**Practice Plan Number 3**

National Field Day is almost here! How are you feeling?



**Before** you practice the events below, which do you think you’ll like the most? Why?

|  |  |  |  |
| --- | --- | --- | --- |
| **Event Name** | **Practice Day 1** | **Practice Day 2** | Rate 1 thru 4*1 = Not Fun**4 = Most Fun* |
| **Score 1** | **Score 2** | **Score 1** | **Score 2** |
| **Backboard Bank It** |  |  |  |  |  |
| **Coin Flip 400-Meter Dash** |  |  |  |  |  |
| **Fan-A-War** |  |  |  |  |  |
| **Fast Folder** |  |  |  |  |  |
| **Flip Your Lid** |  |  |  |  |  |
| **Keep It Up** |  |  |  |  |  |
| **Look for the Good** |  |  |  |  |  |
| **Scavenger Hunt** |  |  |  |  |  |
| **Tennis Shoe Tower** |  |  |  |  |  |
| **Wash Your Hand Relay** |  |  |  |  |  |

Now that you have practiced these events, which activity did you like the most and why?