**About This Module**

Every year, right around the holiday season, students start to fall into a frenzy of excitement, forget their impulse control basics, and could use a little physical education etiquette reminder. This winter-themed instant activity module was designed just for that. We’ve created 11 fun and engaging instant activities with social and emotional learning academic language posters focused on the CASEL SEL competencies. Each academic language word are reinforce in a new SEL Vocabular Journal modeled after the journal charts described in Marine Freibrun’s example in her blog post – 5 Tips for Teaching Academic Language (<https://minds-in-bloom.com/5-tips-for-teaching-academic-language/>).

**How to Use This Module**

There are two suggested ways to implement this module. First, introduce 1 instant activity per class across a series of complete lessons. Focus on the academic language work throughout the lessons with students completing the journal page as an exit assessment. Second, plan 3 complete Winter Wonderland lessons with 3 or 4 instant activities per lesson. Students will take 5 to 10 minutes at the end of class to complete and discuss their journals. Start each lesson with a recap discussion of the previous day’s journal pages.

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| Polar Bear Cave | Responsible Behaviors & Values PA | Responsible Decision Making |
| Ice Fishing | Responsible Behaviors & Values PA | Social Awareness |
| Elf on the Shelf Tag | Responsible Behaviors & Values PA | Responsible Decision Making |
| N Pole VS S Pole | Responsible Behaviors & Values PA | Self-Management |
| Gift Ninjas | Responsible Behaviors & Values PA | Self-Awareness |
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| Academic Language Cards |  |  |
| **Student Assessments** |  |  |
| SEL Vocabulary Journal   * (For Grades 3-8) | ALL | ALL |

**Equipment Needed**

Foam Balls Low-Profile Cones Game Cones

Beanbags Hula Hoops Spot Markers

Foam Dice Mesh Equipment Bags Scarves

Pool Noodles (cut in half) Music and Music Player