), that player must run and touch the wall before another player picks up the ball, throws it at the wall, and it hits the wall. The runner must beat the ball to the wall. If not, they're out.
- When players are out they must watch the game closely. When the player who got them out makes an error and goes out, they can reenter the game and start again.

HELPFUL TIP:

- Monitor Wall Ball to be sure students do not throw the ball at each other. If they do, that player cannot play again for 1 full recess period. If the problem continues, the player cannot play Wall Ball during recess.

SEL DISCUSSION STARTERS:

- What would you include a list about Wall Ball safety? How does safety affect how much fun you have?
- Let's create a list of consequences for unsafe or unsportsmanlike Wall Ball behavior.

