



2020-21 Mapping Project



GRADES K - 2

OUTCOMES MAP FOR WEEKS 1-10

Weeks 1-3	Week 1	Week 2	Week 3
<b>OPEN Module</b>	<b>Go Be Great! A back-to-school tour of physical education.</b>		
<b>Guiding Question</b>	<b><i>How can I improve health and wellness for myself and others with routine physical activity?</i></b>		
Focus Outcomes Grade K	( <b>Values: PE K</b> ) Identifies physical activities that are enjoyable. ( <b>Responsibility: PRS K</b> ) Follows directions for safe participation and proper use of equipment with minimal reminders.	( <b>Values: SI K</b> ) Discusses the enjoyment of playing with family and friends. ( <b>Responsibility: ETQ K</b> ) Recognizes the established protocol for class activities.	( <b>Movement: MC K</b> ) Safely moves in both personal and general space using different pathways and speeds. ( <b>Fitness: PA K</b> ) Identifies active play opportunities outside physical education class.
Focus Outcomes Grade 1	( <b>Values: PE 1</b> ) Describes positive feelings that result from physical activity participation. ( <b>Responsibility: PRS 1</b> ) Follows directions for safe participation and proper use of equipment without reminders.	( <b>Values: SI 1</b> ) Discusses the reasons for participating in physical activity with friends. ( <b>Responsibility: ETQ 1</b> ) Exhibits the established protocols for class activities without reminders.	( <b>Movement: MC 1</b> ) Safely moves demonstrating a variety of relationships with people / objects. ( <b>Fitness: PA 1</b> ) Discusses the benefits of being active and exercising / playing.
Focus Outcomes Grade 2	( <b>Values: PE 2</b> ) Discusses personal reasons for enjoying selected physical activities. ( <b>Responsibility: PRS 2</b> ) Works independently and safely in physical education.	( <b>Values: SI 2</b> ) Discusses ways to encourage others to be physically active with friends. ( <b>Responsibility: ETQ 2</b> ) Recognizes the role of rules and etiquette in teacher-designed physical activities.	( <b>Movement: MC 2</b> ) Controls force (strong/light) and speed (fast/slow) while moving in static and dynamic environments. ( <b>Fitness: PA 2</b> ) Describes physical activities for participation outside physical education class.
SEL Alignment Focus	( <b>Self-Awareness</b> ) Recognize emotions and thoughts and how they influence behavior.	( <b>Self-Management</b> ) Regulate personal responses to different situations and challenges.	( <b>Social Awareness</b> ) Accept others and discover empathy.



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Weeks 4-7	Week 4	Week 5	Week 6	Week 7
<b>OPEN Module</b>	<b>Loopy Laps with Rising New York Road Runners</b>			
<b>Guiding Question</b>	<b><i>How can I make my body stronger and healthier with physical activities that I like?</i></b>			
Focus Outcomes Grade K	( <b>Values: PH K</b> ) Recognizes physical activity is important for good health. ( <b>Fitness: FK K</b> ) Recognizes that when you move fast, your heart beats faster and you breathe faster.	( <b>Movement: LS K</b> ) Performs locomotor skills with balance. ( <b>Responsibility: PRS K</b> ) Follows directions for safe participation and proper use of equipment with minimal reminders.	( <b>Values: PH K</b> ) Recognizes physical activity is important for good health. ( <b>Fitness: FK K</b> ) Recognizes that when you move fast, your heart beats faster and you breathe faster.	( <b>Values: PH K</b> ) Recognizes physical activity is important for good health. ( <b>Movement: MC K</b> ) Safely moves in both personal and general space using different pathways and speeds.
Focus Outcomes Grade 1	( <b>Values: PH 1</b> ) Recognizes physical activity is important of good physical, emotional, and mental health. ( <b>Fitness: FK 1</b> ) Identifies the heart as a muscle that grows stronger with exercise/play and physical activity.	( <b>Movement: LS 1</b> ) Travels with balance using a variety of locomotor skills in dynamic environments. ( <b>Responsibility: PRS 1</b> ) Follows directions for safe participation & proper use of equipment w/out reminders.	( <b>Values: PH 1</b> ) Recognizes physical activity is important of good physical, emotional, and mental health. ( <b>Fitness: FK 1</b> ) Identifies the heart as a muscle that grows stronger with exercise/play and physical activity.	( <b>Values: PH 1</b> ) Recognizes physical activity is important of good physical, emotional, and mental health. ( <b>Movement: MC 1</b> ) Safely moves demonstrating a variety of relationships with people and objects.
Focus Outcomes Grade 2	( <b>Values: PH 2</b> ) Identifies ways that physical activity improves physical, emotional, and mental health. ( <b>Fitness: FK 2</b> ) Identifies physical activities that contribute to fitness.	( <b>Movement: LS 2</b> ) Performs locomotor skills using a mature pattern and in rhythm. ( <b>Responsibility: PRS 2</b> ) Works independently and safely in physical education.	( <b>Values: PH 2</b> ) Identifies ways that physical activity improves physical, emotional, and mental health. ( <b>Fitness: FK 2</b> ) Identifies physical activities that contribute to fitness.	( <b>Values: PH 2</b> ) Identifies ways that physical activity improves physical, emotional, and mental health. ( <b>Movement: MC 2</b> ) Performs locomotor skills using a mature pattern and in rhythm.
SEL Alignment Focus	( <b>Relationship Skills</b> ) Learn how to communicate clearly and listen actively.	( <b>Responsible Decision-Making</b> ) Think ahead about the consequences of choices.	( <b>Self-Awareness</b> ) Recognize emotions and thoughts and how they influence behavior.	( <b>Self-Management</b> ) Regulate responses to situations and challenges.



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Weeks 8-10	Week 8	Week 9	Week 10
<b>OPEN Module</b>	<b>Meaningful Movement and Fitness Fun!</b>		
<b>Guiding Question</b>	<b><i>What are physical activity and nutrition choices that can help me live a safe, healthy and active life?</i></b>		
Focus Outcomes Grade K	<p><b>(Movement: MC K)</b> Safely moves in both personal and general space using different pathways and speeds.</p> <p><b>(Fitness: FP K)</b> Participates in physical activity in active school programming environments (PE, Recess, Activity Breaks).</p>	<p><b>(Values: PH K)</b> Recognizes physical activity is important for good health.</p> <p><b>(Fitness: NU K)</b> Recognizes that food provides energy for physical activities.</p>	<p><b>(Values: PE K)</b> Identifies physical activities that are enjoyable.</p> <p><b>(Responsibility: PRS K)</b> Follows directions for safe participation and proper use of equipment with minimal reminders.</p>
Focus Outcomes Grade 1	<p><b>(Movement: MC 1)</b> Safely moves demonstrating a variety of relationships with people / objects.</p> <p><b>(Fitness: FP 1)</b> Participates in physical activity outside of the school environment.</p>	<p><b>(Values: PH 1)</b> Recognizes physical activity is important of good physical, emotional, and mental health.</p> <p><b>(Fitness: NU 1)</b> Identifies foods that promote good health.</p>	<p><b>(Values: PE 1)</b> Describes positive feelings that result from physical activity participation.</p> <p><b>(Responsibility: PRS 1)</b> Follows directions for safe participation and proper use of equipment without reminders.</p>
Focus Outcomes Grade 2	<p><b>(Movement: MC 2)</b> Controls force (strong/light) and speed (fast/slow) while moving in static and dynamic environments.</p> <p><b>(Fitness: FP 2)</b> Participates in physical activities that contribute to fitness.</p>	<p><b>(Values: PH 2)</b> Identifies ways that physical activity improves physical, emotional, and mental health.</p> <p><b>(Fitness: NU 2)</b> Describes the specific roles that nutrition and physical activity play in overall good health.</p>	<p><b>(Values: PE 2)</b> Discusses personal reasons for enjoying selected physical activities.</p> <p><b>(Responsibility: PRS 2)</b> Works independently and safely in physical education.</p>
SEL Alignment Focus	<p><b>(Social Awareness)</b> Accept others and discover empathy.</p>	<p><b>(Relationship Skills)</b> Learn how to communicate clearly and listen actively.</p>	<p><b>(Responsible Decision-Making)</b> Think ahead about the consequences of choices.</p>

*At the end of the first 10-week period, 11 out of 16 Priority Content Strands will be addressed.*