Instructions: Watch [this video on YouTube](https://www.youtube.com/watch?v=dQw4w9WgXcQ) and then answer the questions below.

**[Writing Prompt 1]** When their community had to face the unexpected tragedy of a devastating fire, the students of Paradise High School talked about having a mix of emotions. Some of those emotions were difficult to describe.

Create a list of words or phrases that can help describe your emotions and how you feel about this extended time out of school.

**[Writing Prompt 2]** We often lean on our friends, teachers, and family members when we feel stressed, scared, or confused. But it’s also important to practice safe social distancing. Think about friends and family members who might need to lean on you now.

List 3 things you can do to support friends and family while also practicing safe social distancing.

**[Writing Prompt 3]** One important trait of great leadership during a challenge is the ability to communicate optimism to others.

List 3 ways that we can help our friends and family members stay optimistic during this period of social distancing. Focus on what we can be grateful for and what we can look forward to in the future.