



2020-21 Mapping Project



GRADES K - 2

OUTCOMES MAP FOR WEEKS 1-10

Weeks 1-3	Week 1	Week 2	Week 3
OPEN Module	Go Be Great! A back-to-school tour of physical education.		
Guiding Question	<i>How can I improve health and wellness for myself and others with routine physical activity?</i>		
Focus Outcomes Grade K	(Values: PE K) Identifies physical activities that are enjoyable. (Responsibility: PRS K) Follows directions for safe participation and proper use of equipment with minimal reminders.	(Values: SI K) Discusses the enjoyment of playing with family and friends. (Responsibility: ETQ K) Recognizes the established protocol for class activities.	(Movement: MC K) Safely moves in both personal and general space using different pathways and speeds. (Fitness: PA K) Identifies active play opportunities outside physical education class.
Focus Outcomes Grade 1	(Values: PE 1) Describes positive feelings that result from physical activity participation. (Responsibility: PRS 1) Follows directions for safe participation and proper use of equipment without reminders.	(Values: SI 1) Discusses the reasons for participating in physical activity with friends. (Responsibility: ETQ 1) Exhibits the established protocols for class activities without reminders.	(Movement: MC 1) Safely moves demonstrating a variety of relationships with people / objects. (Fitness: PA 1) Discusses the benefits of being active and exercising / playing.
Focus Outcomes Grade 2	(Values: PE 2) Discusses personal reasons for enjoying selected physical activities. (Responsibility: PRS 2) Works independently and safely in physical education.	(Values: SI 2) Discusses ways to encourage others to be physically active with friends. (Responsibility: ETQ 2) Recognizes the role of rules and etiquette in teacher-designed physical activities.	(Movement: MC 2) Controls force (strong/light) and speed (fast/slow) while moving in static and dynamic environments. (Fitness: PA 2) Describes physical activities for participation outside physical education class.
SEL Alignment Focus	(Self-Awareness) Recognize emotions and thoughts and how they influence behavior.	(Self-Management) Regulate personal responses to different situations and challenges.	(Social Awareness) Accept others and discover empathy.



2020-21 Mapping Project



GRADES K - 2

Weeks 4-7	Week 4	Week 5	Week 6	Week 7
OPEN Module	Loopy Laps with Rising New York Road Runners			
Guiding Question	<i>How can I make my body stronger and healthier with physical activities that I like?</i>			
Focus Outcomes Grade K	(Values: PH K) Recognizes physical activity is important for good health. (Fitness: FK K) Recognizes that when you move fast, your heart beats faster and you breathe faster.	(Movement: LS K) Performs locomotor skills with balance. (Responsibility: PRS K) Follows directions for safe participation and proper use of equipment with minimal reminders.	(Values: PH K) Recognizes physical activity is important for good health. (Fitness: FK K) Recognizes that when you move fast, your heart beats faster and you breathe faster.	(Values: PH K) Recognizes physical activity is important for good health. (Movement: MC K) Safely moves in both personal and general space using different pathways and speeds.
Focus Outcomes Grade 1	(Values: PH 1) Recognizes physical activity is important of good physical, emotional, and mental health. (Fitness: FK 1) Identifies the heart as a muscle that grows stronger with exercise/play and physical activity.	(Movement: LS 1) Travels with balance using a variety of locomotor skills in dynamic environments. (Responsibility: PRS 1) Follows directions for safe participation & proper use of equipment w/out reminders.	(Values: PH 1) Recognizes physical activity is important of good physical, emotional, and mental health. (Fitness: FK 1) Identifies the heart as a muscle that grows stronger with exercise/play and physical activity.	(Values: PH 1) Recognizes physical activity is important of good physical, emotional, and mental health. (Movement: MC 1) Safely moves demonstrating a variety of relationships with people and objects.
Focus Outcomes Grade 2	(Values: PH 2) Identifies ways that physical activity improves physical, emotional, and mental health. (Fitness: FK 2) Identifies physical activities that contribute to fitness.	(Movement: LS 2) Performs locomotor skills using a mature pattern and in rhythm. (Responsibility: PRS 2) Works independently and safely in physical education.	(Values: PH 2) Identifies ways that physical activity improves physical, emotional, and mental health. (Fitness: FK 2) Identifies physical activities that contribute to fitness.	(Values: PH 2) Identifies ways that physical activity improves physical, emotional, and mental health. (Movement: MC 2) Performs locomotor skills using a mature pattern and in rhythm.
SEL Alignment Focus	(Relationship Skills) Learn how to communicate clearly and listen actively.	(Responsible Decision-Making) Think ahead about the consequences of choices.	(Self-Awareness) Recognize emotions and thoughts and how they influence behavior.	(Self-Management) Regulate responses to situations and challenges.



Weeks 8-10	Week 8	Week 9	Week 10
OPEN Module	Meaningful Movement and Fitness Fun!		
Guiding Question	<i>What are physical activity and nutrition choices that can help me live a safe, healthy and active life?</i>		
Focus Outcomes Grade K	<p>(Movement: MC K) Safely moves in both personal and general space using different pathways and speeds.</p> <p>(Fitness: FP K) Participates in physical activity in active school programming environments (PE, Recess, Activity Breaks).</p>	<p>(Values: PH K) Recognizes physical activity is important for good health.</p> <p>(Fitness: NU K) Recognizes that food provides energy for physical activities.</p>	<p>(Values: PE K) Identifies physical activities that are enjoyable.</p> <p>(Responsibility: PRS K) Follows directions for safe participation and proper use of equipment with minimal reminders.</p>
Focus Outcomes Grade 1	<p>(Movement: MC 1) Safely moves demonstrating a variety of relationships with people / objects.</p> <p>(Fitness: FP 1) Participates in physical activity outside of the school environment.</p>	<p>(Values: PH 1) Recognizes physical activity is important of good physical, emotional, and mental health.</p> <p>(Fitness: NU 1) Identifies foods that promote good health.</p>	<p>(Values: PE 1) Describes positive feelings that result from physical activity participation.</p> <p>(Responsibility: PRS 1) Follows directions for safe participation and proper use of equipment without reminders.</p>
Focus Outcomes Grade 2	<p>(Movement: MC 2) Controls force (strong/light) and speed (fast/slow) while moving in static and dynamic environments.</p> <p>(Fitness: FP 2) Participates in physical activities that contribute to fitness.</p>	<p>(Values: PH 2) Identifies ways that physical activity improves physical, emotional, and mental health.</p> <p>(Fitness: NU 2) Describes the specific roles that nutrition and physical activity play in overall good health.</p>	<p>(Values: PE 2) Discusses personal reasons for enjoying selected physical activities.</p> <p>(Responsibility: PRS 2) Works independently and safely in physical education.</p>
SEL Alignment Focus	<p>(Social Awareness) Accept others and discover empathy.</p>	<p>(Relationship Skills) Learn how to communicate clearly and listen actively.</p>	<p>(Responsible Decision-Making) Think ahead about the consequences of choices.</p>

At the end of the first 10-week period, 11 out of 16 Priority Content Strands will be addressed.