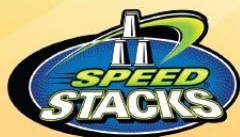


SPORT STACKING CAMP

Day 1	Day 2	Day 3	Day 4	Day 5
Skills #1: 3-3-3 #2: Rules Part 1	Skills #3: 3-6-3 #4: Rules Part 2	Skills #5: Cycle Part 1 #6: Rules Part 1 #7: Cycle Part 2	Skills #8: Fixing Fumbles	Skills #9: Stack Faster (3-3-3 & 3-6-3) #10: Stack Faster (Cycle)
Practice #1: Non-Stop Stack #2: Break It Down #3: 2 Warm-Ups & 3 Attempts	Practice #1: Non-Stop Stack #2: Break It Down #3: 2 Warm-Ups & 3 Attempts	Practice #4: Slow, Medium, Fast #5: Grabbing the Right Number of Cups	Practice #6: 5-5-5 #7: Comp Training	Practice #8: Finals Practice #9: Consistency Training
Activities #1: Rapid Fire #2: Stretch & Stack #3: 4-Wheel Drive #4: Hide and Stack #5: Stack Bowling	Activities #6: Around the World #7: Push-Up Stacking #8: Crabwalk Stacking #9: Sit-Up Stacking #10: Chalk Walk #11: Dice Stacking #12: Raise the Bar	Activities #13: Roll & Stack #14: Assorted Fitness #15: New York Minute #16: Dribble Stacking #17: Soccer Stacking #18: Head to Head	Activities #19: 1-2-3-4-5 #20: Tower Lunges #21: Long Jump Stacks #22: Shuttle Run #23: Jump and Stack #24: Bottle Flip Stacks	Activities #25: Ind. Fox & Hound #26: 1-Handed Stacks #27: Obstacle Course #28: Tic Tac Stack #29: Stack Match #30: Add. Resources



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