



Season 2 | Episode 6  
**Ken Nwadike Jr.**

**Instructions:** Watch the video on YouTube ([LINK HERE](#)), and then answer the questions below on this page.

**[Writing Prompt 1]** In a time of social and physical distancing we have to find new ways to show people we are there for them and care about them. Create a list of 6 safe things that you could do to show the people you care about that you're there with them.

**[Writing Prompt 2]** Ken and Kevin meet a young man in a homeless shelter that was an amazing piano player. Kevin reminds us that you never know where great talent will be found. You have great talents too and when you develop your talent through hard work, you're giving a gift to the rest of the world. It's time to make a 2-week commitment to that talent. Write one of your skills, abilities, talents that you will work to develop over the next 2 weeks (and beyond).

**[Writing Prompt 3]** Ken took action to make the world a place of love and belonging. He chose to live his truth. Ken simply showed up to a running race and provided free hugs. Pretty simple.

What is one simple thing that you can do to use your talent and take action today, tomorrow, and the next day that can help you live your truth and make the world a better place?

share your dreams and goals on social media using #believeinyouchallenge