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The OPEN National Training team delivers focused professional learning that improves teacher effectiveness and drives student results

To learn more about our on-site professional development: OPENPhysEd.org/professional-learning-menu

EXPLORE TOPICS LIKE
The Academic Language of Invasion Games

Here’s what one participant had to say:
“Thank you so much! It was a great review of academic language, and I learned a lot of new ideas for using OPEN resources in ways that will help my students. My professional learning goal for this school year was to include more academic language in my classroom. I should have known OPEN had everything and more for this! Thanks for this video training and to the OPEN team for the endless resources!”
Contact Hour Courses are designed as enriched professional learning.

Expanded Content Courses are designed to meet district professional learning needs.

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Universal Design for Learning (UDL) is a strategy for eliminating instructional and environmental barriers for every member of a learning community.

OPEN embraces this responsibility and includes UDL suggestions and modifications on every OPEN activity plan. The instructional tools selected for this catalog represent one part of the UDL equation. Teacher commitment and creativity are also required to allow UDL to become a reality for all students. Thank you for working toward UDL for your students.

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**FOAM BALLS**

### BOUNCE FOAM BALLS
- High density coated foam balls are lively and bouncy
- Use for teaching dribbling, kicking and bouncing lead up skills
- Tear-resistant cover is washable, non-toxic and can easily be disinfected
- Color My Class set includes one of each color: Blue, Green, Orange, Purple, Red and Yellow

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Size</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1395254</td>
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</tr>
<tr>
<td>1395255</td>
<td>8 1/4&quot;</td>
<td>$159.99 SET OF 6</td>
<td></td>
</tr>
</tbody>
</table>

### SOFT-LOW BOUNCE TUFF BALLS
- Our coated foam balls are soft, squeezable and built to last
- Durable enough for all playground and indoor games
- Builds confidence and enhances skill development
- Easy to catch, grip and control
- Tear-resistant cover is washable, non-toxic and can be disinfected

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Size</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
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<tr>
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<tr>
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<td>$19.99 EA</td>
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<tr>
<td>1236149</td>
<td>8 1/4&quot;</td>
<td>Color My Class</td>
<td>$169.99 SET OF 6</td>
</tr>
</tbody>
</table>

### FACE ‘EM TUFF BALLS
- Combine emotion and movement
- 7" coated foam balls that allow students to express themselves
- Color My Class set includes 1 of each color: Blue (sad), Green (silly), Orange (excited), Purple (anxious), Red (disappointed) and Yellow (happy)

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1453553</td>
<td>Color My Class</td>
<td>$19.99 SET OF 6</td>
</tr>
</tbody>
</table>

### 6 1/4" NEON “SOFTI” TUFF BALLS
- Soft, squeezable coated foam balls in exciting bright colors
- Soft enough for indoor play and “tuff” enough for rugged playground activities
- Easy to catch, grip and control

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Size</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1274967</td>
<td>6 1/4&quot;</td>
<td>$88.99 SET OF 6</td>
<td></td>
</tr>
</tbody>
</table>

### ECONOMY FOAM BALLS - UNCOATED
- Soft, lightweight balls for a variety of indoor activities
- Ideal for lead-up ball games
- Colors may vary

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Size</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
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<td>$16.99</td>
</tr>
<tr>
<td>660</td>
<td>8&quot;</td>
<td>$17.99</td>
</tr>
</tbody>
</table>
**TUFF MEDIUM DENSITY SPECIALTY BALLS**
- Firmer and larger than the Softi, yet appropriately sized for children
- Recommended for activities requiring greater ball action and weight than the Softi can provide

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Description</th>
<th>Size</th>
<th>Color 1</th>
<th>Color 2</th>
<th>Color 3</th>
<th>Price 1</th>
<th>Price 2</th>
</tr>
</thead>
<tbody>
<tr>
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<td>6&quot;</td>
<td>$18.99</td>
<td>$24.99</td>
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<td>1092270</td>
<td>8&quot; Diameter</td>
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<td>$19.99</td>
<td>$24.99</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**SEE THRU KNOBBY BALLS**
- Soft, flexible foam-like balls with tactile bumps
- Transparent and lightweight
- Easy to catch and grasp
- Easy to track, slow moving balls = greater success
- Inflate to meet the needs of players’ skill levels
- Color My Class set includes one of each color: Blue, Green, Orange, Purple, Red and Yellow

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Description</th>
<th>Diameter</th>
<th>Color 1</th>
<th>Color 2</th>
<th>Color 3</th>
<th>Price 1</th>
<th>Price 2</th>
</tr>
</thead>
<tbody>
<tr>
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<td>6&quot; Diameter</td>
<td>6&quot; Special</td>
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<td>$24.99</td>
<td></td>
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<td></td>
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<tr>
<td>1092370</td>
<td>8&quot; Diameter</td>
<td>8&quot; Allround</td>
<td>$19.99</td>
<td>$24.99</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**P.G. SOF'S**
- Roto-molded from foamed vinyl
- Combine the best features of playground balls and coated foam balls
- Supple, squeezable, sting-free and bounce like a rubber ball
- Vary the diameter of each ball for desired softness and bounce
- Color My Class set includes 1 of each color: Blue, Green, Orange, Purple, Red and Yellow

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Description</th>
<th>Diameter</th>
<th>Color 1</th>
<th>Color 2</th>
<th>Color 3</th>
<th>Price 1</th>
<th>Price 2</th>
</tr>
</thead>
<tbody>
<tr>
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<tr>
<td>1251913</td>
<td>7&quot; Allround</td>
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<td>1251920</td>
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<td>6&quot; Playball</td>
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<tr>
<td>1255119</td>
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<tr>
<td>1255102</td>
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<td>$45.99</td>
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</table>

**Voit**
- Durable ball, perfect to learn lead-up skills
- Features high-density foam covered in “tuff” vinyl
- Color Options: Blue, Green, Orange, Purple, Red, Yellow.

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Description</th>
<th>Size</th>
<th>Price 1</th>
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<tbody>
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<td>1243987</td>
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<td></td>
</tr>
<tr>
<td>1369585</td>
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<td>$39.99</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1369584</td>
<td>Size 5 - Color My Class</td>
<td>$45.99</td>
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</table>

<table>
<thead>
<tr>
<th>Item Code</th>
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<th>Size</th>
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<th>Price 2</th>
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<td></td>
<td></td>
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<tr>
<td>1243925</td>
<td>Junior - Color My Class</td>
<td>$13.99</td>
<td></td>
<td></td>
</tr>
<tr>
<td>44096</td>
<td>Mini - 8 1/2&quot;</td>
<td>$20.99</td>
<td></td>
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</tr>
<tr>
<td>1243864</td>
<td>Mini - Color My Class</td>
<td>$40.99</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
**OPEN® POLY PG BALLS**

- 8 1/4" and latex free
- Easy to grip with a textured design
- Durable and economical

**Color Options:** Blue, Green, Orange, Purple, Red, Yellow.

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Description</th>
<th>Color</th>
<th>Price</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>154470</td>
<td>Specify Color</td>
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<td>SET OF 6</td>
</tr>
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<td>1369483</td>
<td>Color My Class</td>
<td>13/4&quot;</td>
<td>41.99</td>
<td>SET OF 6</td>
</tr>
</tbody>
</table>

**NUMBERED PLAYGROUND BALLS**

- Popular, 8 1/2" purple playground ball with numbers and stars
- Use to create fun, common core activities
- Ideal for sequencing drills and other low impact games
- Include numerical skills in your physical activities for children with intellectual disabilities

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Description</th>
<th>Color</th>
<th>Price</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>20021539</td>
<td>8 1/2&quot;</td>
<td>Purple</td>
<td>66.99</td>
<td>SET OF 6</td>
</tr>
</tbody>
</table>

**YELLOW ENDURO SERIES PLAYGROUND BALLS**

- Designed for tough playground activities - kicking, batting, bouncing
- Nylon wound construction adds durability and air and shape retention
- Harder than standard playground balls
- Not recommended for bombardment activities

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Description</th>
<th>Color</th>
<th>Price</th>
<th>Quantity</th>
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</thead>
<tbody>
<tr>
<td>1546</td>
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<td>Yellow</td>
<td>79.99</td>
<td>EA</td>
</tr>
<tr>
<td>1548</td>
<td>10&quot;</td>
<td>Yellow</td>
<td>124.99</td>
<td>EA</td>
</tr>
</tbody>
</table>

**4-SQUARE UTILITY BALLS**

- Our toughest most durable playground ball!
- Nylon wound for more durability and shape retention
- Designed to withstand all high-impact playground activities
- Color Options: Blue, Green, Orange, Purple, Yellow.

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Description</th>
<th>Color</th>
<th>Price</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>154470</td>
<td>Specify Color</td>
<td>Yellow</td>
<td>79.99</td>
<td>EA</td>
</tr>
<tr>
<td>1369483</td>
<td>Color My Class</td>
<td>Yellow</td>
<td>41.99</td>
<td>SET OF 6</td>
</tr>
</tbody>
</table>

**4-SQUARE UTILITY BALLS**

- 8 1/2" nylon wound utility ball for increased air and shape retention
- Designed for the game of 4-Square or for kicking, striking and hard impact activities

<table>
<thead>
<tr>
<th>Part Number</th>
<th>Description</th>
<th>Color</th>
<th>Price</th>
<th>Quantity</th>
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</thead>
<tbody>
<tr>
<td>1520</td>
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<td>13/4&quot;</td>
<td>48.99</td>
<td>SET OF 6</td>
</tr>
</tbody>
</table>
LOCOMOTOR AND MANIPULATIVE SKILLS PRIMARY (K-2)
Get this complete module now!
openphysed.org/curriculum_resources/locomotor-and-manipulative-skills

FLEX FUNBALLS
- Flexible, plastic ball designed with safety in mind
- Available in baseball and softball size
- Color My Class set includes 1 of each color: Blue, Green, Orange, Purple, Red and Yellow

<table>
<thead>
<tr>
<th></th>
<th>Baseball Size</th>
<th>Softball Size</th>
</tr>
</thead>
<tbody>
<tr>
<td>1272819</td>
<td>$12.99</td>
<td>$19.99</td>
</tr>
<tr>
<td>1272826</td>
<td>$19.99</td>
<td>$19.99</td>
</tr>
</tbody>
</table>

CUSH FLEECE BALLS
- Soft, fabric style ball filled with acrylic polyfill
- Long lasting construction making it hard to unravel
- Less intimidating for beginners learning how to throw and catch
- 4" diameter

<table>
<thead>
<tr>
<th></th>
<th>Color My Class</th>
</tr>
</thead>
<tbody>
<tr>
<td>1454877</td>
<td>$20.99</td>
</tr>
</tbody>
</table>

FLEECE BALLS
- Use these bright and colorful balls to enhance your games
- Helps to teach and improve throwing and catching skills

<table>
<thead>
<tr>
<th></th>
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<th>4&quot; White</th>
<th>3&quot;</th>
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</tr>
<tr>
<td>1367827</td>
<td>$20.99</td>
<td>$18.49</td>
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</tr>
</tbody>
</table>

PLAY BALLS
- Tough molded plastic balls for multiple teams and class management
- Use for baseball, street hockey, paddle games and more
- Available in baseball and softball size
- Color My Class set includes 1 of each color: Blue, Green, Orange, Purple, Red and Yellow

<table>
<thead>
<tr>
<th></th>
<th>Baseball Size</th>
<th>Softball Size</th>
</tr>
</thead>
<tbody>
<tr>
<td>426306</td>
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<td>$14.99</td>
</tr>
<tr>
<td>426506</td>
<td>$14.99</td>
<td>$14.99</td>
</tr>
</tbody>
</table>

E-Z GRAB BALLS
- For all ages and skill levels
- Unique web design makes them easy to throw and catch
- Great for children who may have trouble catching a regular ball
- 6 1/2" diameter

<table>
<thead>
<tr>
<th></th>
<th>Color My Class</th>
</tr>
</thead>
<tbody>
<tr>
<td>1392903</td>
<td>$9.99</td>
</tr>
</tbody>
</table>

FUZZBALLS
- “Fuzzy”, safe, soft, oversized and lightweight training balls
- Feel similar to a tennis ball
- Help to build confidence in young children trying to develop their skills
- Inflate as soft or as firm as needed depending upon skill level
- Softball is 5.5" dia. and weighs only 3 oz.
- Color My Class set includes 1 of each color: Blue, Green, Orange, Purple, Red and Yellow

<table>
<thead>
<tr>
<th></th>
<th>Softball</th>
</tr>
</thead>
<tbody>
<tr>
<td>1201536</td>
<td>$15.59</td>
</tr>
</tbody>
</table>
### 5" NYLON BEAN BAGS
- Nylon bags are filled with synthetic filler
- Color My Class set includes two of each color

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
<th>Color Options</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
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<td>Specify Color</td>
<td>Green, Purple</td>
<td>$17.99 DZN</td>
</tr>
<tr>
<td>1293418</td>
<td>Color My Class</td>
<td></td>
<td>$17.99 DZN</td>
</tr>
</tbody>
</table>

### MULTI-PURPOSE BEAN BAGS
- Combines physical education with math, language and reading skills and color recognition
- Helps to develop a child’s manipulative skills
- Reinforced double-stitched PVC cover with hand-conforming plastic pellets

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1041316</td>
<td>5&quot; Alpha Bean Bags</td>
<td>$19.99 SET OF 26</td>
</tr>
<tr>
<td>1041309</td>
<td>5&quot; Numbered Bean Bags</td>
<td>$12.99 SET OF 12</td>
</tr>
</tbody>
</table>

### POLYURETHANE BEAN BAGS
- Develop manipulative skills with these easy to grab bean bags
- Tightly-stitched, reinforced, urethane shells are filled with plastic pellets - feels like soft leather
- Color My Class set includes 2 of each color: Blue, Green, Orange, Purple, Red and Yellow

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1064186</td>
<td>3&quot;</td>
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</tr>
<tr>
<td>1064179</td>
<td>5&quot;</td>
<td>$35.99 DZN</td>
</tr>
</tbody>
</table>

### SLING RINGS
- Sling em, toss em, or slide em
- Beanbag rings made of durable nylon material
- Soft but strong enough for indoors and outdoors
- 8” outside diameter, 3.5” inside diameter

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1454879</td>
<td>Color My Class</td>
<td>$21.99 SET OF 6</td>
</tr>
</tbody>
</table>

### DECK RINGS
- Durable, 6 1/2” O.D., easy to grasp, soft rubber rings
- Use for various catching and tossing activities
- Color My Class set includes 2 of each color: Blue, Green, Orange, Purple, Red and Yellow

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1039948</td>
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<td>$18.50 DZN</td>
</tr>
</tbody>
</table>
### ALL SPORT BALLS
- 18" diameter, light and durable ball (nylon cover + latex bladder)
- Great for large group games

<table>
<thead>
<tr>
<th>Item</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
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<td>$283.00</td>
</tr>
<tr>
<td>1100464</td>
<td>Replacement Bladder</td>
<td>$30.00</td>
</tr>
</tbody>
</table>

### ULTRA LIGHT CAGEBALLS
- Bright, colorful and much lighter than traditional cageballs
- Can be used by students of all ages in a variety of activities
- Extra-tough, water resistant, nylon cover with a vinyl balloon bladder
- For hours of fun indoors or outdoors

<table>
<thead>
<tr>
<th>Item</th>
<th>Diameter</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1140163</td>
<td>24&quot; (7 oz.)</td>
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<tr>
<td>1140170</td>
<td>36&quot; (12 oz.)</td>
<td>$44.00</td>
</tr>
<tr>
<td>1140187</td>
<td>48&quot; (1 lb. 9 oz.)</td>
<td>$57.00</td>
</tr>
<tr>
<td>1140194</td>
<td>60&quot; (2 lb. 1 oz.)</td>
<td>$79.00</td>
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</tbody>
</table>

### COMPLETE SET
- Includes 12 balls

<table>
<thead>
<tr>
<th>Item</th>
<th>Diameter</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1100464</td>
<td>24&quot;</td>
<td>$46.74</td>
</tr>
</tbody>
</table>

### BLADDER ONLY
- For use with cageballs

<table>
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<tr>
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</thead>
<tbody>
<tr>
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<tr>
<td>99093</td>
<td>60&quot;</td>
<td>$89.00</td>
</tr>
</tbody>
</table>

### JUGGLING SCARVES
- Teach juggling fundamentals with these 15" square, nylon scarves
- Beginners enjoy early success with these scarves that float through air
- Engages children with poor concentration
- Color My Class set includes 2 of each color: Blue, Green, Orange, Purple, Red and Yellow

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1206258</td>
<td>$8.00</td>
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</tbody>
</table>

### DIABOLO
- Diabolo is an ancient game from China
- It is a fun and challenging Chinese top with hand sticks and strings
- Put simply, it is a yo-yo set free!
- Colors may vary

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>13336</td>
<td>$10.00</td>
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</tbody>
</table>

### THE SPOONER®
- Practice all your board moves (skateboarding, snowboarding, surfing) in a safe and fun environment
- Users of all skill levels will experience a great core workout
- This 360° pivoting exercise board is virtually unbreakable and is constructed from 3/8" polyethylene that will not harm gym floors
- Use indoors or outdoors - 11 1/2"W x 24"L
- 2 Year Limited Warranty

<table>
<thead>
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<tbody>
<tr>
<td>1297089</td>
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<tr>
<td>1342666</td>
<td>$231.00</td>
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### JUGGLING BALLS
- Great for hand-eye coordination!
- 3" vinyl balls are low bounce and will not roll away
- Three bright colors per set with easy to learn instructions

<table>
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<th>Item</th>
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</thead>
<tbody>
<tr>
<td>8931</td>
<td>$4.50</td>
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</table>
Handle color designates the rope length

SELECTA SPEED ROPES
- Poly rope with durable, molded plastic handle
- Handle color designates the rope length
- Color My Class set includes 1 of each color: Blue, Green, Orange, Purple, Red and Yellow

1343663 6’ Long - Red Handle 1343670 7’ Long - Yellow Handle 1343687 8’ Long - Blue Handle 1343694 9’ Long - Green Handle 1343700 16’ Long - Purple Handle

1343663 $9.00 1343670 $9.50 1343687 $10.00 1343694 $10.50 1343700 $14.50

ADJUSTABLE-LENGTH SPEED ROPES
- Unique design allows user to quickly adjust rope length from 7’ to 9’
- Slide the connector for a perfect and secure fit
- PVC rope with plastic handles
- Color My Class set includes 1 of each color: Blue, Green, Orange, Purple, Red and Yellow

1308501 $29.00 SET OF 6

1040043 6’ 12 EA
1040050 7’ 12 EA
1040067 8’ 12 EA
1040074 9’ 12 EA
1040081 10’ 12 EA
1040098 16’ 12 EA

1040043 $1.50
1040050 $1.50
1040067 $2.00
1040074 $2.00
1040081 $2.00
1040098 $2.00

LICORICE ROPES
- Perfect for beginners or experienced jumpers who want the best
- Great for speed jumping and a favorite with jump teams
- Injection molded handles designed for comfort and free spin
- Durable, plastic rope

17206 Black 6’ Licorice 17207 Orange 7’ Licorice 17208 Red 8’ Licorice 17209 Green 9’ Licorice 17210 Black 10’ Licorice

17206 $12.00 EA 17207 $14.50 EA 17208 $14.50 EA 17209 $15.00 EA 17210 $15.00 EA

LATTEX FREE

SPEED ROPES
- Poly rope with plastic swivel handle
- Speed, durability, and flexibility all in one rope

1040043 6’ 12 EA
1040050 7’ 12 EA
1040067 8’ 12 EA
1040074 9’ 12 EA
1040081 10’ 12 EA
1040098 16’ 12 EA

1040043 $1.50
1040050 $1.50
1040067 $2.00
1040074 $2.00
1040081 $2.00
1040098 $2.00

$15.00
JUMP ROPE / INTERMEDIATE (3-5)
Get this complete module now!
openthedish.org/curriculum_resources/3-5jumpjorope

### DELUXE BEADED JUMP ROPES
- These ropes have surgical tubing on the bottom where the rope strikes the ground
- The surgical tubing absorbs the ground impact and abrasion that wears down and destroys the beads
- Jump rope life increased up to 4 times
- Missing jumps that strike the head or legs sting less with the soft, flexible tubing

<table>
<thead>
<tr>
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<th>Price</th>
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<tbody>
<tr>
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<td>1172553</td>
<td>10'</td>
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<tr>
<td>1172560</td>
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<td>$38</td>
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### HANDLELESS JUMP ROPES
- These nylon braided ropes turn in your hand without handles
- The danger of injury from a hard plastic handle is eliminated
- Color My Class set includes 1 of each color: Blue, Green, Orange, Purple, Red and Yellow

<table>
<thead>
<tr>
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<tr>
<td>1304992</td>
<td>9'</td>
<td>$5</td>
</tr>
<tr>
<td>1305005</td>
<td>16'</td>
<td>$8</td>
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</tbody>
</table>

### NEON SPEED ROPES
- Hot, bright, exciting neon colors
- Poly rope with plastic swivel handle is light, durable and flexible

<table>
<thead>
<tr>
<th>Product Code</th>
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<th>Price</th>
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<tbody>
<tr>
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<tr>
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<tr>
<td>1701</td>
<td>9' Purple</td>
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### SEGMENTED SKIP ROPES
- Designed for use by all age groups and skill levels
- An economical way to promote mass participation
- Great for a fun, aerobic workout
- Features durable, plastic segments over a solid long-lasting nylon cord

<table>
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<td>1040159</td>
<td>7' Red/White</td>
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<tr>
<td>1040166</td>
<td>8' Blue/White</td>
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<tr>
<td>1040173</td>
<td>9' Red/White/Blue</td>
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<tr>
<td>1040128</td>
<td>10' Red/White</td>
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<tr>
<td>1040135</td>
<td>16' Green/White</td>
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</table>

### AEROBIC TINIKLING CORDS
- Adds fun and excitement to your aerobic and rhythmic activities
- 1" elastic bands replace the traditional bamboo and plastic poles
- Join the cords together with the hook-and-loop fasteners for large group activities
- Color My Class set includes 1 pair of each color: Blue, Green, Orange, Purple, Red and Yellow and an advanced group activity guide.

<table>
<thead>
<tr>
<th>Product Code</th>
<th>Description</th>
<th>Price</th>
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<tbody>
<tr>
<td>1065022</td>
<td>Color My Class</td>
<td>$136</td>
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</table>

Jump ropes are a great way to work on aerobic fitness for children at risk for obesity.
HOOP STORAGE BAGS
- Hi-grade, polyester bag for transporting and distributing your hoops
- Features an adjustable shoulder strap and heavy-duty zipper
- Holds up to 12 hoops

1256802 30” Diameter Bag - Blue  $27.99 EA
1256819 36” Diameter Bag - Red  $32.99 EA

STANDARD HOOPS
- No physical education program or recreation program is complete without hoops
- Versatile hoops teach balance, coordination and rhythm
- Use as targets, jump and hop rings for races and much more
- Each dozen includes 2 of each color: Blue, Green, Orange, Purple, Red and Yellow

1246087 24” Diameter  $42.99 DZN
1246070 30” Diameter  $46.99 DZN
1274646 36” Diameter  $50.99 DZN

DELUXE HOOPS
- Stronger than our standard hoops - thicker wall
- Set them up as targets for tossing, jump and hop rings for races or in your obstacle course
- Each dozen includes 2 of each color: Blue, Green, Orange, Purple, Red and Yellow

1064902 24” Diameter  $64.99 DZN
1064919 30” Diameter  $69.99 DZN
1064926 36” Diameter  $74.99 DZN

PREMIUM NO-KINK® HOOPS
- Regular hoops often become the object of tug-of-war
- Pulling causes a kink, and off to the hoop graveyard!
- Extra thick walls prevent kinking
- Each dozen includes 2 of each color: Blue, Green, Orange, Purple, Red and Yellow

02150 24” Diameter  $54.99 DZN
02160 30” Diameter  $58.99 DZN
02170 36” Diameter  $62.99 DZN

SKINNY NO-KINK® HOOPS
- Soft, flexible and lightweight
- Perfect for early grades - easier to handle than full size hoops
- Each dozen includes 2 of each color: Blue, Green, Orange, Purple, Red and Yellow

1100495 24” Diameter  $48.99 DZN
1100501 30” Diameter  $50.99 DZN
1268959 36” Diameter  $53.99 DZN

FOAM HOOP HOLDERS
- Create your own games by sliding hoops or wands on horizontally and vertically
- Create dozens of over, under and through obstacles
- Use with our standard, deluxe and premium hoops

1812 Color My Class  $46.99 SET OF 6 PAIR

Teach correct throwing technique to children with physical impairments by using the hoop holders to turn hoops into standing targets!
PARTNER PARACHUTE
• Colorful 33”W x 51”L parachute promotes cooperative play and activities
• Partners learn to work together to accomplish the task at hand
• Create an unlimited amount of activities geared at challenging the players depending upon their skill levels
• Durable nylon construction with 4 handles

1275056 Multi-Color $12.99 EA
1369510 Color My Class $16.99 EA

DELUXE PARACHUTES
• WE’VE RAISED THE STANDARDS!
• Features durable, reinforced handles
• High quality nylon parachutes with an air-flow mesh center
• Perfect cool down activity for children with Autism Spectrum Disorder
• Storage bag included

1040005 6’ Dia. - 8 Handles $31.99 EA
1040012 12’ Dia. - 12 Handles $70.99 EA
1255874 20’ Dia. - 16 Handles $152.99 EA
1040029 24’ Dia. - 20 Handles $186.99 EA
1040036 30’ Dia. - 24 Handles $281.99 EA
1255881 35’ Dia. - 28 Handles $369.99 EA
1255898 45’ Dia. - 32 Handles $519.99 EA

HOPPERS
• A fun way to develop leg strength and balance
• Use as an aerobic workout indoors or out
• Heavy duty PVC cover is washable
• Available in 2 sizes
• “18” for ages 3 to 6 and “24” for ages 6 to 10

1039986 18” - Tie Dye $17.99 EA
1256772 18” - Yellow $16.99 EA
1457035 Color My Class - 24” $39.99 SET
1457034 24” Tie Dye $36.99 EA
1457037 Color My Class - 30” $214.99 SET
1457036 30” - Tie Dye $36.99 EA

6’ PARACHUTES
• Deluxe parachutes feature 8 heavy duty handles that reduce the stress on the fabric and lessen the chances of tearing
• Includes a storage bag for each color

1242652 Color My Class $98.50 SET OF 6

Storage Bags Included
**5” NUMBERED SPOTS**
- Be active while learning the numbers
- Teach numbers and color recognition, counting, math skills, sequencing and motor skills
- Use as bean bag targets, odd to even relay, find the number and more
- Numbered 1-36
- Color My Class set includes 6 of each color: Blue, Green, Orange, Purple, Red and Yellow

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Description</th>
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<tbody>
<tr>
<td>1281781</td>
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**5” NUMBERED POLY SPOTS**
- Numbered for ultimate versatility
- Use as bean bag targets, with obstacle courses, as “bases,” markers for exercise or activity stations, group organization, or a wide variety of games
- Unlimited possibilities for multidisciplinary activities

<table>
<thead>
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<tbody>
<tr>
<td>1249682</td>
<td>Numbered 1-30</td>
<td>$82.79</td>
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**FRUIT/VEGETABLE SPOT MARKERS**
- Incorporate healthy eating into any gross motor activity
- Includes 1 each of the following fruits and vegetables: Apples, Berries, Bananas, Broccoli, Cherries, Corn, Carrots, Tomatoes, Oranges, Onions, Salad Bowl, and Plums

<table>
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<td>1343038</td>
<td>9” Diameter</td>
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**NUMBERED POLY SPOTS IN COLORS**
- Gives an added dimension to organizing, managing and conducting your lessons
- Use these 9” diameter poly spots to practice motor skill acquisition, sequencing and math skills
- Numbers are even printed in braille to aid the visually impaired
- One color per set.

<table>
<thead>
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<th>Item Code</th>
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<tr>
<td>6057</td>
<td>Numbered 0-9</td>
<td>$45.89</td>
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**ALPHABET POLY SPOTS**
- Designate activity stations, starting points or teams using the letters
- Teach literacy skills through physical activities to students with intellectual disabilities

<table>
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<th>Item Code</th>
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<td>20024260</td>
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**JUMBO ARROWS**
- Jumbo sized arrows add color and definition to activities needing direction and movement
- Shows clear directions to children including those with visual impairments
- Durable poly vinyl markers are soft and flexible
- 15”L x 3 1/2”W stem
- Color My Class set includes one of each color: Blue, Green, Orange, Purple, Red and Yellow

<table>
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<th>Item Code</th>
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<td>1245592</td>
<td>Curved Arrows</td>
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</table>
**POLY STARS**
- 9 1/2" flexible plastic stars
- Use as boundary markers, targets or as stepping stones when trekking through the solar system
- More fun than traditional round spots

Lifetime Warranty

**BIG SPOTS**
- 15" Diameter for better visuals
- Manufactured for their weight, anti-slip, and dirt-resistant qualities
- Set of 6 consists of 2 orange, 2 green, and 2 yellow Spots

**SPOT MARKERS**
- 9" diameter, soft, flexible, plastic markers
- Stick to gym floors without shifting
- Color My Class pack includes either 1 or 2 of each color: Blue, Green, Orange, Purple, Red and Yellow

**WRITE-ON SPOTS**
- Write your custom or activity message on the spot and place it in the activity area
- Include numbers, letters, directions, instructions, words, math symbols, team names and more
- Use with dry erase or water based markers (not included)
- Instruction sheet provided

**NON-SLIP SPOTS**
- Durable, non-slip, tacky material stays in place throughout your activities
- Tear-resistant even during hi-impact use
- 9" diameter

**DRY ERASE**
- 8 1/2" Diameter

**OPEN 8 CHALLENGE / MIDDLE SCHOOL (6-8)**
Get this complete module now!
openphysed.org/curriculum_resources/open8

---

**20025046**
- 5" Diameter - Mini Spots
- 16 a set of 6

**6070**
- 9" Diameter
- 24 a set of 6

**6071**
- 12" Diameter - Oversize Spots
- 34 a set of 6

**6072**
- 14" Squares
- 50 a set of 6

**6058**
- Color My Class (12)
- 17 a set of 12

**1309973**
- Color My Class (6)
- 19 a set of 6

**6059**
- Orange (12)
- 34 a set of 12

**6070**
- 9" Diameter
- 24 a set of 6

**6071**
- 12" Diameter - Oversize Spots
- 34 a set of 6

**6072**
- 14" Squares
- 50 a set of 6

**6058**
- Color My Class (12)
- 17 a set of 12

**1309973**
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**6059**
- Orange (12)
- 34 a set of 12

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**6070**
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- 24 a set of 6

**6071**
- 12" Diameter - Oversize Spots
- 34 a set of 6

**6072**
- 14" Squares
- 50 a set of 6
POLY WINDOW MATS
- These polyvinyl window mats frame any 8 1/2” x 11” size paper and card stock
- Simply lift up the clear plastic window and slide your sign in
- Perfect for instructions, exercise stations, games and more

$94.34
1244229 Color My Class $110.00 SET OF 6

LOW PROFILE CONES
- Soft-style - flexible and stackable
- Mix with low profile cones for various drills
- Approximately 6”H x 11” diam.

$11.00
$11.00
$10.00
1273687 Orange 1336511 Yellow 1454570 Color My Class

LOW PROFILE CONES WIRE CARRIER
- Holds up to 60 low-profile field cones (cones not included)
- Easy carry and storage

$3.50
93095 $6.99 EA

LOW PROFILE CONES
- Soft, flexible and stack easily
- Color code your drills for more effective practice time
- 3”H x 7 3/4” diameter
- Color My Class set includes 2 of each color: Blue, Green, Orange, Purple and Yellow

$14.00
1255706 Orange 1256558 Yellow 1255690 Color My Class

POLY WINDOW MATS
- These polyvinyl window mats frame any 8 1/2” x 11” size paper and card stock
- Simply lift up the clear plastic window and slide your sign in
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- Color My Class set includes 2 of each color: Blue, Green, Orange, Purple and Yellow

$14.00
1255706 Orange 1256558 Yellow 1255690 Color My Class

FLOORMARKX™ SET
- Safe, smart, and easy way to instruct movement
- Quick to apply and easy to remove
- Fast drying ink (2min) and cleaning wipes (30 sec) pass safety slip tests
- One Floor Marker writes for over 250 yards (over 4 rolls of traditional floor tape)
- Set includes 2 Floor markers, 1 green and 1 blue, and 1 canister of cleaning foot wipes
- Intended for sealed gymnasiums and dance floors, and other non-porous surfaces
- BEFORE FULL APPLICATION, always test on multiple, small, inconspicuous areas of the floor

$38.69
1454864 $42.00 SET

FLOOR MARKING TAPE
- Use on any smooth floor surface
Color Options: Black, Blue, Green, Gold, Orange, Purple, Red, White.

$2.19
$3.99 EA
2186 1” x 60 yd.

$3.99
$5.99 EA
2164 2” x 60 yd.
ULTRASOF® FOAM CROSSBARS
- Use with all vinyl and plastic cones
- Create your own over/under obstacles
- Simply place the adjustable end loops over the tops of cones for a firm hold or simply rest them on top without loops so they slip off if struck
- Lightweight and flexible they measure 37”L x 2”W
- Color My Class set includes 1 of each color: Blue, Green, Orange, Purple, Red and Yellow

1008074
$55.00
1255386
$75.00

$39.74

TASK TENTS
- Multipurpose task tents can be hung over cones for station work, individually hung on a wall to display tasks or cues, or linked together to display word-walls
- Strong vinyl construction with clear windows to hold 8 1/2” x 11” pages
- Organize and manage your physical education program by color group

1389878
$52.00

MINI MARKERZ
- Soft, flexible plastic cones are 6 1/2” H with a 4” wide stable base
- Use indoors or outdoors
- Color My Class set includes 48 markerz, 8 of each color: Blue, Green, Orange, Purple, Red and Yellow

1256307
$86.99

50% OFF

$43.50

9" FLEX CONES
- Collapse easily if stepped on
- Open design makes them stable for use outdoors on windy days
- Includes a free DVD of innovative agility and quickness drills

1237771
$39.99

GAME CONES
- Flexible, PVC cones with weighted bases for increased stability
- Use to designate boundaries, lanes and teams

1398265
$116.00
1245875
$106.00
1093452
$66.00
17906PK
$16.00
17906
$3.00

1093452
$36.39

17906PK
$16.00

$3974

ULTRASOF° FOAM CROSSBARS
- Use with all vinyl and plastic cones
- Create your own over/under obstacles
- Simply place the adjustable end loops over the tops of cones for a firm hold or simply rest them on top without loops so they slip off if struck
- Lightweight and flexible they measure 37”L x 2”W
- Color My Class set includes 1 of each color: Blue, Green, Orange, Purple, Red and Yellow

1008074
$79.00
1255386
$199.00

Colorful cones help set clear playing area boundaries for children with visual impairments.
**ZOOMER SCOOTERZ**

- 16" x 16" scooters with safety guards to protect hands and fingers
- Feature large 4", durable all-terrain, ball bearing wheels
- Tough for the playground and safe for gym floors
- Center hole diameter, 1.62"
- Supports up to 175 lbs

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Color</th>
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<th>Quantity</th>
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<td>Replacement Wheels</td>
<td>$30</td>
<td>SET OF 4</td>
</tr>
</tbody>
</table>

1265293
1296082
1389168

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**TURBO SCOOTER**

- Non-Connecting scooters with safety hand guards
- Oversized 4" wheels for use outdoors and indoors
- Rugged enough to be used on concrete and asphalt

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Size</th>
<th>Color</th>
<th>Price</th>
<th>Quantity</th>
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<td>$58</td>
<td>EA</td>
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</table>

1363648
1363649
1137408
1363650
1390055

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**FOAM SCOOTER PADDLES**

- The most comfortable paddles on the market
- Padded top and middle hand grips are easy on the hands and the tough foam ball on the end will not hurt your gym floor
- Tough plastic shafts are 24" long and feature 2 foam handles each 5" long
- Improve upper body and core strength in children with poor balance

<table>
<thead>
<tr>
<th>Item Code</th>
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</tr>
</thead>
<tbody>
<tr>
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<td>SET OF 6</td>
</tr>
</tbody>
</table>

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**SCOOTER BOARD HOCKEY SET**

- An ideal addition to any gym or recreation program
- Set includes 6 Red sticks, 6 Yellow sticks, one 6" foam ball, three safety play pucks, and instructions

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Price</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>737</td>
<td>$38</td>
<td>SET</td>
</tr>
</tbody>
</table>

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**ZOOMER SCOOTERZ**

Scooters can be used to improve core strength and balance in children with low muscle tone.
**FITNESS DICE**
- Students roll the dice and then perform what they say
- Exercise dice includes high knees, push ups, jumping jacks, plank jacks, mountain climbers, flutter kicks, curl ups, superman, burpees, squats, lunges, and student choice
- Each set includes 1 of each color: Blue, Green, Orange, Purple, Red, and Yellow

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1454572</td>
<td>Exercise Dice</td>
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</tr>
<tr>
<td>1064865</td>
<td>Numeric Dice</td>
<td>$120</td>
</tr>
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</table>

- *Numbers: Even 2-12*

**COLORZ™ FOAM DICE**
- Use to select teams, sequence for participation or enhance math and color skills
- Square dice have a soft core with a durable outer covering
- 2 Year Limited Warranty

<table>
<thead>
<tr>
<th>Code</th>
<th>Dimensions</th>
<th>Price</th>
</tr>
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<tbody>
<tr>
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<td>4”</td>
<td>$34.84</td>
</tr>
</tbody>
</table>

**TUFF COATED FOAM DICE**
- High-density foam dice are perfect for combining math and movement skills
- Dice have a “tuff” outer skin and rounded corners for easy rolling
- 6 1/4” Diameter

<table>
<thead>
<tr>
<th>Code</th>
<th>Color</th>
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<tbody>
<tr>
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<tr>
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<td>$180</td>
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</tbody>
</table>

**FOAM DICE**
- Use to select teams, repetitions, sequence and more
- Soft, durable, vinyl coated dice add fun to your everyday activities

<table>
<thead>
<tr>
<th>Code</th>
<th>Dimensions</th>
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</tr>
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<tbody>
<tr>
<td>1135589</td>
<td>3”</td>
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</tr>
<tr>
<td>1197891</td>
<td>6”</td>
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</table>

**50% OFF**

**FITNESS DICE**
- Students roll the dice and then perform what they say
- 2 push ups or 8 hops are just some of the possible combinations
- Includes two 4” soft, durable, cloth covered dice
- Exercises: Jumping Jack, Push Up, Toe Touch, Arm Circle, Hop on One Foot and Sit Up
- Numbers: Even 2-12

<table>
<thead>
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<th>Code</th>
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</thead>
<tbody>
<tr>
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**50% OFF**

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- Square dice have a soft core with a durable outer covering
- 2 Year Limited Warranty

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**50% OFF**

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<td>1373995</td>
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<tr>
<td>1197891</td>
<td>$140</td>
</tr>
</tbody>
</table>

All Products on this page are designed for use in physical education classes.

Dice are very easy for children with visual impairments to view, promoting inclusion in the physical education class.
**FOAM CREATE-A-BEAMS**
- Create dozens of balance challenges with easy to connect Dura-Tuff foam sections
- Each section is 2 1/2"H x 5 1/4"W x 15"L and connect by inserting 6"L plastic rods into pre-set holes
- Deluxe Set includes 3 sections of Blue, Green, Orange, Purple, Red and Yellow - Starter Set (no holes in sides of sections) includes 1 of each color
- Activity guide included

1251692  Deluxe Set  $128.79
1308686  Starter Set  $50.00

**WADDLE WALKERS**
- Balance and rock from side to side
- Spin 360° or walk like a duck
- Durable, molded, polypropylene boards
- 3 1/2"H x 4 1/2"W x 22 1/2"L
- 200 lb. weight limit

1343656  Color My Class  $52.79

**INDOOR ACTIVITY PACK**
- 5" nylon bean bags 24
- Colored buckets 12
- 3" foam dice 6
- Fruit and veggie spot markers (set) 6
- Juggling Scarves 36
- Low profile cones 24

1453531  $235.99

**RAINBOW MATS**
- Available with your choice of 1 3/8" cross-linked polyethylene (firmer for high impact activities) and 2" polyfoam fillers (softer for young users and low impact activities)
- Each 1' panel is covered with a different color of nylon reinforced 18 oz. vinyl
- Mats have 1' panels and 2' folds
- 1' panel mats lie flatter than 2' panel mats
- Fasteners on Ends Only

<table>
<thead>
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<th>PANEL SIZE</th>
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<td>1'</td>
<td>$99.99</td>
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**OPEN EARLY CHILDHOOD PACK 1**
- 7" Handleless Jump Ropes 24
- Fruit/ Veggie Spot Markers 24
- 24" Skinny No Kink Hoops 24
- Juggling Scarves 24

1397243  $199.99

**HIGHLIGHTED ITEMS**
- Mesh duffle bag
- Task Tents (set of 6)
- UNO card game
- Voit Bouncee 6 1/4" foam balls (set of 6)

**BLOWOUT PRICE $99.99**

**ITEM QTY.**
- 5" Nylon Bean Bags 24
- Heavy Duty Mesh Equipment Bag (blue) 1

20 HR SHIP!  ALL RAINBOW MATS  SHIP WITHIN 24 HOURS
**UNO CARD GAME**

- Yell UNO! when you have only one card left
- America’s #1 card game
- Includes 108 cards
- 2 to 10 players ages 7 and up
- 4036

**$7.19 EA**

**ABC’S OF MOVEMENT ACTIVITY CARDS**

- Developmentally appropriate fitness for young children
- Engages the whole child in moving while developing literacy skills
- Improved bilateral coordination allows the hands and feet to work well together
- Promotes crossing midline by reaching across the middle of the body with the hand or leg (Crossing midline is important for later writing skills)
- Beneficial for children with special needs such as Autism, Down Syndrome and mild Cerebral Palsy
- Includes 26 durable 5” x 7” alphabet cards, one instruction card, and one logo card per set
- 1453530

**$24.64 EA**

**STANDARD PLAYING CARDS**

- Plastic coated, linen finish
- Packed per dozen
- Half Blue and half Red
- 3065

**$17.00 EA**

**POWER DECK**

- Activity cards designed to enhance class management, increase Physical Education, all while improving learning outcomes
- Integrate object counting with fun animal shapes and word recognition
- Larger in size than a normal playing card – 5” x 7”
- Set includes six Power Cards to be used as a wild card
- Set includes 10 cards in each color, #’d 1-10: Blue, Green, Orange, Purple, Red and Yellow
- Free downloadable lessons available at physicalpowers.com
- 1454569

**$27.19 EA**

**SAND TIMERS**

- Great for stations, partner practice, and self monitoring
- Ancient and fun way to calculate time
- Average time allowance is 10%
- Each timer measures 3” x 6 1/4”
- Orange-30 seconds, Green-1 min., Purple-2 min., Yellow-3 min., Red-5 min., Blue-10 min.
- 1454515

**$37.00 SET OF 6**
SPORT PACKS
A Sport Pack is the best, most economical way to get a program started.
Provides everything you need for a successful sport stacking program with enough equipment for your entire class to participate at once.
Sport Packs include everything you see here, plus step by step instructions on how to teach your students the proper skills to be successful.
Also included is our On the Move with Speed Stacks Activity Guide featuring over 70 different activities for the gym.
Lifetime Warranty on cups only.

<table>
<thead>
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<td>1276282</td>
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SPEED STACKS SKILLASTICS®
• Teaches Sport Stacking through the proven Skillastics method
• Offers 26 unique activities that enhance MVPA while simultaneously increasing Sport Stacking agility and skills
• Speed Stacks sold separately
• Skillastics Nutritional cards are a great addition to increase nutritional knowledge
30 Day Limited Warranty

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Description</th>
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<tbody>
<tr>
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STACKMAT
• The official timing device of the World Sport Stacking Association
• Combines a precision timer with a super sensitive touch pad and an “optimum” stacking surface
• A great assessment tool for instructors and a self motivator for players
• Stack + Mat includes a carrying bag

<table>
<thead>
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<tr>
<td>1372014</td>
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</table>

JUMBO STACKS
• A great way to enhance your sport stacking program
• Perfect for large scale floor relays
• Includes 36 jumbo cups - 6 of each color, Blue, Green, Orange, Purple, Red, and Yellow
• Cups are 10 1/2” H x 8 3/4” W at the top

<table>
<thead>
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SPORT STACKING BOOK
• A complete “start-to-finish” resource for teaching the basic cup stacking patterns and strategies for students at all levels
• Filled with great ideas for individual skill development, small group activities, and great large group games
30 Day Limited Warranty

<table>
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<tr>
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<tbody>
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</table>

TOURNAMENT DISPLAY PRO
• Automatically displays three decimal place data when connected to a StackMat Pro Timer or two decimal place data when connected to a Gen 2 Timer
• Can be powered by batteries or an AC adapter (included)
• Visible up to 100’

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Description</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
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SPEED STACKS SETS
• Specially designed high-tech sport stacking cups endorsed by the World Sport Stacking Association (WSSA) for competition
• Available in 7 colors, each set comes with a Stackter Training Learn Fob
• These are the only cups permitted for use in WSSA sanctioned events and each cup carries the official WSSA approval mark
Color Options: Blue, Green, Pink, Purple, Orange, Red, Yellow

<table>
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<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1276459</td>
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<td>$26.34</td>
</tr>
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</table>

Sport Stacking is a fun way to practice gross motor skills in children with developmental delays.
THE #1 PHYSICAL EDUCATION & SPORT SKILL DEVELOPMENT RESOURCE FOR LARGE GROUPS!

UP TO 100 CHILDREN CAN PLAY SKILLASTICS® AT ONE TIME!
Easy to set up & teach, the innovative Skillastics® method has helped thousands of instructors effectively organize and teach fitness and sport-based skills. Skillastics® offers a variety of activity kit themes that increases MVPA while simultaneously enhancing active, cooperative, and social and emotional learning.

Applications are endless, as Skillastics® is as creative as the instructor that uses it!

INSTRUCTIONS:
Simply divide a group into 6 teams, arranging the teams away from the oversize mat and supplying each team with a miniature mat. Play begins when a child from each team jogs to the oversized mat and rolls their assigned color die, moving their marker the appropriate number of spaces to determine the team’s activity. They return to their team and complete the activity, one of three levels of repetitions located at the bottom of each activity assigned by the instructor prior to start. When completed, another child from each team repeats the process – with teams working independently from each other.

EACH SKILLASTICS ACTIVITY KIT SYSTEM INCLUDES:
1, 5’x7’ reinforced nylon mat, 6, 20” x 27” reinforced nylon miniature mats, 6 assorted color die and beanbag markers, 26 5”x7” laminated task cards, instructional DVD & manual, convenient backpack storage bag.

STEM SKILLASTICS®
• Add an academic twist by combining movement and STEM questioning to create a balance of learning
• Designed to create an atmosphere of integrated learning and Physical Education fun
• Includes 720 STEM cards (120 questions per team) that unite all content areas by increasing skills in standards that include speaking, reading, Physical Education, math and science
• Great for large groups (up to 100 players)
• Aligns with National Physical Education Standards and After School HEPA guidelines
• Includes all pieces above in addition to Science, Technology, Engineering, and Math question cards

HALFPINT SKILLASTICS®
• Introduces Pre-K and Kindergarten students to a variety of movement skills that encourages creativity and imagination in a non-competitive environment
• Promotes color, number and shape recognition
• Also available in English/Spanish

SKILLASTICS™ NUTRITIONAL CARDS
• Approved by a Registered Dietitian and contains questions from EACH of the food groups based upon MyPlate
• Can be used alone or combined with most of the Skillastics® Activity kits
• Includes question cards for each of the 6 teams
• Great addition to any Coordinated School Health Program

FITNESS XTREME SKILLASTICS®
• Prepares middle and high school students for FITNESSGRAM® testing, incorporating all four fitness components: flexibility, cardiovascular endurance, muscle strength and muscle endurance

FITNESS SKILLASTICS®
• Prepares elementary students for FITNESSGRAM® testing, incorporating all four fitness components: flexibility, cardiovascular endurance, muscle strength, and muscle endurance
• The kit most Elementary schools start with to increase fitness levels in a fun way

All Products on this page are Skillastics® integrates STEM and literacy into physical education for all abilities.
<table>
<thead>
<tr>
<th>Product</th>
<th>Price</th>
<th>Features</th>
<th>Grades</th>
<th>Code</th>
<th>Notes</th>
</tr>
</thead>
</table>
| CHARACTER IS COOL SKILLASTICS® | $247.34 | - Approved by physical education experts  
- Excellent social skills activity  
- Emphasizes sportsmanship, respect, responsibility, honesty and more  
30 Day Limited Warranty | 3-9      | 1453542   | $290 EA |
| SPEED STACKS SKILLASTICS® | $350.09 | - Teaches Sport Stacking through the proven Skillastics method  
- Offers 26 unique activities that enhance MVPA while simultaneously increasing Sport Stacking agility and skills  
- Speed Stacks sold separately  
- Skillastics Nutritional cards are a great addition to increase nutritional knowledge | 3-6      | 1453542   | $290 EA |
| BE FIT 2 LEARN SKILLASTICS® MATH | $165.74 | - Aligns with the National Mathematics Standards  
- Customized and available for grades 2nd-6th  
- Includes a detailed manual with QR codes, instructional DVD and sling backpack  
- Classroom solution for incorporating Physical Education and increasing learning outcomes | Specify Grade Level | 1454581   | $194 EA |
| TENNIS SKILLASTICS®      | $261.89 | - Approved by the United States Tennis Association  
- No courts needed to play  
- Can be played indoors or outdoors | 2-8      | 1297836   | $290 EA |
| BASKETBALL SKILLASTICS®  | $261.89 | - A unique and innovative way to help make practicing basketball fundamentals fun!  
- Develops hand/eye coordination and reaction time | 2-8      | 1098471   | $290 EA |
| VOLLEYBALL SKILLASTICS®  | $261.89 | - Approved by USA Volleyball and helps build efficiency in a variety of volleyball skills  
- No nets needed to play | 3-12     | 1274431   | $290 EA |
| SOCCER SKILLASTICS®      | $261.89 | - Approved by AYSO (America Youth Soccer Organization and leading PE Specialists, covers all the basic skills and activities for field players | 3-12     | 1201642   | $290 EA |
| SPEED STACKS SKILLASTICS® | $261.89 | - Teaches Sport Stacking through the proven Skillastics method  
- Offers 26 unique activities that enhance MVPA while simultaneously increasing Sport Stacking agility and skills  
- Speed Stacks sold separately  
- Skillastics Nutritional cards are a great addition to increase nutritional knowledge | 3-6      | 1453542   | $290 EA |

HIGHLIGHTED ITEMS SHIP IN 24 HOURS

PHYSICAL EDUCATION // SKILLASTICS
**YOUTH NYLON PINNIES**
- Nylon pinnies are held in place by 2 elastic, stretchable straps
- No more tying and untying pinnies for children on both teams
- Will help children learn self-sufficiency and add time to your activities
- Recommended for elementary aged children

<table>
<thead>
<tr>
<th>Color</th>
<th>Wholesale Price</th>
<th>DZN Price</th>
<th>H Price</th>
</tr>
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<tr>
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<tr>
<td>Yellow</td>
<td>$45.00</td>
<td>$49.99</td>
<td>$23.00</td>
</tr>
</tbody>
</table>

**ADULT NYLON PINNIES**
- Heavy duty nylon pinnies held in place by 2 elastic, stretchable straps
- Just slip them on and off
- No more tying and untying your pinnies
- For middle school and up

| Color Options: Blue, Green, Red, Yellow. |

**COLORED WRISTBANDS**
- An alternative to pinnies
- Use to identify teams and groups

<table>
<thead>
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<th>DZN Price</th>
<th>H Price</th>
</tr>
</thead>
<tbody>
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<tr>
<td>Yellow</td>
<td>$4.50</td>
<td>$5.29</td>
<td>$1.59</td>
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</tbody>
</table>

**REVERSIBLE SCRIMMAGE VESTS**
- Polyester mesh construction
- Reversible jerseys with elastic bottom


<table>
<thead>
<tr>
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<th>Wholesale Price</th>
<th>DZN Price</th>
<th>H Price</th>
</tr>
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<td>Youth</td>
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**LIGHTWEIGHT SCRIMMAGE VESTS**
- Polyester mesh construction
- Reinforced neck and armholes
- Elastic waistband

| Color Options: Black, Gold, Kelly, Neon Green, Neon Orange, Neon Yellow, Orange, Purple, Royal, Scarlet. |

<table>
<thead>
<tr>
<th>Color</th>
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<th>DZN Price</th>
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<td>$1.30</td>
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</table>

**WAIST PINNIES**
- Adjustable vinyl pinnies fit comfortably around the waist for easy team identification
- Lightweight, 5.5” wide vinyl belts attach using quick and easy hook and loop fasteners
- Youth pinnies fit waist sizes from 18” to 31” and adult pinnies fit waists 28” to 41”
- Please choose size and color

| Color Options: Blue, Yellow. |

**BLINDFOLDS**
- Comfortable fitting blindfolds will enhance your team building activities
- Polyester mask with elastic band and hook and loop fastener

<table>
<thead>
<tr>
<th>Color</th>
<th>Wholesale Price</th>
<th>DZN Price</th>
<th>H Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Color My Class</td>
<td>$22.00</td>
<td>$26.20</td>
<td>$11.50</td>
</tr>
</tbody>
</table>

**BRIGHTLY COLORED VESTS**
- All products on this page are brightly colored vests allowing all children to clearly identify who is on their team.

**CONTACT INFORMATION**
- USGames.com // 800.327.0484
- PHYSICAL EDUCATION // PINNIES & VESTS.com // 800.327.0484
**POLYBAT**
- 29 1/2" long bat weighs 7 oz. - hollow with taped grip

$3200

**BIG “E” BATS**
- Lightweight, oversize barrel bat is an instant hit with young sluggers
- The large (3 1/2" dia.) barrel increases the chance for greater success and helps to build confidence in the youngest of players
- Use with foam or plastic balls
- 27" long - weighs less than 5 oz.

$1141245

**FOAM BATS AND BALLS SET**
- Lightweight (12 oz.), neoprene foam bats (29”L x 2 3/4” barrel)
- 5” low density, coated foam playball
- Includes 12 total pieces, 6 bats and 6 balls; one bat in each of the six colors and one ball in each of the six colors

1316650

**SUPER BATS**
- 30” weighted, high density, polyethylene bats provide that realistic feel, yet are still easy to swing
- Handles are wrapped with durable plastic grip

1205978

**PLASTIC TRAINING BALLS**
- Designed for true slow and limited flight

1033601

**OFFICIAL BATTING TEE**
- Constructed of durable rubber components
- Features a solid metal base for added weight
- Adjustable hitting height from 20” to 36”
- Ideal for training players of all ages

1861

**12” FIELDER’S GLOVE**
- Leather palm, webbing and backing
- Open web design
- Deep padded pocket
- Available in Color My Class set for right hand throwers
- Available in Blue for left hand throwers

1323337

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Description</th>
<th>Price</th>
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<tr>
<td>1323337</td>
<td>Fits Left Hand</td>
<td>$121</td>
</tr>
<tr>
<td>1323344</td>
<td>Fits Right Hand (blue)</td>
<td>$130</td>
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</table>

**HIGHLIGHTED ITEMS**
- Ship in 24 hours
**MacGregor**

**MULTICOLOR BASKETBALLS**
- Durable rubber construction
- Deep channels and enhanced pebbling
- Indoor/Outdoor use
- Official 29.5", Intermediate 28.5", Colt 25.5", Lil Champ 22"

Color Options: Blue, Green, Orange, Purple, Red, Yellow.

<table>
<thead>
<tr>
<th>Size</th>
<th>Description</th>
<th>Price</th>
<th>Pack of 6 Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>936021</td>
<td>Official Size</td>
<td>$19.99</td>
<td></td>
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<tr>
<td>93600</td>
<td>Official - Color My Class</td>
<td>$13.99</td>
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</tr>
<tr>
<td>935021</td>
<td>Intermediate Size</td>
<td>$13.99</td>
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<tr>
<td>93500</td>
<td>Intermediate - Color My Class</td>
<td>$17.99</td>
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<tr>
<td>934021</td>
<td>Junior Size</td>
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<tr>
<td>93400</td>
<td>Junior - Color My Class</td>
<td>$19.99</td>
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<tr>
<td>1308099</td>
<td>Colt - Color My Class</td>
<td>$19.99</td>
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</tr>
<tr>
<td>1268935</td>
<td>Lil Champ - Color My Class</td>
<td>$15.99</td>
<td></td>
</tr>
</tbody>
</table>

**Voit**

**XB 20 THE GRIP**
- 2 ply cushioned cover provides superior grip and feel
- Super tack finish for increased ball control
- Indoor/Outdoor use
- Official size 29.5", Intermediate size 28.5", Junior 27.5"
- Available individually in brown or as a Color My Class set

<table>
<thead>
<tr>
<th>Size</th>
<th>Description</th>
<th>Price</th>
<th>Pack of 6 Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1330</td>
<td>Official</td>
<td>$17.99</td>
<td></td>
</tr>
<tr>
<td>1369528</td>
<td>Official - Color My Class</td>
<td>$16.99</td>
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<tr>
<td>1235548</td>
<td>Intermediate</td>
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<tr>
<td>1369529</td>
<td>Intermediate - Color My Class</td>
<td>$16.99</td>
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<tr>
<td>1235555</td>
<td>Junior</td>
<td>$17.99</td>
<td></td>
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<tr>
<td>1369530</td>
<td>Junior - Color My Class</td>
<td>$17.99</td>
<td></td>
</tr>
</tbody>
</table>

**Voit**

**LITE 80**
- Each set includes 1 of each color: Blue, Green, Orange, Purple, Red and Yellow
- Rubber construction
- 20% lighter than a standard ball
- Indoor/Outdoor use

<table>
<thead>
<tr>
<th>Size</th>
<th>Description</th>
<th>Price</th>
<th>Pack of 6 Price</th>
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</thead>
<tbody>
<tr>
<td>1307030</td>
<td>Intermediate set - 28.5&quot;</td>
<td>$71.99</td>
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<tr>
<td>1307047</td>
<td>Junior set - 27.5&quot;</td>
<td>$71.99</td>
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<tr>
<td>1291735</td>
<td>Junior - Orange/Yellow</td>
<td>$13.99</td>
<td></td>
</tr>
</tbody>
</table>

**Voit**

**THE COACHER BASKETBALL**
- Helps teach proper shooting technique
- Color-coded hand placements for right and left handed players
- The red stripe provides feedback for proper rotation of the ball
- Pebbled, cushioned cover with wide channels adds superior feel and grip

<table>
<thead>
<tr>
<th>Size</th>
<th>Description</th>
<th>Price</th>
<th>Pack of 6 Price</th>
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<tbody>
<tr>
<td>1385620</td>
<td>Intermediate Size - 28.5&quot;</td>
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</tr>
<tr>
<td>1385621</td>
<td>Junior Size - 27.5&quot;</td>
<td>$18.99</td>
<td></td>
</tr>
</tbody>
</table>

**50% OFF**
**XTRA**
- Launch your programs to the next level with these vibrantly colored balls
- Eye-popping colors make these balls easy to track
- Synthetic leather balls with PVC cushioned covers feature a swirling 3-D hologram
- Footballs have an “E-Z” grip material on each end that enhances catching and throwing
- Color My Class set includes 1 of each color: Blue, Green, Orange, Purple, Red and Yellow

**PLAYRITE FOOTBALL**
- Soft, foam-rubber ball with pebble, user friendly surface
- Kids of all ages will love to kick and toss these balls around
- Great alternative to traditional playground and kick balls
- Color My Class set includes 1 of each color: Blue, Green, Orange, Purple, Red and Yellow.

**JUMBO EZ GRAB FOOTBALL**
- Unique tactile cover increases the success of younger players to throw and catch
- 11” long for elementary age kids
- Looks and feels like a regulation ball including synthetic laces

**MULTICOLOR FOOTBALLS**
- Durable rubber construction
- Pebble grain exterior with raised laces for a superior grip
- Nylon windings and butyl bladder provides added strength and air-retention

**FLAG FOOTBALLS**
- These flags are designed for easy recognition and quick and easy play
- Adjustable slide for sizing
- Belt clips are color coded to indicate size
- Specify size when ordering:
  - SMALL: 22” - 32” RED Belt Clip
  - MEDIUM: 32” - 44” BLUE Belt Clip
  - LRG: 38” - 52” GREEN Belt Clip

**TRIPLE FOOTBALL**
- **RED** $15 99
- **YELLOW** $15 99
- **GREEN** $15 99

**FLAG FOOTBALL BELTS**
- **Red Flags - Specify Size** $15 99
- **Yellow Flags - Specify Size** $15 99
- **Blue Flags - Specify Size** $15 99
- **Green Flags - Specify Size** $15 99
**TUFF COATED FOAM FLYING DISCS**
- Discs are soft for indoor use and heavy enough for outdoor play
- Soft foam construction reduces the risk of injury
- 8 1/2” Diameter

*Color My Class*  
$52.99  SET OF 6

**Voit FEATHERLITE SPORT BALLS**
- 16” diameter, ultra-light balls
- Feature a soft nylon cover with a heavy-duty PVC bladder
- Inflates like any regular athletic ball
- No bladders to tie up and replace

<table>
<thead>
<tr>
<th>Part No.</th>
<th>Description</th>
<th>Wholesale</th>
<th>Retail</th>
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<tbody>
<tr>
<td>1276213</td>
<td>Soccer Ball - Black/White</td>
<td>$45.00</td>
<td>$52.99</td>
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<tr>
<td>1369512</td>
<td>Soccer Ball - Color My Class</td>
<td>$99.00</td>
<td>$109.99</td>
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<tr>
<td>1276220</td>
<td>Volleyball - Multi-Color</td>
<td>$55.00</td>
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<tr>
<td>1369511</td>
<td>Volleyball - Color My Class</td>
<td>$99.00</td>
<td>$109.99</td>
</tr>
<tr>
<td>1454508</td>
<td>Basketball - Orange/Black</td>
<td>$65.00</td>
<td>$72.99</td>
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</table>

**ULTIMATE FRISBEE® DISC**
- Meets the specifications for the sport of Ultimate
- UPA approved - 175 grams and 10 1/2” diameter
- Colors and graphics may vary
- 30 Day Limited Warranty

*Color My Class*  
$60.49  SET OF 6

**360° MULTI-PURPOSE GOAL**
- Allows for scoring opportunities all around
- Made of lightweight, durable ABS tubing
- Collapsible, which makes for easy storage
- Great for large group games, indoors and outdoors
- Easily adaptable for multiple age groups and all ability levels
- Stand it up or lay it on its side, options are endless
- 40” diameter and adjusts to 30”, 35”, or 40” high
- Storage bag included

*Color My Class*  
$8.99  EA

**FUN-AIR SCOOP BALL**
- Helps to develop hand-eye coordination
- Use as a lead-up to lacrosse activities
- Set includes two throwing scoops and a softball sized fun ball in each color: Blue, Green, Orange, Purple, Red and Yellow

*Color My Class*  
$58.99  SET OF 6

**BSN SPORTS® POP UP SOCCER GOAL**
- Nylon net with fiberglass poles (2-pack)
- Ground stakes - attached to the net
- Pop-up design offers quick set-up and take-down
- Includes a carry bag for transport and storage

<table>
<thead>
<tr>
<th>Part No.</th>
<th>Description</th>
<th>Wholesale</th>
<th>Retail</th>
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<tbody>
<tr>
<td>1393444</td>
<td>Royal - 30”W x 20”H x 18”D</td>
<td>$78.45</td>
<td>$89.99</td>
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<tr>
<td>1393445</td>
<td>Red - 48”W x 38”H x 36”D</td>
<td>$93.44</td>
<td>$109.99</td>
</tr>
<tr>
<td>1393446</td>
<td>Black - 72”W x 48”H x 48”D</td>
<td>$116.49</td>
<td>$139.99</td>
</tr>
</tbody>
</table>

**LATEX FREE**

**FEATURE**

**SPORTS // GOALS & ULTIMATE GAMES**

---

*USGames.com // 800.327.0484*
36” JUNIOR FLOOR HOCKEY SET
- Durable, plastic shafts and blades
- Includes: 12 sticks (6 each 
Red and Yellow) and 3 pucks

105 36” Stick Set $33 99
1150995 36” Replacement Sticks - Red or Yellow $33 99

43” SENIOR FLOOR HOCKEY SET
- Extra strong, plastic shafts and blades
- Includes: 12 sticks (6 each 
Blue and Yellow), 2 plastic goalie sticks, 2 pucks and 2 balls

308 43” Stick Set $187 99
1151015 43” Replacement Sticks - Blue or Yellow $44 99

30”/36” DELUXE HOCKEY SET
- Patented ABS plastic shafts with reinforced plastic blades
- Includes: 12 sticks, 2 all plastic goalie sticks, 2 hotballs, 2 soft shot pucks, 2 replacement blades and instructions

1053 42” Stick Set $236 99

RAINBOW 36” ELEMENTARY HOCKEY STICKS
- Extra tough, plastic construction sticks
- Please specify one color per set of 6
Color Options: Blue, Green, Orange, Purple, Red, Yellow.

838 30” Stick Set $150 99
1345186 30” Stick Set $128 34

30”/36” DELUXE HOCKEY SETS WITH SAFETY GRIP
- Horizontal safety strips add strength and gripping power
- Upscale, contemporary design adds durability
- Includes: 12 sticks, 1 ball, 1 puck, and instructions

1045673 36” Stick Set $161 99
1345186 30” Stick Set $150 99

HOCKEY STICK SIZING CHART

<table>
<thead>
<tr>
<th>STICK SIZE</th>
<th>GRADE</th>
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</thead>
<tbody>
<tr>
<td>30”</td>
<td>Pre-K</td>
</tr>
<tr>
<td>31” to 36”</td>
<td>Elementary School</td>
</tr>
<tr>
<td>42” to 45”</td>
<td>Middle School</td>
</tr>
<tr>
<td>47” to 56”</td>
<td>High School/Collegiate</td>
</tr>
</tbody>
</table>

All Products on this page are

UNIVERSAL DESIGN

Engage ambulatory and non ambulatory children in a class game of floor hockey.
SOFSWEEP® BROOMBALL
- Brings greater ball control and added safety to this traditional striking game
- These heads offer almost twice as much surface area at 9"W x 12"H, which makes it easier for players to control the direction of the ball
- Constructed of DuraTuff® Foam, these heads are light yet firm, and sting-free
- Hi-impact plastic round shafts are designed to impart a little “give” on impact for added safety
- Sets include 12 sticks, one 6" foam puck and one 4" foam ball
5 Year Limited Warranty

<table>
<thead>
<tr>
<th>Item No.</th>
<th>Description</th>
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<tbody>
<tr>
<td>1399506</td>
<td>36&quot; Long Sticks</td>
<td>$129.99</td>
</tr>
<tr>
<td>1399507</td>
<td>42&quot; Long Sticks</td>
<td>$140.99</td>
</tr>
</tbody>
</table>

HOCKEY PUCKS
- Lightweight, polyethylene hockey pucks to match our colored hockey sticks

<table>
<thead>
<tr>
<th>Item No.</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1093445</td>
<td>Color My Class</td>
<td>$14.69</td>
</tr>
</tbody>
</table>

TUFF PUCK
- Extra-tough, one-piece, soft PVC puck

<table>
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<tr>
<th>Item No.</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1040944</td>
<td>Color My Class</td>
<td>$6.50</td>
</tr>
</tbody>
</table>

42" ALUMINATOR HOCKEY SET
- Lightweight and powerful aluminum shafts have a slightly convex shape that’s easy to grip and allows for better stick handling
- Includes: 12 sticks, 2 hotballs, 2 soft shot pucks, 2 replacement blades and instructions

<table>
<thead>
<tr>
<th>Item No.</th>
<th>Description</th>
<th>Price</th>
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<tbody>
<tr>
<td>10557</td>
<td>42&quot; Stick Set</td>
<td>$292.99</td>
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<tr>
<td>894</td>
<td>Replacement Blades Red or Blue Set of 3</td>
<td>$19.99</td>
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</tbody>
</table>

NO-BOUNCE HOCKEY HOTBALLS®
- One piece, seamless, vinyl balls for play on all surfaces
- 2 5/8" Diameter

<table>
<thead>
<tr>
<th>Item No.</th>
<th>Description</th>
<th>Price</th>
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<tbody>
<tr>
<td>1000009</td>
<td>Color My Class</td>
<td>$16.99</td>
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<tr>
<td>1058</td>
<td>Orange No-Bounce</td>
<td>$16.99</td>
</tr>
</tbody>
</table>

ORDER FROM USGames.com // 800.327.0484
STALLION 50 COMPLETE STICK
- Head is molded with softer material to provide a forgiving response
- Includes shorter and thinner handle for easier handling
- Designed to help entry-level players develop proper fundamentals
- Does not meet high school or college specifications
- Color: White/Platinum Only

30 Day Limited Warranty

$22.94

OST 36 FOAM BALLS
- High-density lightweight foam ball
- Oversized diameter for simple learning
- Ideal for indoor court settings
- RED Ball for 36' tennis court size
- Recommended for ages 8 & Under

$40.79

PRACTICE/COACH TENNIS BALLS
- Can of 3 balls - 24 Cans/Case

$3.49

LACROSSE BALLS
- Official NOCSAE/SEI stamped, approved game balls meet NCAA and NFHS specifications
- Sold by the dozen

$15.99

FIDDLESTX GAMES SET
- 7 STICKS (6 FIDDLESTX, 1 GOALIE, 1 GOAL) WITH PLASTIC HANDLE Classic FiddleSTX and 1 mini goalie stick
- Durable 3’ x 3’ PVC goal with net
- Soft balls, instruction book and game play rules included
- 30 Day Limited Warranty

$87.19

FIDDLESTX
- Enjoy all the action and fun of lacrosse with 30” miniature sticks
- Each stick has a soft mesh pocket and durable plastic handle - ideal for young players
- Great for indoor and outdoor play!
- Set includes 2 sticks and 1 soft orange ball

$20.39
**SPONGE FUN SOCCER BALLS**
- Synthetic cover with extra thick spongy-foam backing
- Perfect for teaching all the basic soccer skills especially “heading”
- Extra soft feel instills confidence in younger players
- Size 4

**PLAYRITE SOCCER BALL**
- Soft, foam-rubber ball with pebble, user friendly surface
- Kids of all ages will love to kick and toss these balls around
- Great alternative to traditional playground and kick balls
- Color My Class set includes one of each color: Blue, Green, Orange, Purple, Red and Yellow

**MULTICOLOR SOCCERBALLS**
- Top quality rubber construction
- Nylon windings and butyl bladder for superior strength and air-retention

**TUFF COATED FOAM SOCCER BALL**
- Durable ball, perfect to learn lead-up skills
- Features high-density foam covered in “tuff” vinyl
- 2 Year Limited Warranty

**XTRA**
- Launch your programs to the next level with these vibrantly colored balls
- Eye-popping colors make these balls easy to track
- Synthetic leather balls with PVC cushioned covers feature a swirling 3-D hologram
- Color My Class set includes 1 of each neon color: Blue, Green, Orange, Purple, Red and Yellow

**US Games**

**EXCLUSIVE**

**US Games.com // 800.327.0484**
**SWIM NOODLES**
- Perfect extension of the hand to promote safe tagging
- Cut them in half, quarters, or small pieces
- Great tool for lead up activities and hockey
- Set of 9 assorted colors
- $2 1/2" x 72"

**FOAM PADDLES**
- Lightweight, won't harm gym floors, and no strings to break
- 8" diameter head and well-embedded handle
- Lollipop--7" handle, Badminton--12" handle
- Use with foam, fleece, table tennis and wiffle type balls, balloons, shuttlecocks, and more
- Color My Class set includes 1 of each color: Blue, Green, Orange, Purple, Red and Yellow
- 3 Year Limited Warranty

**FUN TIME CUSHIONED PADDLES**
- Soft, fabric covered paddles are great for all your lead-up racquet activities
- Use with any soft rubber, plastic or foam balls
- Paddles measure approximately 15"L x 8"W

**ONE PIECE TABLE TENNIS PADDLES**
- Molded one piece construction with an easy grip handle design
- The break-resistant material is soft, no pad required
- Color My Class includes 2 of each color: Blue, Green, Orange, Purple, Red and Yellow

**SHIPPING**
- HIGHLIGHTED ITEMS SHIP IN 24 HOURS
### Multicolor Shuttlecocks
- Colored plastic feathers with white rubber tip
- Color My Class set includes 6 of each color: Blue, Green, Orange, Purple, Red, and Yellow

<table>
<thead>
<tr>
<th>Product</th>
<th>Price</th>
<th>Discount</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>MultiColor Shuttlecocks</td>
<td>$12.50</td>
<td>$3.00</td>
<td>Durable steel head and twin shaft racquet, vinyl polyurethane grip</td>
</tr>
<tr>
<td>Color My Class</td>
<td>$34.09</td>
<td></td>
<td>Includes: 4 nylon strung tempered steel racquets, 1&quot;D steel poles, 2 ground sleeves, 2 shuttlecocks, 2 1/2'H x 20'L net and carry bag</td>
</tr>
<tr>
<td>1762</td>
<td>$17.50</td>
<td></td>
<td>Medium speed with nylon feathers and cork tip</td>
</tr>
<tr>
<td>1763</td>
<td>$17.50</td>
<td></td>
<td>Sold in tubes of 6</td>
</tr>
<tr>
<td>MSBIRDPL</td>
<td>$17.00</td>
<td></td>
<td>Includes: 4 nylon strung tempered steel racquets, 1&quot;D steel poles, 2 ground sleeves, 2 shuttlecocks, 2 1/2'H x 20'L net and carry bag</td>
</tr>
</tbody>
</table>

### Tournament Shuttlecocks
- Medium speed with nylon feathers and cork tip
- Sold in tubes of 6

<table>
<thead>
<tr>
<th>Product</th>
<th>Price</th>
<th>Discount</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>Tournament Shuttlecocks</td>
<td>$9.00</td>
<td></td>
<td>Graphite and aluminum fused head and twin shaft</td>
</tr>
<tr>
<td>1393411</td>
<td>$14.39</td>
<td></td>
<td>Nylon close string with PU grip</td>
</tr>
<tr>
<td>1393411</td>
<td>$17.99</td>
<td></td>
<td>Strung weight: 110 grams</td>
</tr>
<tr>
<td>1762</td>
<td>$12.99</td>
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<td>Length: 26&quot;</td>
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<tr>
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<td>Length: 26&quot;</td>
</tr>
<tr>
<td>MSBIRDPL</td>
<td>$14.75</td>
<td></td>
<td>Includes: 4 nylon strung tempered steel racquets, 1&quot;D steel poles, 2 ground sleeves, 2 shuttlecocks, 2 1/2'H x 20'L net and carry bag</td>
</tr>
</tbody>
</table>

### Economy Shuttlecocks
- White, plastic feathers with rubber tip

<table>
<thead>
<tr>
<th>Product</th>
<th>Price</th>
<th>Discount</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>Economy Shuttlecocks</td>
<td>$6.50</td>
<td>$1.50</td>
<td>Graphite and aluminum fused head and twin shaft</td>
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<tr>
<td>1297942</td>
<td>$14.39</td>
<td></td>
<td>Nylon close string with PU grip</td>
</tr>
<tr>
<td>1393411</td>
<td>$17.99</td>
<td></td>
<td>Strung weight: 110 grams</td>
</tr>
<tr>
<td>1393411</td>
<td>$17.99</td>
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<td>Length: 26&quot;</td>
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<tr>
<td>MSBIRDPL</td>
<td>$14.75</td>
<td></td>
<td>Includes: 4 nylon strung tempered steel racquets, 1&quot;D steel poles, 2 ground sleeves, 2 shuttlecocks, 2 1/2'H x 20'L net and carry bag</td>
</tr>
</tbody>
</table>
PICK-A-PADDLES®
- Durable, one-piece paddles are break resistant
- Use with foam, plastic, and rubber balls
- Table Tennis paddles include 2 of each color
- Junior and Adult sets include 1 paddle in each color

<table>
<thead>
<tr>
<th>Item</th>
<th>Size</th>
<th>Color</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>1256130</td>
<td>Junior</td>
<td>- 14&quot; Long</td>
<td>$46.49 SET OF 6</td>
</tr>
<tr>
<td>1256147</td>
<td>Adult</td>
<td>- 15&quot; Long</td>
<td>$58.39 SET OF 6</td>
</tr>
<tr>
<td>1256154</td>
<td>Table Tennis</td>
<td></td>
<td>$98.00 DZN</td>
</tr>
</tbody>
</table>

LATEX BALLOONS
- High quality, latex balloons
- Use to teach early catching and striking skills or create your own games
- Assorted colors

<table>
<thead>
<tr>
<th>Item</th>
<th>Size</th>
<th>Color</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1391725</td>
<td>11&quot;</td>
<td></td>
<td>$16.99 PACK OF 100</td>
</tr>
</tbody>
</table>

PICKLEBALLS
- Designed for durability and performance
- Seamless, molded plastic ball
- Also great for baseball and softball drills
- Dura Fast 40 = Outdoor
- Jugs Poly Bulldog = Indoor
- Color Options: Neon, Orange, White, Yellow.

<table>
<thead>
<tr>
<th>Item</th>
<th>Color</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>1050</td>
<td>Outdoor - Specify Color</td>
<td>$54.00 DZN</td>
</tr>
<tr>
<td>1384886</td>
<td>Indoor - Yellow</td>
<td>$23.99 DZN</td>
</tr>
</tbody>
</table>

QUICKSTART MINI AND MAXI NET SYSTEMS
- Portable net systems for a variety of activities and lead-up games, including tennis, badminton and beginner volleyball
- Nets are easy to set up and take down in 2 minutes or less without tools
- Constructed of durable oval metal tubing
- Mini Net adjusts from 30" - 52" high
- Maxi Net adjusts from 30" to 64" high
- Comes complete with carrying case
- Not intended to be left outside for extended periods of time

<table>
<thead>
<tr>
<th>Item</th>
<th>Size</th>
<th>Color</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>20025187</td>
<td>Mini Net - 10'</td>
<td></td>
<td>$54.00 EA</td>
</tr>
<tr>
<td>20021837</td>
<td>Maxi Net - 18'</td>
<td></td>
<td>$75.00 EA</td>
</tr>
</tbody>
</table>

DILLER PADDLE
- Lightweight 7-ply maple wood paddle with wrapped handle and safety wrist strap
- From the company that invented the game
- A top choice for recreational and institutional play

<table>
<thead>
<tr>
<th>Item</th>
<th>Color</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1450225</td>
<td></td>
<td>$17.00 EA</td>
</tr>
</tbody>
</table>
Use this equipment to create obstacle courses to practice all locomotor skills.
**RAMPSHOT**
- Designed by a Physical Education teacher as an alternative to traditional tossing games, which only allow one player to be active at a time.
- Three out of four players are involved in every play in RampShot which allows for increased physical activity and player engagement.
- A highly interactive game that develops motor skills, hand-eye coordination, teamwork and good old fashion fun.
- Allows players to toss for points plus catch for points.
- Ramps stack inside one another for easy storage and transportation.

**PADDLEZLAM**
THE ULTIMATE ANYWHERE GAME THAT OFFERS 3 WAYS TO SCORE. ZLAM it through the front hole, go through the top hole, or simply just hit the cone.
- Quick assembly, easy setup, and compact storage.
- Action packed game that includes 4 people and 2 teams.
- Includes 2 goals (17” H), 4 paddles (15” L x 5” W), 2 balls (3” dia), 1 nylon storage bag, and activity instructions.

**SPIKEBALL**
- A fun, active, and competitive 2 on 2 game.
- Standard set includes one frame and two balls.
- Rookie set includes one frame and one ball.
- Rookie frame is 50% larger than standard frame.
- Standard ball - 3.5” diameter, Rookie ball - 7” diameter.
- 90 Day Limited Warranty.

**BAGGO BEAN BAG TOSS GAME**
- Played similar to horseshoes.
- Weighs only 20 lbs. and folds making it easy to carry and store (2 1/2”H x 20”W x 36”L).
- Constructed of high-impact polyethylene for lasting durability.
- Take the two boards, spread them apart and begin to play.
- Includes 2 game boards, eight 6” bean bags, a distance regulator, wall mounting bracket, and instruction booklet.

**FITNESS EDUCATION // PARTNER & GROUP GAMES**
**OH1 OPTICAL HR SENSOR**

Polar’s OH1 provides versatility, comfort, and simplicity. The OH1 is an optical heart rate sensor worn on the arm. Whether your students are in PE class, or working out on their own, this Bluetooth Smart heart rate sensor accurately and consistently captures heart rate using Polar’s proprietary heart rate algorithm and 6-LED solution. The OH1 is available individually or in a pack of 10. Pack includes: 10 sensors, 10 straps, and 1 washing bag. The OH1 is pre-programmed for Polar Go Fit.

**Key Benefits:**
- Versatile Fit – Fabric armband that can be worn on upper or lower arm
- Battery Life – Rechargeable battery with up to 12 hours of continuous operating
- Updateable – Firmware updates to enhance functionality
- Polar Connectivity – Broadcasts to Polar GoFit, activity trackers, training computers and many third party fitness apps

**OH1 Specifications:**
- Pre-programmed for Polar Go Fit
- OH1 is available individually or in a pack of 10
- Includes: 10 sensors, 10 straps, and 1 washing bag

**OH1 Options:**
- 1457023: OH1 (10 kit (xs))
- 1457024: OH1 (10 kit (ss))
- 1457025: OH1 (10 kit (m/xxl))

---

**E370 FITNESS TRACKER**

Offering your students personalized exercise guidance, the waterproof A370 integrates intelligent, wrist-based heart rate with Polar GoFit. Help your students and class reach their target fitness goals with the free Polar GoFit App and web service. The bright and colorful touch screen, displays heart rate on the student’s wrist and the teacher’s iPad, making it easy to project up to 60 students at a time. E370’s are pre-programmed for Polar Go Fit.

**Key Benefits:**
- Full color touch screen
- Time in 5 heart rate zones
- Time of day
- Calories burned
- Total workout time
- Rechargeable with micro-USB
- Pre-programmed for Polar Go Fit

**E370 Specifications:**
- Pre-programmed for Polar Go Fit
- E370’s are pre-programmed for Polar Go Fit

**E370 Options:**
- 1457022: E370 (replacement strap)

---

**K-250 STOPWATCH**

- 30 laps and split memory with 1/100 second precision
- 2 line display
- Fastest lap and slowest lap calculation
- Countdown timer
- 5 Year Limited Warranty

**K-250 Specifications:**
- Pre-programmed for Polar Go Fit
- K-250 is available in 8 colors

**K-250 Options:**
- 1269062: Black K-250
- 1269079: 8 Color Pack of K-250

---

**HEART RATE MONITOR STICK**

- “Stick” style pulse monitor with large sensor pads for an accurate reading
- Provides a readout of your pulse in 10 - 15 seconds
- Features a large, easy to read display screen
- Replaceable 9V battery

**HEART RATE MONITOR STICK Options:**
- 1399689: Replacement Strap

---

**OPENPhysEd.org**

Instill self-efficacy in students to increase their own fitness.
Children with intellectual disabilities can track how far they can reach, take the score and try to increase it.

FITNESSGRAM® RESOURCE PACK

FITNESSGRAM® is the premier fitness assessment tool with an educational reporting system and was recently adopted by the Presidential Youth Fitness Program (PYFP) as the national youth fitness assessment for schools. US Games is proud to partner with The Cooper Institute® and FITNESSGRAM to bring you exclusive FITNESSGRAM products and Equipment Packs to help you successfully implement FITNESSGRAM!

The Resource Pack is the perfect starter pack to ensure you, your students and your faculty are administering everything correctly.

Resource Pack Includes:
- Official FITNESSGRAM® Manual
- 13-Piece Cue Card sets - English and Spanish
- 7-Piece informational Poster sets - English and Spanish
- 6 ea. Cone sign holders
- 1 ea. Stopwatch
- 2 ea. Rubber Strip templates
- FITNESSGRAM® software is sold separately

CURL UP STRIPS
- Durable rubber non-skid strips are used by placing them under the knees when performing the curl up assessment
- The starting position is with the fingertips on one edge of the strip
- The width of the measuring strip determines how far the student needs to curl up
- Available in two widths depending on the age of the students

PUSH UP TRAINING MAT
- Colorful, poly-vinyl mat teaches the proper push up technique
- The attached foam piece assures the child is safely executing the push up
- Instructions are embossed right on the mat

FLEXIBILITY ASSESSMENT TESTER
- Durable, powder coated steel construction with non-skid, non marring base
- For use with Fitnessgram®, SHAPE, Cooper Institute and YMCA programs
- Foot plates fold flat for easy storage and transport
- Smooth glide reach indicators with easy to read English and Metric calibration
- Assembly required

Now includes Spanish materials
### Upper Body Fitnessgram Pack

**Item** | **QTY.**  
---|---  
6 1/4" bouncee foam balls | 6  
Cando exercise hotspots | 6  
Deluxe hula hoops | 12  

**Item** | **QTY.**  
---|---  
Poly bean bags | 12  
Push up challengers | 12  
Push up training mats | 2  

**UPPER BODY FITNESSGRAM PACK**  
1454898  
$379.99 PACK  

### Cardio Fitnessgram Pack

**Item** | **QTY.**  
---|---  
3" foam dice | 12  
30m measuring tape | 1  
36" deluxe hula hoops | 12  

**Item** | **QTY.**  
---|---  
FloormarX set | 1  
Heart rate monitor sticks | 3  
Large profile cones | 48  

**CARDIO FITNESSGRAM PACK**  
1454899  
$262.49 PACK  

### Flexibility Fitnessgram Pack

**Item** | **QTY.**  
---|---  
3" foam dice | 12  
Single flexibility assessment testers | 2  

**Item** | **QTY.**  
---|---  
Lightweight, neon green, scrimmage vests | 6  
Poly window mats | 6  

**FLEXIBILITY FITNESSGRAM PACK**  
1454900  
$227.49 PACK  

### Body Composition Fitnessgram Pack

**Item** | **QTY.**  
---|---  
Body composition scale | 1  
Muscle group hotspots | 12  

**Item** | **QTY.**  
---|---  
9" economy cones | 20  
3 1/2" Voit Super 90 | 30  

**BODY COMPOSITION FITNESSGRAM PACK**  
1454901  
$299.99 PACK  

### Core Fitnessgram Pack

**Item** | **QTY.**  
---|---  
4 1/2" curl up strips | 6  
6 1/4" bouncee foam balls | 12  
Curl up mats | 6  

**Item** | **QTY.**  
---|---  
Low profile cones | 12  
Task tents | 6  

**CORE FITNESSGRAM PACK**  
1454902  
$281.24 PACK  

---
**FITNESS EDUCATION // AGILITY & STRENGTH**

**HEXA RINGS**
- Snap together to create a variety of designs or connect to create a straight ladder
- Includes 6 hexagon pieces, 12 supporting pieces, and carrying bag
- Hexagon ladder size: 19”(L) x 21”(W)

1454873  $24.99

**RUBBER ENCASED SOLID HEX DUMBBELLS**
- Permanently attached cast iron heads are encased in maintenance free virgin rubber
- Ergonomically designed solid steel handle for comfort and safety
- Handles are knurled and chrome plated, will not peel or chip

1347753  3 lb.  $9.99 EA  SET
1347760  5 lb.  $9.99 EA  SET
1347777  10 lb.  $30.00 EA  SET
1347784  15 lb.  $30.00 EA  SET
1347791  20 lb.  $49.99 EA  SET
1347807  25 lb.  $49.99 EA  SET
1347814  30 lb.  $52.99 EA  SET
1347821  35 lb.  $77.99 EA
1347828  40 lb.  $90.99 EA
1347845  45 lb.  $99.99 EA
1347862  50 lb.  $108.99 EA
1347879  55 lb.  $122.99 EA
1347886  60 lb.  $132.99 EA
1347893  65 lb.  $137.99 EA
1347900  70 lb.  $156.99 EA
1347913  75 lb.  $161.99 EA
1347920  80 lb.  $173.99 EA
1347937  85 lb.  $184.99 EA
1347944  90 lb.  $199.99 EA
1347951  95 lb.  $203.99 EA
1347968  100 lb.  $215.99 EA
1390920  5-50 lb. Set  $325.99 SET
1390922  55-100 lb. Set  $2,122.99 SET

**FXED RUNG AGILITY LADDER**
- Ideal for developing quick and accurate foot speed, increased balance and coordination
- Each ladder is 15'L x 20"W with ten sections
- Rugged 1” wide webbing with end buckles allow various shape configurations for a more diversified workout
- Connecting buckles allow for additional ladders for longer runs and different formations
- Includes carry bag

1248548  $27.00

**VINYL COATED KETTLEBELLS**
- Vinyl coated to protect flooring and reduce noise

1266818  10 lb. - Light Blue  $22.00 EA
1266825  15 lb. - Red  $24.00 EA
1267280  20 lb. - Yellow  $26.00 EA
1267297  25 lb. - Royal  $27.00 EA
1267303  30 lb. - Orange  $29.99 EA
1267310  35 lb. - Kelly Green  $30.00 EA
1267327  40 lb. - Purple  $30.00 EA
1267334  45 lb. - Black  $40.00 EA

**YOGA MAT**
- Lightweight, durable sticky mat
- Cushioned non-slip surface
- Hand washable, air dry

1240146  68"L x 24"W x 1/8"  $21.00 EA

**HIGHLIGHTED ITEMS**  SHIP IN 24 HOURS
**EXERCISE TUBES WITH HANDLES**
- Includes comfortable foam covered plastic handles
- Perform lower body, upper body and core conditioning exercises with our multi-use resistance tubes
- Isolate muscles or use as a full range of motion exerciser
- Choose from 5 levels of resistance and all are 48” long

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
<th>Weight</th>
<th>EA</th>
</tr>
</thead>
<tbody>
<tr>
<td>1249798</td>
<td>X-Light - Yellow</td>
<td>155</td>
<td>EA</td>
</tr>
<tr>
<td>1249804</td>
<td>Light - Red</td>
<td>155</td>
<td>EA</td>
</tr>
<tr>
<td>1249811</td>
<td>Medium - Green</td>
<td>155</td>
<td>EA</td>
</tr>
<tr>
<td>1249828</td>
<td>Heavy - Blue</td>
<td>155</td>
<td>EA</td>
</tr>
<tr>
<td>1342574</td>
<td>X-Heavy - Black</td>
<td>155</td>
<td>EA</td>
</tr>
</tbody>
</table>

**RUBBER KETTLEBELLS**
- All sizes (weights) are 8” diameter
- Combine strength training & muscle coordination training
- Develop muscle tone, strength and flexibility while promoting fat loss
- Effective for both upper and lower body work-outs

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
<th>Price</th>
<th>EA</th>
</tr>
</thead>
<tbody>
<tr>
<td>1361735</td>
<td>6 lb. - Light Blue</td>
<td>$155</td>
<td>EA</td>
</tr>
<tr>
<td>1361742</td>
<td>8 lb. - Red</td>
<td>$155</td>
<td>EA</td>
</tr>
<tr>
<td>1361759</td>
<td>10 lb. - Yellow</td>
<td>$155</td>
<td>EA</td>
</tr>
<tr>
<td>1361766</td>
<td>12 lb. - Royal Blue</td>
<td>$155</td>
<td>EA</td>
</tr>
<tr>
<td>1361773</td>
<td>14 lb. - Orange</td>
<td>$155</td>
<td>EA</td>
</tr>
<tr>
<td>1361780</td>
<td>16 lb. - Green</td>
<td>$155</td>
<td>EA</td>
</tr>
<tr>
<td>1361797</td>
<td>18 lb. - Purple</td>
<td>$155</td>
<td>EA</td>
</tr>
<tr>
<td>1361803</td>
<td>20 lb. - Light Blue</td>
<td>$155</td>
<td>EA</td>
</tr>
<tr>
<td>1361810</td>
<td>25 lb. - Red</td>
<td>$155</td>
<td>EA</td>
</tr>
<tr>
<td>1361827</td>
<td>30 lb. - Yellow</td>
<td>$155</td>
<td>EA</td>
</tr>
</tbody>
</table>

**CORE STABILITY BALLS**
- Target abs, back and glutes to strengthen and tone
- Advanced users position the ball for upper and lower body workouts
- Ideal for stretching and warm-up exercises
- Burst resistant up to 600 lbs.

<table>
<thead>
<tr>
<th>Code</th>
<th>Diameter</th>
<th>Weight</th>
<th>Description</th>
<th>Price</th>
<th>EA</th>
</tr>
</thead>
<tbody>
<tr>
<td>1335910</td>
<td>45 cm</td>
<td>13.3</td>
<td>Purple</td>
<td>$153</td>
<td>EA</td>
</tr>
<tr>
<td>1335927</td>
<td>55 cm</td>
<td>13.3</td>
<td>Green</td>
<td>$153</td>
<td>EA</td>
</tr>
<tr>
<td>1335934</td>
<td>65 cm</td>
<td>13.3</td>
<td>Yellow</td>
<td>$153</td>
<td>EA</td>
</tr>
<tr>
<td>1337211</td>
<td>75 cm</td>
<td>13.3</td>
<td>Red</td>
<td>$153</td>
<td>EA</td>
</tr>
</tbody>
</table>

**BODY LOOP BANDS**
- Closed loop design fits comfortably around the upper and lower legs
- 12” long loops are ideal for short, limited movements, while 22” long loops are suited for more dynamic movements with a greater range of motion

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
<th>Price</th>
<th>EA</th>
</tr>
</thead>
<tbody>
<tr>
<td>1301700</td>
<td>12” - Light - Orange</td>
<td>$17.99</td>
<td>EA</td>
</tr>
<tr>
<td>1301717</td>
<td>12” - Light/Medium - Red</td>
<td>$17.99</td>
<td>EA</td>
</tr>
<tr>
<td>1301724</td>
<td>12” - Medium - Blue</td>
<td>$18.99</td>
<td>EA</td>
</tr>
<tr>
<td>1301731</td>
<td>12” - Heavy - Green</td>
<td>$18.99</td>
<td>EA</td>
</tr>
<tr>
<td>1301755</td>
<td>22” - Light - Orange</td>
<td>$44.99</td>
<td>EA</td>
</tr>
<tr>
<td>1301762</td>
<td>22” - Light/Medium - Red</td>
<td>$44.99</td>
<td>EA</td>
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<tr>
<td>1301797</td>
<td>22” - Medium - Blue</td>
<td>$43.99</td>
<td>EA</td>
</tr>
<tr>
<td>1301868</td>
<td>22” - Heavy - Green</td>
<td>$46.99</td>
<td>EA</td>
</tr>
</tbody>
</table>

**RUBBER MEDICINE BALLS**
- Durable textured rubber cover makes them easy to grip
- Air filled with limited bounce
- Color coded sizes for easy identification
- Not designed for use in slamming exercises

<table>
<thead>
<tr>
<th>Code</th>
<th>Diameter</th>
<th>Weight</th>
<th>Description</th>
<th>Price</th>
<th>EA</th>
</tr>
</thead>
<tbody>
<tr>
<td>1266283</td>
<td>12”</td>
<td>2.2 lb.</td>
<td>Light Blue</td>
<td>$31.00</td>
<td>EA</td>
</tr>
<tr>
<td>1266290</td>
<td>12”</td>
<td>4.4 lb.</td>
<td>Red</td>
<td>$31.00</td>
<td>EA</td>
</tr>
<tr>
<td>1266306</td>
<td>12”</td>
<td>6.6 lb.</td>
<td>Yellow</td>
<td>$37.00</td>
<td>EA</td>
</tr>
<tr>
<td>1266313</td>
<td>12”</td>
<td>8.8 lb.</td>
<td>Royal</td>
<td>$39.00</td>
<td>EA</td>
</tr>
<tr>
<td>1266320</td>
<td>12”</td>
<td>11 lb.</td>
<td>Orange</td>
<td>$37.00</td>
<td>EA</td>
</tr>
<tr>
<td>1266337</td>
<td>12”</td>
<td>13.2 lb.</td>
<td>Green</td>
<td>$37.00</td>
<td>EA</td>
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<tr>
<td>1266344</td>
<td>12”</td>
<td>15.4 lb.</td>
<td>Purple</td>
<td>$38.00</td>
<td>EA</td>
</tr>
<tr>
<td>1271447</td>
<td>22”</td>
<td>1 each 2.2, 4.4, 6.6 and 8.8 lb.</td>
<td>$144.00</td>
<td>EA</td>
<td></td>
</tr>
<tr>
<td>1271454</td>
<td>22”</td>
<td>1 each 2.2 lb thru 15.4 lb.</td>
<td>$250.00</td>
<td>EA</td>
<td></td>
</tr>
</tbody>
</table>

**BODY LOOP BANDS**
- Durable textured rubber cover makes them easy to grip
- Air filled with limited bounce
- Color coded sizes for easy identification
- Not designed for use in slamming exercises

<table>
<thead>
<tr>
<th>Code</th>
<th>Diameter</th>
<th>Weight</th>
<th>Description</th>
<th>Price</th>
<th>EA</th>
</tr>
</thead>
<tbody>
<tr>
<td>1266283</td>
<td>12”</td>
<td>2.2 lb.</td>
<td>Light Blue</td>
<td>$31.00</td>
<td>EA</td>
</tr>
<tr>
<td>1266290</td>
<td>12”</td>
<td>4.4 lb.</td>
<td>Red</td>
<td>$31.00</td>
<td>EA</td>
</tr>
<tr>
<td>1266306</td>
<td>12”</td>
<td>6.6 lb.</td>
<td>Yellow</td>
<td>$37.00</td>
<td>EA</td>
</tr>
<tr>
<td>1266313</td>
<td>12”</td>
<td>8.8 lb.</td>
<td>Royal</td>
<td>$39.00</td>
<td>EA</td>
</tr>
<tr>
<td>1266320</td>
<td>12”</td>
<td>11 lb.</td>
<td>Orange</td>
<td>$37.00</td>
<td>EA</td>
</tr>
<tr>
<td>1266337</td>
<td>12”</td>
<td>13.2 lb.</td>
<td>Green</td>
<td>$37.00</td>
<td>EA</td>
</tr>
<tr>
<td>1266344</td>
<td>12”</td>
<td>15.4 lb.</td>
<td>Purple</td>
<td>$38.00</td>
<td>EA</td>
</tr>
<tr>
<td>1271447</td>
<td>22”</td>
<td>1 each 2.2, 4.4, 6.6 and 8.8 lb.</td>
<td>$144.00</td>
<td>EA</td>
<td></td>
</tr>
<tr>
<td>1271454</td>
<td>22”</td>
<td>1 each 2.2 lb thru 15.4 lb.</td>
<td>$250.00</td>
<td>EA</td>
<td></td>
</tr>
<tr>
<td>Item Description</td>
<td>Price</td>
<td>Dimensions</td>
<td>Weight</td>
<td>Notes</td>
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</tbody>
</table>
| **STANDARD PORTABLE BALL LOCKER**                                               | $164.00 | 43"H x 41"W x 24"D  | 35 lbs.| • 1" steel tubing frame  
• Holds up to 20 basketballs  
• Hinged cover can be locked (lock not included)                                                           |
| **DELUXE PORTABLE BALL LOCKER**                                                 | $350.99 | 40"H x 40"W x 26"D  | 50 lbs.| • Constructed of 3/4" powder coated steel tubing  
• Lockable, hinged cover (lock not included)  
• Heavy duty multi-directional wheels                                                   |
| **CONE CART**                                                                   | $175.50 | 40"H x 40"W x 26"D  | 50 lbs.| • Holds (60) 12" pvc or (200) plastic cones  
• 1" diameter steel tubing frame w/ silver powder coated finish  
• 10" semi pneumatic wheels with roller bearings                                        |
| **MULTI-PURPOSE EQUIPMENT WAGON**                                               | $202.99 | 11"H (sides) x 24"W x 48"L |        | • All steel construction with pneumatic tires  
• Use for carrying equipment, water containers, or field storage  
• Front, rear, and side panels fold away for easy loading/unloading  
• 1400 lb. weight capacity                                                            |
| **SCOOTER BOARD/CONE CART**                                                     | $116.00 | 47"H x 32"W x 19"D  |        | • 1" diameter, powder coated silver, steel tubing  
• Holds up to (28) 12" scooters with or without handles  
• Large 10" rubber wheels  
• Stores and transports game cones too                                                   |
| **P.E. RECESS CART**                                                            | $192.00 | 72"H x 63"W x 19"D  |        | • Store and transport equipment and balls frequently used during recess  
• Holds up to (30) basketballs, soccer balls, 8.5" playground balls or volleyballs  
• Also holds (100) jump ropes and (50) hoops of various sizes                            |
| **JUMP ROPE/HOOP RACK**                                                         | $102.00 | 68"H x 22"L x 19"D  |        | • Stores and transports over 120 jump ropes (up to 10' long) plus hoops  
• Large base for increased stability  
• Bar heights of 56", 62" and 68" allow children and adults to easily access the correct size jump rope  
• Easily goes through standard doorway                                                   |
| **DELUXE PORTABLE BALL LOCKER**                                                 | $350.99 | 40"H x 40"W x 26"D  | 50 lbs.| • Constructed of 3/4" powder coated steel tubing  
• Lockable, hinged cover (lock not included)  
• Heavy duty multi-directional wheels                                                   |
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| **CONE CART**                                                                   | $202.99 | 40"H x 40"W x 26"D  | 50 lbs.| • Holds (60) 12" pvc or (200) plastic cones  
• 1" diameter steel tubing frame w/ silver powder coated finish  
• 10" semi pneumatic wheels with roller bearings                                        |
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• Also holds (100) jump ropes and (50) hoops of various sizes                            |
**OPEN® UTILITY BUCKET**
- 5 gallon utility bucket
- Perfect storage option to help stay organized
- Great tool for teaching basic rhythm

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<tr>
<td>1378376</td>
<td>Lid only</td>
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**DRY ERASE BOARD**
- Large, portable 24" H x 30" W board
- Use to keep score, as a sign, to explain an activity and more
- Features a cut-out handle for carrying

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<tr>
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<tbody>
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<td>1363637</td>
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<td>$32.39</td>
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</table>

**HEAVY-DUTY MESH EQUIPMENT BAG**
- Great for carrying and identifying equipment
- 32" x 36" bag holds up to 12 balls
- Includes clipping drawstring for easy and secure closure

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<td>1257663</td>
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<td>99062</td>
<td>24&quot; x 36&quot; - White</td>
<td>$19.29</td>
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**COUNT UP/DOWN CLOCK**
- 4" LED numbers
- Timer counts up or down to 99:59
- 120 a/c power with 8 hour rechargeable battery
- Perfect device designed for any timed activities in your P.E. or Athletic program
- Built in control on top of timer with horn

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<tr>
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<tr>
<td>1126631</td>
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**ECONOMY ELECTRIC INFLATOR**
- High impact plastic desktop inflator
- 120V and .9 amps
- 100 psi gauge
- Coiled inflation tube that will stretch to 30"
- Comes with needle and other inflation valves

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<tr>
<th>Item Code</th>
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<tr>
<td>1539</td>
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<td>$68.99</td>
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</tbody>
</table>

**TEAMROLLER BAG**
- 600 denier polyester shell
- Concealed pull handle
- Padded shoulder strap
- In-line wheel kit
- Oversized accessory pockets on both ends

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<thead>
<tr>
<th>Item Code</th>
<th>Description</th>
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<tbody>
<tr>
<td>1385400</td>
<td></td>
<td>$74.39</td>
</tr>
</tbody>
</table>

**MAGIC AIR® DELUXE INFLATOR/DEFLATOR**
- High volume air power for rapid inflation or deflation of large inflatables
- Includes 1.7 Peak HP inflator/deflator motor, 7 1/2 amps, 3.01 PSI, 6’ flexible hose with air control, 2 tapered adapters (7/8” OD and 3/16” OD) and a 12’ power cord

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<tr>
<th>Item Code</th>
<th>Description</th>
<th>Price</th>
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<td>$234.59</td>
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</table>
EVERY PHYSICAL EDUCATION AND ACTIVE SCHOOL PROGRAM IS UNIQUE. It reflects the personalities of its leaders, it addresses the needs of its students, and it evolves along a unique and uncharted path. With this in mind, OPEN has created a series of implementation and adoption tools that are designed to empower teachers and elevate programming, with a focus on improving student learning and development.

THIS GUIDE IS DESIGNED as a quick-start workbook for both educators and administrators who are working toward sustainable improvement of physical education and active school programs. OPEN curriculum and professional learning resources are rigorous and cost-effective tools and are specifically designed FOR SUSTAINABLE SYSTEMS CHANGE.

USE THIS GUIDE TO:

Find Inspiration
Find Direction
Find Support
Create Change

WHAT IS EFFECTIVE PHYSICAL EDUCATION? OPEN believes that effective physical education provides an educational scope and sequence — one that helps all students develop the confidence and competence to enjoy and value a lifetime of health-enhancing physical activity. The primary evaluation measure of that outcome is student self-efficacy.

**BHAG (noun):** A Big Hairy Audacious Goal. Coined by Jim Collins and Jerry Porras in their book, *Built to Last: Successful Habits of Visionary Companies.* BHAGs are clear and compelling targets for an organization to strive for.

What is the BHAG for your program?

__________________________________________________________

__________________________________________________________

__________________________________________________________

*Writing hint: Dream big! Statements like, “The most respected physical education program in the state (or even the nation)” are not too big for a BHAG. In 1, 2, or 3 years, what do you want people to say when they talk about your program?*
LET'S GET STARTED BY DEFINING THE PURPOSE OF YOUR PROGRAM. What is the “why” behind what you do every day? Don’t allow your thinking to be limited by thoughtless statements like, “The purpose of gym class is to give other teachers a prep!” Instead, use this statement of purpose to be the antidote to those ignorant statements. Think about the positive physical, cognitive, social, and emotional benefits of effective physical education. **BE BOLD.**

WHAT IS THE VISION OR MISSION STATEMENT OF YOUR SCHOOL DISTRICT? The most important alignment that we’ll make during this process is with your school district’s core vision or mission statement. Write it below and allow the words to inspire your thinking and your work.
**STEP 02**

**ALIGNMENT MATTERS**

**NOW LET'S IDENTIFY THE ALIGNMENT MATTERS.** Listed below are important alignment considerations for all programs. Your school and your district have given each of these a priority ranking based on the needs of your students. Aligning your program priorities to district priorities will help you speak a common language with administrators and stakeholders. It will also help decision-makers prioritize funding and approvals for your implementation requests. Rank the following priorities, with 1 as the highest.

- National or State Physical Education Grade-Level Outcomes
- Wellness Policies and Plans
- Equity, Diversity, & Cultural Relevance
- Safe and Healthy School Objectives
- Social & Emotional Learning (SEL)
- Whole School, Whole Community, Whole Child (WSCC) Programming
- Comprehensive School Physical Activity Programs (CSPAP)
- OTHER: 

**WHAT ARE THE BIGGEST NEEDS OF YOUR PROGRAM?** Keeping in mind your stated purpose, your district’s current mission, and the alignment priorities above, what are your 2 biggest programming needs? *(Always remember your BHAG...)*

**PROFESSIONAL LEARNING MUST BE DESIGNED TO ADDRESS THE NEEDS OF YOUR TEACHERS AND YOUR STUDENTS.** How is your program’s current professional learning plan addressing the alignment priorities above?

---

**WHAT IS STANDARDS-BASED PROFESSIONAL LEARNING?**

Standards-based professional learning is designed purposefully to increase teacher effectiveness and improve student learning. It occurs continuously within learning communities and is not a single dose of content or professional activity. It is aligned to educator and student performance goals, and leadership and support systems are required in order to maximize success and promote sustainable benefits.

OPEN professional learning experiences are designed with a focus on the *Standards for Professional Learning* published by *Learning Forward* with support from MetLife Foundation.

Visit our menu of professional learning options: [OPENPHYSED.ORG/PROFESSIONAL-LEARNING-MENU](http://OPENPHYSED.ORG/PROFESSIONAL-LEARNING-MENU)
STEP 03 LAUNCH WITH A PLAN

IT’S TIME TO PLAN AND LAUNCH WITH A FOCUS ON CONTINUOUS IMPROVEMENT. To keep the process on track, OPEN uses the “Plan, Do, Study, Act” (PDSA) process. Use the space below to draft a rough timeline for the implementation or adoption.

WHAT IS PDSA?

- **PLAN**: In this phase, you’re setting your starting point and defining program alignments.
- **DO**: This phase kicks off the implementation with the first professional development event and requires that teachers have access to curriculum and assessment materials. OPEN provides the tools needed for evaluation and data collection.
- **STUDY**: At this time, the implementation team organizes evaluation data, shares data with stakeholders, analyzes the results, and makes action recommendations.
- **ACT**: Now it’s time to refocus on new and continuing priorities, revise content offerings based on student needs, and renew teacher engagement with ongoing professional learning.

CREATE A TIMELINE MAP AND LAUNCH WITH A PLAN.

<table>
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<tr>
<th>PLAN: Start / Finish (Month / Year)</th>
<th>DO: Start / Finish (Month / Year)</th>
<th>STUDY: Start / Finish (Month / Year)</th>
<th>ACT: Start / Finish (Month / Year)</th>
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</table>

WHAT’S NEXT?

**CONGRATULATIONS!**

Getting started is the hardest part of the formal adoption process. The next step is contacting the OPEN Professional Learning team to schedule a free implementation consultation.

**CONTACT:** ahart@openphysed.org

While you work on that, begin exploring OPENPhysEd.org, using it with your students, and sharing it with your colleagues.

Successful and sustainable programs are collaborative and community driven. Join the # TeachersHelpingTeachers community on Twitter and Facebook. Search @OPENPhysEd.
YOUTH RECRUIT HOODY
BSN3005  S-XL  $27
BLACK, CARBON, STEEL, NAVY, RED, ROYAL

YOUTH PHENOM SHORT SLEEVE TEE
BSN1005  S-XL  $7.99
BLACK, CARBON, STEEL, NAVY, RED, WHITE, ROYAL

YOUTH AGILITY SHORT
BSN4002  S-XL  $12.99
BLACK, STEEL, NAVY
What the Dollars Do

The American Heart Association works hard to tackle what matters most to educators and parents — preparing children for success through physical and emotional well-being.

PE IS A PRIORITY!

- We fight for quality physical education in schools.
- We advance policies that prioritize student and staff well-being.

HEALTHY FOOD = HEALTHY KIDS!

- We help ensure that 44 million school meals meet dietary guidelines.
- We work to ensure all restaurant meals marketed to children meet nutrition guidelines.
- We work for smart snacks in schools, safe routes to school and access to healthy foods.
- In collaboration with the Alliance for a Healthier Generation, we push for healthier meals and physical activity for kids.

A GENERATION OF LIFESAVERS!

- CPR in Schools trains millions of students and teachers to save lives.
- We helped pass laws requiring CPR training for graduation in 38 states.
- CPR can double or even triple the chance of surviving cardiac arrest.

WE LIKE TO MOVE IT, MOVE IT!

- We help more than 4 million students get at least 60 minutes of daily physical activity through NFL Play 60.
- We help teachers buy more PE equipment through US Games give-backs.

“I love being a part of Kids Heart Challenge to bring awareness about heart disease and all the great things that the AHA can do for us!”

– Levi, age 6, Georgia

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INSPIRE YOUR SCHOOL TO LOOK FOR THE GOOD®

You deserve a school climate you love! Look for the Good Project’s Gratitude Campaign empowers elementary students and staff to run a two-week, school-wide gratitude and kindness campaign!

Once registered, you will get:

• Access to a robust online training platform which will help you plan and implement your program.
• A physical Kit of program materials which will be shipped to your school.
• Downloadable materials to help you expand the program as well as extend it for the rest of the school year!

92% OF KIDS IN 30 STATES RECOMMEND THE PROGRAM

“This campaign cut our discipline referrals in half and they have not been as high since before we started the program.” — Pendergast School

“This was (by far!) the most successful school climate initiative I have ever introduced to my building.” — Wilcoxson School

To register for the program or buy colorful t-shirts to improve your school climate, visit: LOOK FOR THE GOOD PROJECT.ORG