



## CONE HOLE

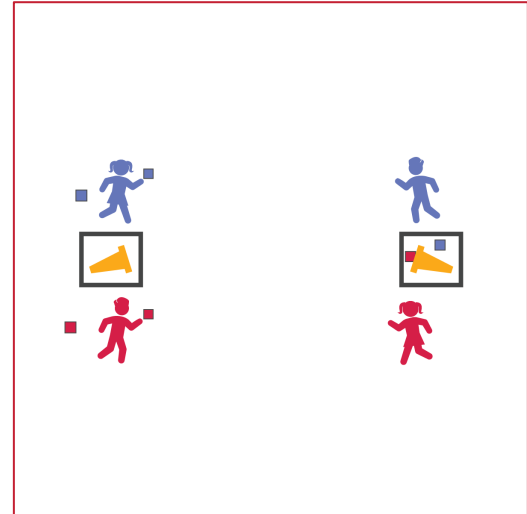
### ACTIVITY SET-UP & PROCEDURE

#### Equipment:

- (2) 12" cones
- (2) 24" squares painted on the blacktop (you can also use 2 hula hoops)
- 6 beanbags

#### Set-Up:

- ✓ Place 2 cones 10–20 feet apart, depending on student skill level. Place cones in squares and on their sides, with the bottom of each cone facing the thrower on the other end of the activity area.
- ✓ 6 beanbags next to 1 of the cones.



#### How to Play:

1. Let's make Recess Matter with Cone Hole! The object of this activity is to score points by tossing beanbags into the cone on the other side of the activity area.
2. If you're playing 1-on-1 with a friend, you will each stand opposite each other next to a cone. If you're playing with a team (2-on-2), you will stand opposite your teammate and next to one of the opposing players.
3. Take turns tossing the beanbag underhand toward your target cone. Each player gets 3 tosses. A toss in the cone's hole is 3 points. A toss that touches the cone but doesn't go in the hole is 2 points. A toss that lands in the square is 1 point (optional).
4. Add the point total for each team, then subtract the lower score from the higher score. The team with the higher score gets the difference between the 2 scores. For example, if team A scored 3 points and team B scored 2 points, then team A would get 1 point for that round.
5. Continue taking turns until 1 team reaches a set point limit (e.g., 11 points or 21 points).

#### Helpful Tip:

- ✓ If students have difficulty with the scoring math, allow them to add up and keep the points they score. The game will go more quickly, so set the point limit to 21.

#### Social and Emotional Learning Competencies (adapted from CASEL.org)

- ✓ Self-Management: Impulse control. Students demonstrate the ability to control their emotions and actions as they win and lose points.
- ✓ Relationship Skills: Cooperate and negotiate conflict. Students demonstrate the ability to follow activity rules and etiquette, and calmly and constructively discuss game disputes.

#### SEL Conversation Starters:

- ✓ **Level 1 Question:** How can you recognize fair play?
- ✓ **Level 2 Question:** Can you summarize why fair play is important during recess?
- ✓ **Level 3 Question:** How is fair play related to being a good friend and teammate?