

## MODULE OVERVIEW

### About This Module

Every year, right around the holiday season, students start to fall into a frenzy of excitement, forget their impulse control basics, and could use a little physical education etiquette reminder. This winter-themed instant activity module was designed just for that. We've created 11 fun and engaging instant activities with social and emotional learning academic language posters focused on the CASEL SEL competencies. Each academic language word are reinforce in a new SEL Vocabular Journal modeled after the journal charts described in Marine Freibrun's example in her blog post – 5 Tips for Teaching Academic Language (<https://minds-in-bloom.com/5-tips-for-teaching-academic-language/>).

### How to Use This Module

There are two suggested ways to implement this module. First, introduce 1 instant activity per class across a series of complete lessons. Focus on the academic language work throughout the lessons with students completing the journal page as an exit assessment. Second, plan 3 complete Winter Wonderland lessons with 3 or 4 instant activities per lesson. Students will take 5 to 10 minutes at the end of class to complete and discuss their journals. Start each lesson with a recap discussion of the previous day's journal pages.

### Table of Contents

RESOURCES	PRIORITY OUTCOMES	SEL COMPETENCIES
Module Overview		
<b>Activity Plans</b>		
Snowmobile Tag	Responsible Behaviors & Values PA	Self-Management
Polar Bear Cave	Responsible Behaviors & Values PA	Responsible Decision Making
Ice Fishing	Responsible Behaviors & Values PA	Social Awareness
Elf on the Shelf Tag	Responsible Behaviors & Values PA	Responsible Decision Making
N Pole VS S Pole	Responsible Behaviors & Values PA	Self-Management
Gift Ninjas	Responsible Behaviors & Values PA	Self-Awareness
Gift Wrappers	Responsible Behaviors & Values PA	Self-Awareness
Gingerbread Gumdrops	Responsible Behaviors & Values PA	Self-Awareness
Christmas Tree Relay	Responsible Behaviors & Values PA	Social Awareness
Menorah Relay	Responsible Behaviors & Values PA	Social Awareness
Kinara Relay	Responsible Behaviors & Values PA	Social Awareness
Academic Language Cards		
<b>Student Assessments</b>		
SEL Vocabulary Journal - (For Grades 3-8)	ALL	ALL

### Equipment Needed

Foam Balls	Low-Profile Cones	Game Cones
Beanbags	Hula Hoops	Spot Markers
Foam Dice	Mesh Equipment Bags	Scarves
Pool Noodles (cut in half)	Music and Music Player	